



This is a digital copy of a book that was preserved for generations on library shelves before it was carefully scanned by Google as part of a project to make the world's books discoverable online.

It has survived long enough for the copyright to expire and the book to enter the public domain. A public domain book is one that was never subject to copyright or whose legal copyright term has expired. Whether a book is in the public domain may vary country to country. Public domain books are our gateways to the past, representing a wealth of history, culture and knowledge that's often difficult to discover.

Marks, notations and other marginalia present in the original volume will appear in this file - a reminder of this book's long journey from the publisher to a library and finally to you.

Usage guidelines

Google is proud to partner with libraries to digitize public domain materials and make them widely accessible. Public domain books belong to the public and we are merely their custodians. Nevertheless, this work is expensive, so in order to keep providing this resource, we have taken steps to prevent abuse by commercial parties, including placing technical restrictions on automated querying.

We also ask that you:

- + *Make non-commercial use of the files* We designed Google Book Search for use by individuals, and we request that you use these files for personal, non-commercial purposes.
- + *Refrain from automated querying* Do not send automated queries of any sort to Google's system: If you are conducting research on machine translation, optical character recognition or other areas where access to a large amount of text is helpful, please contact us. We encourage the use of public domain materials for these purposes and may be able to help.
- + *Maintain attribution* The Google "watermark" you see on each file is essential for informing people about this project and helping them find additional materials through Google Book Search. Please do not remove it.
- + *Keep it legal* Whatever your use, remember that you are responsible for ensuring that what you are doing is legal. Do not assume that just because we believe a book is in the public domain for users in the United States, that the work is also in the public domain for users in other countries. Whether a book is still in copyright varies from country to country, and we can't offer guidance on whether any specific use of any specific book is allowed. Please do not assume that a book's appearance in Google Book Search means it can be used in any manner anywhere in the world. Copyright infringement liability can be quite severe.

About Google Book Search

Google's mission is to organize the world's information and to make it universally accessible and useful. Google Book Search helps readers discover the world's books while helping authors and publishers reach new audiences. You can search through the full text of this book on the web at <http://books.google.com/>

UC-NRLF



\$B 272 092

Practical Track Work

By

KENNETH L. VAN AUKEN

Digitized by Google



Practical Track Work

Practical Track Work

By Kenneth L. Van Auken



LIBRARY OF
CHICAGO

Railway Educational Press
Fourteen East Jackson Boulevard
Chicago : : : : Illinois

TF240
V32

Acric
Zerstry

Copyright 1915,
Bruce V. Crandall
Chicago, Illinois

TO VIVID
ABSTRACT

TABLE OF CONTENTS

CHAPTER I

LABOR AND ORGANIZATION.....	11
Supply and Demand—Labor Agencies—Exorbitant Fees— The Interpreter—Eliminate the Interpreter—Transient La- bor—Year Around Work—Wages of Laborers— Methods of Obtaining Laborers—Suggested Method—Choice of La- borers—Company Labor Bureaus—Company Boarding Camps—Graded Rates of Wages—Instruction—Combination of Maintenance and Construction—Organization of Track Gangs—The Individual Laborer—Handling Laborers— As- sistant Foremen—Maximum Supervision--Trackmen Skilled Laborers.	

CHAPTER II

TRACK MATERIALS AND TOOLS.....	26
Unload Correct Quantity—Correct Distribution—Switch Material—Good Tools—Keeping Tools in Repair—Taking Care of Tools—Hand Cars—Wheels Binding—Front and Rear—Grinding—Oiling—Nuts and Screws—Motor Cars— Operators—Instructions—Care in Operation—Keeping Cars Clean—Filling the Tank—Spark Plug—Dry Cells—Use for Recreation—Details of Motor Car Operation—Other Power Appliances.	

CHAPTER III

SPIKING, BOLTING, CUTTING AND CURVING RAILS, ETC.....	46
Spiking—Whipping Spikes—Gage Spikers—Expansion— Tightening Bolts—Compromise Joints—Cutting Rails— Curving Rails—Stock Rails—Superelevation—Too Much Elevation—Double Track Curve Elevation—Widening of Gage on Curves—Tie Plates.	

CHAPTER IV

CONSTRUCTING TRACK ON A NEW LINE.....	55
Material Yard—Arrangement of Yard—Passing Tracks— Boarding Camp—Material Train—Methods of Laying Track—Gang Organization—Tie Fiddler—Tie Spacers— Rail Gang—Gage Man—Strap Hangers—Head Line Spik- ers—High Spikers—Disposal of Spikers—Back Bolters— Tool Man—Assistant Foreman—Foreman—Laying Track with Rail Car—Use of Rail Car, and Teams for Hauling Ties—Use of Engine and Flat Cars with Teams—The Hurley	

PRACTICAL TRACK WORK

Machine—The Roberts Machine—Cost of Laying Track with the Roberts Machine—Comparison of Cost—The Harris Track Layer—The Drummond Track Layer—Use of Derrick for Track Laying—Conclusions.

CHAPTER V

DOUBLE TRACKING	85
Distributing Material Accurately—Unloading Rails by Hand—Rail Derricks—Hauling Off of Flat Cars—Skids—V Frame—Placing Rails After Unloading—Organization for Laying Track—Tool Boxes—Lack of Men.	

CHAPTER VI

RELAYING TRACK	92
General—Two Methods—Modifications of These Methods—Adzing—Pulling Spikes—Method 1-B—Gaging—Supervision—Flagging—Temporary Connections—Jointing Up—Size of Gang—Method 3-B—Method 2-A—Method 4-A—Madden Rail Handling Machine—Haddix Rail Handling Machine.	

CHAPTER VII

CONSTRUCTION OF TURNOUTS, LADDER TRACKS, AND CROSSOVERS... 104	
Material—Size of Gang—Kind of Laborers—Methods of Putting in Switch Ties—Method No. 4—Typical Switch—Laying Turnouts in Main Line—Method 1 for Putting In a No. 10—Method No. 2—Method No. 4—Temporary Switches—Turnout Without Frog or Points—Spurring Out Cars—Constructing a Ladder Track—Crossovers.	

CHAPTER VIII

SLIP SWITCHES.....	136
What a Slip Switch Is—Switch Measurements—Methods of Putting In a Slip Switch—Setting Up a Slip Switch—Tie Plates—Setting Up a Slip Switch One Side at a Time and Lining It In—Spiking—Several Slip Switches in the Same Track—Similar Switches—Checking Material.	

CHAPTER IX

SURFACING NEW TRACK.....	148
Sub-grades—Finishing Sub-grades with Teams or by Hand—Rolling Grade with Steam Roller—Surfacing—Gang Organization for Surfacing—Spot Board and Jack Men—Spot Board Bracket—Level Man—Placing the Spot Board Blocks—Using Judgment in Surfacing—Testing for Level—When to Tamp Centers—Records—Cost of Making a Second Lift.	

PRACTICAL TRACK WORK

APPENDIX

MISCELLANEOUS	160
Method of Laying Out a Curve with a Rule and Ordinary 50-ft. Tape Line—Table of Offsets for Different Curves Using 50-ft. Line.	
GLOSSARY OF TRACK TERMS.....	162
TABLES	198
Expansion Allowance for Laying Rails—Dimensions to Use for Frog Board for Different Angle Frogs—Ordinates to Use in Curving Rails for Curves of Various Degrees— Widening of Curves and Guard Rail Distances—Theoret- ical Switch Leads—Practical Switch Leads—Distances Be- tween Crossover Frog Points for Different Frogs—Ordin- ates for Use in Lining Switch Leads—Switch Ties for Different Turnouts—Distances Between Frogs on Ladder Tracks, 11 ft. to 15 ft. Centers—Superelevation for Curves —Dimensions for Laying out Ladder Tracks with Tape Line—Degree of Turnout Curve Leading Off from Inside of Track Curve—Degree of Turnout Curve Leading Off from Outside of Track Curve—Number of Ties Per 100 ft. of Track for Various Spacings—Number of Track Spikes Per Keg—Number of Track Bolts Per Keg—Spacing of Cross Ties for Square-jointed Track—Spacing of Cross Ties for Broken-jointed Track—Dimensions of A. S. C. E. Section Rails—Cubic Yards of Ballast Required for Vari- ous Depths Below Top of Tie—Widening of Gage on Curves—Track Material Required for Mile of Track.	

FOREWORD.

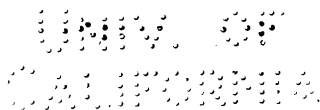
The most of the material in this book at least has the merit of being original, the information having been obtained by the author through his own experience as a laborer and foreman engaged in track work. It is not intended as a complete treatise on the subject, information on engineering features of design having been purposely omitted as not of interest to the practical trackman. The young engineer in charge of track work, however, will find here information which will prove of daily benefit to him.

It should also be understood that this book does not take up the subject of maintenance, as it would have been entirely too bulky if this had been included. The author hopes that this issue and future revisions will add some knowledge to a branch little touched upon heretofore—the organization of gangs, and the actual steps, illustrated by lucid diagrams, which must be taken in constructing track and switches.

Thanks are due those track men who have contributed to Railway Engineering and Maintenance of Way articles written from their personal knowledge; also those who have given the author the benefit of their experience both while he was engaged in track work and since joining the ranks of practical writers; and particularly the father of the author, Charles L. Van Auken, whose suggestions have been invaluable.

K. L. V.

July First
Nineteen Fifteen
at Chicago



THE
MUSEUM
OF
ARTS
AND
CRAFTS

CHAPTER I.

LABOR AND ORGANIZATION.

Supply and Demand.—All those who have been connected with the construction and maintenance departments of railways are familiar with the constantly decreasing supply of laborers. The "Old Timers" will remember when there were two men for every shovel and they were intelligent and capable laborers too. In those days it was easy for a foreman to get the maximum work done, because each man knew that there were many others to take his place. At present the successful overseer of laborers is he who can thoroughly organize his gang and obtain work from his men while retaining their good will; and who can hold his men in spite of the demand for them in other industries. And it is not necessary for a foreman to be lax in discipline to be popular with his men. On the other hand strict discipline, maintained impartially, creates respect for the foreman. The demand for labor has led to an influx of foreigners, many of whom are intelligent and willing, and make excellent laborers and good citizens provided they are started right and subjected to good discipline.

Labor Agencies—The heavy demand for laborers led to the establishment of labor agencies. By paying a small fee the laborer could obtain work which it might take him weeks to find unaided. But many of the labor agencies were not satisfied with the legitimate profits which they were enjoying and began practicing questionable methods. Some railway companies through

PRACTICAL TRACK WORK

favoritism or otherwise, designated that all their laborers must be shipped out by certain agencies. Many times has the hobo inquired in vain for a job from the foreman of a gang and later been sent to the same work after the agency had received its fee.

Exorbitant Fees—The object of the labor agency was at first to supplement the efforts of the foreman. Under present methods it is frequently a hindrance. Experienced laborers will look elsewhere for work rather than pay an exorbitant fee. Only green men, new arrivals in this country, or worthless men will pay an exorbitant fee for a job paying the small wages usually allowed for track work.

Exclusive Agencies—If the object of a labor agency were only to obtain laborers, then the charge should be small and the foreman should be given the option of hiring good men wherever he finds them. When it is understood that all laborers must be furnished by a certain agency, it appears that the securing of laborers is secondary to the securing of fees. The primary object of such an agency is to obtain the maximum fee. This results in enriching the labor agents at the expense of the company.

It is a bad system which prevents a foreman from hiring men whom he knows to be good intelligent laborers. A good foreman who has been employed in railway track work for a long time will be acquainted with many laborers of exceptional ability whose services he can obtain; men whose qualifications and limitations he is familiar with. The work of organizing a gang is greatly facilitated if there are a number of laborers on whom the foreman is sure he can depend, and such men will greatly increase the amount of work done.

PRACTICAL TRACK WORK

Misrepresentation—The man who pays an exorbitant fee for a job makes a poor laborer. The advantages and ease of the work will have been misrepresented to the best of the agent's ability, with the result that when the laborer gets on the job he will be dissatisfied and unwilling. It will be natural for him to assume that it is impossible to discharge him since he has paid an exorbitant price for his job. The scarcity of laborers makes a foreman's work hard enough without the added disadvantages resulting from lack of control over the selection of men, instructions not to discharge men, and discontent caused by the misrepresentations of the labor agents.

Interpreters—Nearly all practical men—roadmasters, supervisors and foremen—are of the opinion, that far from being a help, the interpreter is a positive hindrance. The opinions of men writing for publications as well as committee reports on the labor question submitted to railway associations uphold this statement. Usually an interpreter arranges to furnish a certain number of men with a stipulation that he shall have charge of them as interpreter, and frequently with the understanding that he shall have the privilege of boarding them. While all these arrangements are being made, the interpreter will give profuse assurance to obtain first-class men and to see that they do a fair day's work. But in practically every case the interpreter changes front when he gets on the job. In order to hold his authority over the men he tells them "to take it easy." He organizes a gang into a union in order to keep the foreman from firing any man. His main object in so doing is to get the support of the men and prevent the foreman from discharging him. The interpreter has often been found

PRACTICAL TRACK WORK

to exact graft from the men, justifying himself by explaining to them that he is more than earning his money by lightening their labor and preventing the foreman from discharging any of them.

Since practically all those directly concerned with handling labor are agreed that interpreters are a hindrance, it should be an easy matter to eliminate them by concerted action, unless in some cases these men are being upheld by higher officials.

Transient Labor—One cause of the scarcity of laborers is the increasing number who follow no steady vocation but stampede to locations where they can temporarily obtain high wages. Thousands of men are employed temporarily on railway maintenance or construction in the summer months, and discharged in cold weather. When business is good and receipts are high, an exceptional amount of construction will be attempted, and railways will be in the market for a large number of laborers. The demand being greater, higher wages must be paid and consequently the cost of the work is increased. If the amount of construction work done each year could be maintained on a more uniform basis, cheaper work could be obtained and the construction forces would be more efficient, to say nothing of giving the track laborer the benefit of steadier work.

If an exceptionally good gang could be kept on the payroll during the winter, a large "organizing expense" would be saved each spring. This would also reward the industrious and willing laborers who under the present system, as ordinarily practiced, are rewarded only by being discharged after the first cold snap. The conscientious laborer does not receive any increased pay neither does he obtain more permanent work on account of his

PRACTICAL TRACK WORK

loyalty. In the Northern States it is necessary to hire large gangs of men for shoveling snow during the winter months and a permanent extra gang could be used to advantage in this work and also in clearing ice away from structures, etc. The distribution of the next year's material could also be made, thus forwarding the work of putting in ties, etc., in the summer time.

Year Around Work—It could not be expected that the floating gang would be kept on full time all winter, but seven or eight hours work a day with corresponding pay would serve to hold the gang together. The railroads have hesitated to make many changes which would better the conditions of the track laborer, due to the legislative restrictions which limit their revenue, and to the fear of more severe conditions. So they have not felt it possible to provide either a definite amount of construction work for every year or to retain their competent track laborers the year around with the exception of a few of the older men on the section gangs.

Wages of Laborers—The average daily compensation of railway employees of all classes for the year 1910 was in the United States, \$2.23; in Great Britain, \$1.05. Excluding supplementary allowances negligibly affecting the average, the rate in Prussia-Hesse was 81 cents and in Austria 89 cents. The lowest paid railway employee in the United States, the ordinary trackman, receives a greater compensation than many of the railway employees of France, even those of higher grades with responsible duties. The compensation of railway employees is from two to three times as high in the United States as in Italy. It is well within the truth to estimate in a broad general way that while the cost of living of a railway employee in the

PRACTICAL TRACK WORK

United States is less than 50 per cent higher than that of a corresponding employee in Great Britain or on the Continent, his compensation averages over twice as much.

However, a comparison of wages of track men in this and foreign countries does not furnish a real basis for estimating the proper wages for track laborers. The comparison must be made with the wages of other classes of laborers, and the consequent demand for men in this country. Compared with other classes in the United States the wages of the track laborer are woefully small, and a substantial increase is necessary if the railways are to obtain and retain a fair class of trackmen.

Method of Obtaining Laborers—It is the opinion of many railway men who have to do with both track construction and maintenance, that present methods of obtaining and retaining laborers are either wrong in principle, or inadequate. If the labor problem is satisfactorily solved, the problem of future section foremen would also be solved, for there would then be plenty of intelligent, steady laborers to choose foremen from.

Suggested Method—A system which would tend to give satisfaction if properly followed, might consist of:

- (1) A company labor bureau;
- (2) Company boarding camps or commissary, or both;
- (3) Graded rates of pay for section laborers, graded upwards from present rates.
- (4) Provisions for educating employees;
- (5) Promotion (always) according to ability;
- (6) Combination of construction and maintenance forces.

Some railways are obtaining satisfactory results without building up such a complete organization. In some

PRACTICAL TRACK WORK

instances it is possible to obtain or board laborers satisfactorily, or to do both by contract, but such service is the rare exception. With a complete and efficient organization as outlined, laborers can be obtained who will remain permanently with the company, and such men certainly would be worth the trouble involved in working out such a system. Conditions are so bad that further retrogression must be arrested, and this will require very radical methods.

Choice of Laborers—There would probably be no labor shortage if the laborers in this country were employed on the work for which they are best fitted, and each did a fair day's work. All of those who have handled gangs of different nationalities realize that there is frequently one kind of work for which a certain nationality is well adapted, and many other kinds of work for which that nationality is ill adapted. Even in men of the same nationality, there is a great difference in the adaptability of each to different kinds of track work, and the way to get the proper men for each class is to have a labor bureau whose business it is to keep in close touch with the conditions both in the field and in the labor market. A commercial agency will send out a sewer digger on a track gang in preference to a good track man, if the former will pay a larger fee. A labor agency will send out undersized men, weak men physically, mentally and morally, if they will pay the fee.

Company Labor Bureaus—All this can be changed and except in rare cases only will be changed, by hiring men through a company labor bureau; and this department should be put in charge of an expert trackman who has the wide knowledge which can be gained only from experience and observation—one who will keep

PRACTICAL TRACK WORK

in the closest possible touch with the requirements and developments on his own and other railways from day to day. The company labor bureau, if efficient, could eliminate the interpreter (and that is greatly to be desired), could prevent extortion from laborers, and many other abuses. This would result in a great increase in individual efficiency.

Is there not a great inconsistency in hiring expert foremen, and then allowing any derelict to hire the men for these expert foremen to handle? The matter of first importance in manufacturing is the procuring of raw material which will best serve the purpose. At present few railways hire their laborers that way.

Company Boarding Camps—A boarding camp or commissary is almost necessary if foreigners are to obtain anything like value for their money. The concessions of cars, bunks, etc., made by railway companies to their laborers (ostensibly) are really being made to the parasites who live off the laborers. Some nationalities, naturally economical, will cut their necessities down to a starvation basis when their purchases of supplies carry a heavy duty to some go-between, either the interpreter or the labor agent who reserves the commissary privilege.

The furnishing of good board would involve little, if any, increase in cost to the railway company. Practically every gang of foreigners has its cook or cooks, who are enrolled and paid by the railway as laborers, but never leave the camp. Two cooks with a gang of only thirty or forty men are not uncommon. If the company furnished board for the laborers, the extra cost of these men would be eliminated or serve to balance the loss, if any, in running the camp.

PRACTICAL TRACK WORK

The benefit to the white laborers, the hobos, would be very great if the company furnished good board and bunks. The hobo, even if improperly fed, can accomplish much work with the minimum of supervision on account of his track knowledge, intelligence and skill. His efficiency would undoubtedly increase if he was treated in a way which would keep him more satisfied.

Graded Rates of Wages—A man is entitled to increased pay with increased efficiency, but under present conditions the green track laborer generally receives as much as a laborer who has been in track work for years. In fact, an extra gang laborer usually receives more than a section laborer, although the former may have never worked on a railway before. Under these conditions there is no reward if a man increases his ability and efficiency. Track laborers' wages should be increased in proportion to increased efficiency and length of service. This would produce an incentive for the laborer to become more proficient. Such a system would do away with the need for special apprentices, the highest paid man or men being the next eligible for promotion.

The unskilled man working under the graded system of wages, would receive pay only commensurate with the amount of work he accomplishes, and the experienced man would receive the larger wages to which he is entitled. There would then be some object for laborers to remain in the service, since after having attained the high wage class through years of service, they will be loth to lose their rights by quitting for some temporary increase in another industry.

Having established graded rates of pay, no deviation should be allowed. The rate should be adjusted so that the most efficient men would receive a specified

PRACTICAL TRACK WORK

wage, as a minimum, after having been in the service a certain length of time. And if a man increases his value more than the average his pay should be increased above the minimum. Promotions from laborer to foreman should be made only from the men in the highest paid class, and from these according to comparative ability. A deviation from this rule would soon spoil the system, for fair treatment must be insisted upon in any organization if high efficiency is to be attained. It is poor policy to keep a man on one job because he is very useful to his superior, when a better position is given to another of less or doubtful ability. Such a policy is sure to become apparent and results in loss of loyalty and efficiency.

Instruction—The kind of laborer who is most useful is the ambitious one who has a desire to increase his capacity and ability, and thus merit increased wages. Such men should be given every opportunity to better and fit themselves for higher positions. For this reason some means should be provided for educating laborers and section foreman. This would form a bond between the laborer and the railway, would help to retain laborers in the employ; and such instruction would result in greatly increasing the accuracy and legibility of the many records and reports which a track foreman must make out.

Combination of Forces—The combination of maintenance and construction forces exists on some railroads, but on many these organizations are entirely separate. The combination of the two will produce first, harmony instead of rivalry between these two forces. It also provides a way of obtaining steady foremen from maintenance work for extra gangs—men who can be relied upon. It also gives the maintenance

PRACTICAL TRACK WORK

men an opportunity to obtain a much broader knowledge, which will help them in maintenance work. It qualifies such men, when promoted, to take efficient charge of both construction and maintenance. If an outsider is appointed foreman of an extra gang, which usually pays higher wages, an injustice is done not only to the employee, but also to the railway. The permanent employee is entitled to the reward of his labors and the railway benefits through the loyalty of such an old employe wherever placed. The investing of power of promotion in one man, will result in some abuses unless the foremen are the right sort. The only feasible way to preserve discipline in a gang of men, however, is to make the foreman practically supreme. When a superior gives orders to laborers, promotes or discharges them, he weakens the foreman's control over his men. The solution is to employ honest foremen and not interfere with the laborers. A great deal can be accomplished by the attitude of superior officers. A policy of fair dealing on their part produces a similar spirit in the whole department.

A system as outlined above would, we believe, result in building up a strong organization in a comparatively short time. Abuses might arise, but few are likely if the policy is carried out fairly and confidently. It is of course impossible to find any system in which there will not be a few persons who will take advantage of any liberties accorded them. It is also realized that no simple system can be evolved which will cover all conditions, and in the system outlined above, changes, additions or eliminations might be necessary in individual cases.

Organization of Track Gangs—The value of thorough organization is not fully appreciated by all track men,

PRACTICAL TRACK WORK

but it is a matter which repays many fold the most careful consideration and close attention; for it is the proper disposal of men which more than any other one thing affects the amount and quality of the work done. It has been said with truth that a gang of poor workers well organized will accomplish more than a gang of good workers poorly organized. Time and confusion are saved by assigning each man a task and requiring him to remain where he is placed until otherwise ordered.

Proper disposal of men implies in general that each one is placed on the kind of work for which he is best fitted, and in which he has had experience. However, this does not mean that more men than necessary should be used for bolting or too few for spiking. If there are too many bolters and too few spikers a foreman will show his ability by picking out of the surplus bolters the men who can be quickly trained to become expert spikers. Men of great strength are not necessarily required, for an experienced man of less than ordinary strength who is intelligent and active, can accomplish more than a much stronger man who is awkward. Fully as important as physical strength is the workman's disposition, age, willingness, natural skill, intelligence, and experience.

The Individual Laborer—After the gang is correctly organized, the total amount of work accomplished is governed by the amount of work accomplished by the individual men, or by the different groups of men. The foreman should attempt to get a good day's work out of each laborer; he should carefully watch and study the class of labor as to general characteristics and traits, and he should also become familiar with the individual skill and traits of each man, and then use him to the best advantage. Some men will do the most work if treated

PRACTICAL TRACK WORK

with familiarity, while others will not respect a foreman who takes this attitude.

The best men should be placed in the lead in each kind of work, and wherever possible the men should be placed so that each will have to do an equal share with the head man, or else fall behind the rest. This should not be construed as advocating the practice of hiring men at higher wages to lead off the rest of the gang. It is characteristic of the laborer experienced in track work, especially the hobo, that he does not like to admit the superiority of another. When such a man is placed so that the amount of work he accomplishes is directly measured by the amount other men accomplish, he will do his share.

Handling Laborers—The greatest amount of work can be obtained from most gangs by treating them considerately, and this policy makes the work more pleasant for both laborer and foreman. "Driving" men is being generally done away with as laborers will not stay on a job where subjected to such treatment. A further reason for treating laborers as intelligent human beings is that when it is necessary to do rush work, the men will be inclined to do their best and will then pay more attention to sharp commands and a limited amount of necessary driving. When the gang is separated and it is impossible to keep all men under close supervision, those who have been treated right will work better than those whom the foreman has been constantly trying to drive. If men have only fear of their foreman, which is the case when he is a driver, they will use every possible chance to "soldier."

The foreman's discipline, however, should be strictly maintained under all circumstances. He should personally see to it that each of his orders is obeyed. In case

PRACTICAL TRACK WORK

an assistant foreman is employed and the laborers are all working together, orders should in general be given to the laborers by the assistant foreman. This will prevent conflicting orders being given to any man. The assistant should be backed up in every case by the foreman and his orders never reversed unless it is absolutely necessary. The laborers' respect for both foreman and assistant are increased in this manner.

Laborers of any kind note quickly whether the man directly in charge of them knows his business or not, and whether he stands in the good graces of his superior. If he does not, they are sure to lose their respect for him and the discipline and efficiency of the organization will be destroyed. For this reason the foreman should not take his assistant to task in the presence of the laborers, in general, but should always have it appear that the assistant is proceeding in accordance with his wishes.

Maximum Supervision—In order to allow maximum supervision, the men should be kept as close together as possible without having them interfere with each other. Laborers may become scattered because of poor gang organization or irregularities occurring in the work and the foreman will show his ingenuity by arranging the work and the laborers so that the gang is kept compact. If it is impossible to keep the gang from becoming scattered, as may happen on some classes of work, the foreman should be prepared to designate men of special ability to oversee each portion of the gang.

Laborers should be kept in good humor, as they will then accomplish more and do better work. It is also advisable to use methods which make the least demands on the strength of the men, providing such methods will not decrease the amount or lower the quality of the work.

PRACTICAL TRACK WORK

By following such methods it is possible to arouse the interest of the laborers in the work, and this will tend to build up an organization which will accomplish good results even when it is impossible to give close supervision.

Trackmen Skilled Laborers—The policy of the railways of paying very small wages and treating good and poor men alike, has led to a general feeling that track men are unskilled laborers. As a matter of fact expert track men are skilled laborers, and for this reason they should be kept in the employ of the company permanently and not laid off on account of slack work.

New Methods—It should be the aim of the foreman to constantly look for and evolve new ways of doing work or to standardize ways and methods which have proved to be the best. When the work is reduced to a routine, each laborer will know what is expected of him and much time will be saved and much confusion prevented.

CHAPTER II.

TRACK MATERIALS AND TOOLS.

Unload Correct Quantity—Unloading material cheaply and with the least expenditure of labor energy is a problem of great importance, but it is of equal or greater importance that the correct quantities of materials be unloaded and that these quantities be correctly placed along the right of way. The money saved unloading track material may be easily offset or overbalanced by increased cost of track laying, if too much or too little material is unloaded or if it is not placed conveniently. This is especially true of relaying track, double tracking or putting in switches. If track is being laid with a track laying machine, materials are used immediately as distributed in order to make a track on which to move the machine forward, and the problem narrows itself to the proper loading of the material and to the distribution of the finishing material behind the machine. Even if there is poor distribution of spikes, bolts, etc., the dumpy may be used advantageously to redistribute the material, and anything lacking is easily obtained from the frequently passing material trains.

If ties are being hauled ahead by teams they should be very carefully distributed. If the country and the right-of-way is crossed by many streams it will probably be necessary to build numerous temporary crossings consisting of layers of ties, and these should be picked up and hauled on to the grade after the necessity for such a crossing is past. It will usually be more convenient to

PRACTICAL TRACK WORK

take the boxes off of the wagon as it is much easier to turn wagons around on a narrow grade when arranged in this way. A frame designed to hold the ties above the wheels is sometimes used on a wagon. It is also sometimes found necessary to distribute the ties at night so that the work of track laying will not be delayed. When distributing ties on top of a long grade, they should be piled on the side and enough room left so that teams can pass further along the grade. Or the distribution may start at the far end of the grade, the ties may be placed in the middle and the succeeding loads distributed back of the first. It will frequently be found advantageous to distribute only part of the ties ahead by machine, filling in the rest after track is laid.

Distributing for Second Track—When building a second track, that is, when double tracking, the material is usually distributed by a work train, which necessarily uses a track on which there is more or less traffic. The material is generally distributed a long time before the track gangs get on the work. In fact the work train is frequently taken off entirely before track laying begins; then if there is a shortage of steel the track gang will be forced to transport rails by push car until a work train can be again secured. It is better to have too many than too few rails and ties as far as the track laying gang is concerned. However, surplus material must be reloaded, which is an unnecessary expense. A shortage of ties will temporarily break up the organization of the track gang, for if the men are properly placed to just handle the work when the ties are correctly unloaded, some of the men will be overworked and others underworked when there is a shortage; and when fill-in ties arrive after the rail is laid, the organization must be broken up and men

PRACTICAL TRACK WORK

taken back to finish up the track. When distributing rails on a track under regular traffic, the work train is frequently run to a siding to let another train pass. In these intervals the gang should be kept busy setting up the rails end to end on the shoulder of the grade. If there is time to set up all the rails in this manner, the distribution will be exact, giving a corresponding advantage when laying or relaying track.

If just enough rails and ties are unloaded, and yet they are not properly placed, that is, if they are unloaded in bunches, the redistribution must be made with a dumpy on the main track, and one or two men must be taken out of the gang to act as flagmen. If the rail gang or tie spacers must redistribute any material they will be unable to keep ahead of the rest of the gang and the organization will again have to be broken up in order to get a full day's work out of each man.

All of these arguments may not be necessary to show that track material should be properly distributed. It is conceded that it should be, but nevertheless it is true that all too frequently track material is poorly distributed. Correct distribution from a main track can be obtained by noting the standard length of track rails and spotting the material with respect to the rail joints, and unloading rails, spikes, ties, angle bars, etc., in the proper proportion. If it is desired to keep the train in motion while distributing material, for instance when distributing bolts, spikes, angle bars, etc., an easier method is to gage the distribution by the telegraph poles, which are spaced at standard distances and can be seen without trouble by the men on the cars.

Switch Material—It is important to have the proper amount of switch material on the work train, and

PRACTICAL TRACK WORK

to make sure that the *complete* material for each switch is unloaded at a switch location. Even if the material is unloaded in bunches, it will not have to be carried far enough to cause much extra work; nevertheless, if possible the material should be unloaded at the approximate points where it will be used. The importance of having on hand all the material required before starting work on a job cannot be over-estimated. Waiting for material results in loss of money and demoralizes the gang organization. The men soon find out that there is a delay, and become indolent on the work which the foreman improvises in order to kill time. Then when material arrives it is a hard task for the foreman to get the laborers to working in earnest again.

Good Tools—The importance of having good tools, taking good care of them, and keeping them in repair is evident in almost any kind of construction, and track work is no exception to the rule. Poor tools are a poor investment, for the amount of work accomplished with them is undoubtedly smaller than with good tools, and the quality of work done is inferior. It is also evident that poor tools will not last as long as those of a better quality, and especially when a tool must be used constantly, first cost should be a consideration secondary to quality.

A poorly designed claw bar, one with the claws dulled or chipped off, or one which has been carelessly repaired or tempered, generally requires that an extra man be provided, with a hammer to drive the claws under the spike head. In addition to the extra labor required, there is excessive battering of and early destruction of the claw bar. Since in relaying track the best spikers are generally needed to spike the rails, and the hammer men are inex-

PRACTICAL TRACK WORK

perienced and unskilled, spike maul handles are also likely to be broken very frequently. Thus poor tools require more labor and are subject to greater damage. It is undoubtedly true that a great many spikes which were driven poorly cannot be withdrawn without the use of both the claw bar and hammer. On the other hand, nearly all the properly driven spikes can be withdrawn by willing expert men using first-class claw bars, without the use of hammers. In one instance the gang used only two hammer men with six claw bars, the joint spikes having been withdrawn in the preliminary work. The hammer men worked alternately wherever an obstinate spike was encountered. In this particular case the relaying work was not delayed and there was a saving of four laborers. And the claw bars stayed in much better shape because the claws were not subjected to the extra wear occasioned by being driven under the spikes.

The above is an instance where the number of laborers was reduced by having good tools. The efficiency of a tool will also cause an increase in the amount labor accomplished per man, and if this increase is only five per cent over that of a poor tool, and that is certainly a small estimate, the increased cost of a good tool will soon be balanced. This is especially true of tools which are used every working day of the year.

Given good tools, it is of great importance to use them carefully, and to repair them or have them repaired when necessary. In a large gang it is advisable to have one man who is held responsible for the condition of tools, and for keeping track of them. Such a man if he is intelligent and experienced, can keep the tools in such shape that the increased amount of work accomplished will more than pay his salary. And a clear profit will result

PRACTICAL TRACK WORK

from a reduction of loss, and the avoidance of delay to the gang which results from lack of tools. The foreman who does not take care of his tools should be dismissed.

Keeping Tools in Repair—Adzes should be used carefully or they will become almost useless in a short time. When relaying track, there are times when a good many green men will have to be used as adz men in the preliminary work and poor adzes only should be used for this purpose. Even an experienced man will frequently hit a spike stub, and inexperienced men will often hit the spikes and the rail. The best adzes should be saved for use when actually replacing rails, at which time there is need for fast work.

Level and spot boards should be used carefully so that the bubble tube will not be displaced or broken. The accuracy of these tools, and the track gauges, is largely responsible for the degree of excellence of the finished track.

A grindstone should be provided for a relaying gang because adzes must be ground frequently when relaying track.

A track chisel should receive only light and square blows when cutting a rail. This precaution is especially necessary with a new chisel or one recently sharpened and reground, as it is likely to chip and become spoiled with the first blow. When cracking a rail, use a dull chisel which will not be spoiled by the heavy blows. Track chisels should be inspected often and those which are unfit for use should be sent to the shop to be retempered and sharpened.

If a track gage is not handled correctly, it is likely to be sprung so that it will not indicate correct gage. The gage should never be driven to a bearing with a hammer,

PRACTICAL TRACK WORK

nor should it be set against a rail which has been sprung out considerably with a bar, unless the rail is held away by the bar until the spike has been driven. Before using a gage, it should be measured with a steel tape line to determine whether it is standard, that is 4 ft. 8½ in. out to out of the lugs.

A rail drill should be handled only by experienced laborers. The machine should be carefully set for each hole, and the bits should be sharp or the machine will be subjected to an extra strain. Dull drills retard the work exceedingly and make it harder for the laborers.

The use of rail forks makes the handling of rails on cars or in piles easier, increases the number of rails handled and generally decreases the number of laborers required.

A rail bender should have the threads well oiled when used for putting a "stock" in rails. The use of oil makes the kinking of a rail easier, but after being oiled the bender must be taken care of to prevent dirt sticking on the oily threads.

The rail tongs provided should be all of one pattern. The best kind are those which carry the rail close to the ground, just high enough to clear other rails or ties. Tongs which are not of the same size, or on which the clamps are not a uniform distance below the handles, will cause the load to fall very heavily on some men and lightly on others.

Spike maul handles should be carefully hung by a man who understands the requirements. In order to get the maximum and most satisfactory use of the tool, the handle should have a snug driving fit. A long thin iron wedge made especially for the purpose should then be

PRACTICAL TRACK WORK

driven in the end of the handle to wedge the head on. A spike is too blunt, and a nail makes a poor wedge.

A tie fiddle is seldom furnished in an outfit of tools, but can easily be made with a saw and hammer. A cleat is nailed across the end at right angles to a short board, the standard distance that the ties are to project beyond the rail base is marked off from the inside edge of the cleat, and the board is sawed off on this line. When placed on the face with the cleat against the end of the tie, the uncleated end of the tie fiddle shows the correct line for the outside of the rail base. The tie fiddle is an exceedingly useful adjunct to the tools of a track gang.

A tie pole is made by marking off the proper or standard spacing for the ties on a board or iron rod. The pole is usually made the same length as a standard rail, so that the joint tie centers may be layed out properly on it. The pole should be carefully measured so that uniform and correct spacing will be possible. If it is desired to have a spacer which will take care of several rail lengths of track, a wire rope or cable would be very useful. The standard spacing for several rail lengths could be painted on in white paint; this tie spacer would not have to be moved so often and would make it possible for the tie spacers to work a long way ahead of the rail gang. The rear rail length of this rope could be left unmarked, and the spacing could thus be done entirely ahead of the rail gang.

A hook gage is frequently made of a board with four cleats which clasp the balls of the two rails and hold them to gage for the iron car. This tool is seldom furnished in a kit of tools, but if properly made and used is a great labor saver.

Track wrenches, when new, are likely to be too small

PRACTICAL TRACK WORK

between the jaws to fit over the nuts. In hot weather they may be spread in the following manner: Place the jaws of the wrench flat on a rail, and hit the shank just back of the jaws with a spike maul several times. In cold weather the wrench must be heated a little or it may break when struck with a hammer. The jaws should not be widened further than necessary to make a very snug fit, as the tendency in use is to become wider.

Tool Boxes—Tool boxes should be kept in careful and neat order, so that the tool man or foreman can obtain any tool instantly when needed. Careful placing of the tools will double the capacity of a tool box. Heavy tools such as lining bars and spike mauls should be put in the bottom and light tools likely to be bent or broken should be placed near the top. An ordinary wooden box will soon be knocked to pieces unless tools are placed in the box and not *thrown* in. It is generally advisable to have the laborers pile their tools up to one side and have the tool man place them in the box.

Taking Care of Tools—Tools if not watched are likely to be borrowed by other track gangs. Axes, cold chisels, files, saws, lanterns, monkey wrenches, nails, oil cans, padlocks, picks, shovels, tape lines, water pails and dippers are of use to outsiders and may be stolen if not carefully looked after.

Tools which are easily lost and which should therefore be checked up daily, are cold chisels, crayons, expansion shims, files, axes, saws, oil cans, drill bits, spike pullers, rail forks, track chisels, track wrenches, spike punches and center punches.

Too much stress cannot be laid on the necessity of caring for tools. Even aside from the question of economy, the necessity for good tools on rush jobs, and the advan-

PRACTICAL TRACK WORK

tage of having good tools on all ordinary jobs, should be sufficient to make each foreman jealously guard and care for his tools.

Hand Cars*—It hardly seems necessary to comment upon the operation of ordinary hand cars and speeders. But the scarcity of easy running and properly cared for cars which a foreman finds as he moves from gang to gang and railroad to railroad would seem to indicate that there is something radically wrong somewhere. The majority of men dismiss the subject by assigning the reasons of "carelessness and neglect." True, this accounts for a large proportion of the trouble, but experience shows that not less than half is due entirely to ignorance. Many handcar and speeder pumpers are perfectly willing and would be anxious to properly care for their cars if they knew how to put them and keep them in easy running shape, so as to lighten the labor of pumping.

Most handcars are manufactured with the idea of making them light running, and consequently the majority of new cars when received are squared up and true. However, if they are not, they should be tuned up by loosening the bolts which fasten the boxes in which one of the axles revolves and moving one end of the axle forward or back to a position where there will be no tendency for the flange of any of the wheels to bind against the rail when the car is moved forward on straight track. (See Fig. 1.)

Wheels Binding—Flanges binding against the rail cause more hard pumping than any other single defect. When the axles are in the proper position, the bolts should be tightened firmly and kept tight. Handcars

*Abstract from an article by Claude L. Van Auken, published in *Railway Engineering*.

PRACTICAL TRACK WORK

should be tried out frequently to see if they are true as setting cars off and on the track, pushing them loaded with tools over highway crossings, rough handling, etc., are very likely to loosen and move the boxes from their proper positions.

Binding may also be caused by a wheel not running parallel to the track, although the axle may be in proper position. (See Fig. 2.) This in a new car is clearly the fault of the manufacturer and should be remedied in the

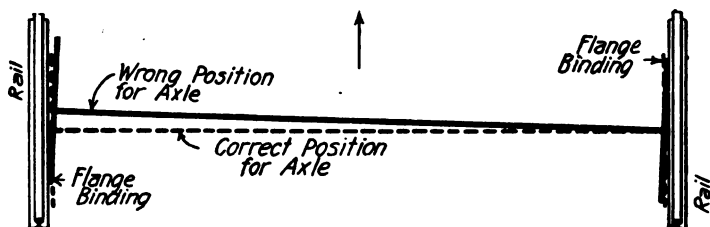


Fig. 1.—Hand Car Axles in Incorrect Position.

shop. Binding occasionally is caused by a crooked wheel. If the wheel cannot be straightened and trued up a new wheel should be obtained.

Front and Rear—Most handcars have their front or rear ends marked, and if the wheels and axles are properly trued up the car will always run lighter when placed on the track with the front end in the direction of travel. This is especially true when running around curves. All wheels except the loose wheels should be keyed tightly to the axle and not allowed to work loose or get out of position so that they may bind. The loose wheel should be painted a conspicuous color or otherwise marked so as to be readily recognized and the car should always be turned by lifting the end opposite to the end with the loose wheel. Proper lubrication of the loose

PRACTICAL TRACK WORK

wheel reduces the work of pumping around curves, as it allows easier adjustment to the unequal distance traveled by the inner and outer wheels.

Grinding—Next in importance to binding comes grinding. Grinding in the bearings may be due to lack of oil, but it is safe to say that more frequently it is because of dirt and sand in the bearings.

Handcars should not be used for transporting sand and gravel, but in case it is absolutely necessary to use them

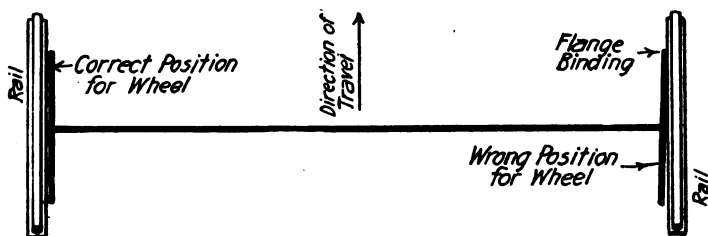


Fig. 2—Hand Car Axles in Correct Position.

for this purpose, the bearing and oil holes should be protected by boards or tin strips, or by plugging up.

Oiling—Exterior surfaces around bearings and oil holes should be kept clean of oil and grease, otherwise dirt will accumulate. The cogs of the gear wheels of either a speeder or handcar should never be oiled. While good, clean oil will reduce friction between the cogs, it will also cause an accumulation of dirt, sand and cinders and before long the teeth will be choked with a hard, gritty mass which will cause the car to drag, even down grade.

Bolts and screws holding the frame together should be kept reasonably tight, but not too tight, especially where the heads or nuts and washers sink into the wood. Unless the nuts on the underside of the platform are tightened

PRACTICAL TRACK WORK

occasionally, especially those with which oil comes in constant contact, they will jar loose and the lower half of the bearing box may drop off unnoticed. Hand car boxes and nuts should always be kept tight enough to keep lost motion at a minimum for easy running, and the cars should be oiled each day. Cars which run easily save the strength of the men, and also save time. Hard running cars breed dissatisfaction. The push car should also receive frequent attention and oiling.

The "head-wind" always has been and always will be the pumper's worst enemy. We cannot control it; but we can control the condition in which we keep the hand-cars which we pump every day.

Motor Cars—The use of gasoline section motor cars on railways has been recommended by many progressive officials who concede that they make for ultimate economy. However, the success of any innovation is attended by some failures. In the case of railway motor cars, failures can generally be charged to faulty operation and improper care. Motor cars have not reached the stage where they are fool proof and it is doubtful if they ever will.

The first requirement necessary to success in the use of motor cars on railway work is to select a car that is suitable. Obviously a light inspection car should not be selected to carry four or five men and pull a speeder behind carrying one or two men, and vice versa, a heavy section car should not be assigned to the use of two men, especially on lines of heavy traffic, because of the difficulty of handling and the increased likelihood of the car being run down by a train.

Operators—Assuming that a suitable car has been selected, the next essential thing is that one man among

PRACTICAL TRACK WORK

the users be selected as an operator, and that he always run the car, instead of allowing different men to operate it. If a car is operated by any one of several men, each considers the car to have been improperly adjusted by the last operator. Hence there is a great deal of useless and sometimes harmful tinkering with spark coils, gasoline feed, lubricator oil cups, etc. An emergency operator should be broken in, but the practice of allowing Tom, Dick or Harry to run the car here and there and everywhere should be stopped.

Instructions—The man selected as operator should be furnished a complete set of instructions; and he should be a man who is competent to absorb sufficient knowledge from printed and verbal instructions to enable him to thoroughly understand the principles of the generation of power, and the mechanical contrivances of the car. If the operator's knowledge consists of "advance this lever and open the throttle," as is sometimes the case, failure is assured at the very outset.

With every make of car a list of "don't and do's" is furnished. It is well to read these carefully, for they usually represent the errors which inexperienced operators are most likely to make. Actual experience with trouble, however, teaches the operator more than any printed matter, provided (1) that he is able to ascertain the cause of the trouble; (2) that he can repair or overcome the trouble, and (3) that he can prevent similar trouble from recurring in the future.

Care in Operation—Hand in hand with good operation must go proper care, to insure success with motor cars. Bolts and nuts located on the moving parts particularly, and all parts subjected to constant jar and contact with oil are likely to work loose. Therefore, an

PRACTICAL TRACK WORK

occasional inspection and tightening is absolutely necessary. This is also true of the electrical connections. Proper lubrication is sometimes neglected in order to save time, but this frequently ends in a loss of time, due to the cylinder or cylinders running hot. With an air-cooled engine the matter of lubrication becomes vital, for a hot, dry cylinder means loss of power and permanent injury to both piston and cylinder, due to the friction, which is increased by the expansion of the piston from the heat generated. For this reason extra precautions should be taken to prevent a shortage or loss of lubricating oil when on the road away from a supply. This is the most frequent cause of needless injury to motor car engines. A good method of cooling an engine is to cut out the compression when running at a fair speed or down grade, and allow the plunging piston to draw in cold air and expel it with the following stroke after it has taken up heat. Lubricating oil may be mixed with the gasoline in the summer time, providing the oil is light and free from all foreign matter which might stop up the outlet. This is poor policy in cold weather, however, as the lubricating oil being heavier than gasoline will settle to the bottom of the tank and congeal, thus closing the outlet and shutting off the supply of gasoline. In cold weather, when difficulty is experienced in starting the engine, the combustion chamber should be warmed. For this purpose the surest, safest and most convenient apparatus is an ordinary blow torch. Before using the torch the throttle and all gasoline valves should be closed and the torch, lighted matches, sparks, etc., should be kept away from the gasoline storage or inflammable materials.

Exposure of cars to inclement weather, while not nec-

PRACTICAL TRACK WORK

essarily dangerous, should be avoided, particularly since a few square yards of heavy weather proof covering, such as tarpaulin, will be sufficient to protect the car. Continued rain or snow, especially with a driving wind, is certain to cause trouble somewhere. Proper care of a motor car, however, does not consist entirely of prevention. When a car appears consistently to lack its usual power, it isn't a candidate for the junk pile, or necessarily a bad order case for the shop. A complete overhauling and cleaning is more often all that is required, and this can usually be done in a few hours' time by a man familiar with gasoline engines, with the ordinary available kit of tools and equipment.

From observation and experience, the conclusion is that so-called "failures" are not failures of the motor cars themselves but rather failures chargeable to lack of proper care and lack of operating ability.

Keeping Cars Clean—There is one point which cannot be emphasized too strongly—*keep the cars clean*. This is one of the most important points in maintaining efficiency in this service, although it may not appear so.

A little time should be spent every day cleaning off the grease and dirt, and the car should be cleaned well at least once or twice a week, depending on its condition—once a week at the very least is necessary.

Inspection—A daily inspection of the car is also most important. This means tightening any screws or nuts that may have worked loose during the day's run. This can be done at night or in the morning, but it should be done daily. It is very seldom necessary to take a car apart, but in such case it is preferable that an experienced man be called in to do the work unless the operator understands the case thoroughly. When a car is

PRACTICAL TRACK WORK

in need of repairing, aside from the engine, it should not be run, but should be repaired, thereby avoiding accidents and perhaps possible loss of life.

Filling the Tank—When filling the gasoline tank it is advisable to strain the gasoline through chamois skin. This draws out any water impurities that may be in the fuel. If the gasoline feed tube leaks, the car should not be used because the chances are it will catch fire.

The car should always be covered when not in use, giving it as much protection from the elements as possible. Oil and grease should be kept away from the insulated wires, for in time the oil will soak through and ruin the insulation.

Spark Plugs—When testing a spark plug, it should not be held more than about $\frac{1}{4}$ in. from the cylinder, otherwise the coil will be injured and possibly burnt out. Spark plugs seldom wear out; in case they are giving trouble, all that is usually needed is a thorough cleaning. It is not necessary to screw spark plugs in excessively tight; if this is done, they will expand so much that it will be almost impossible to get them out again.

Dry Cells—Sometimes in cold weather dry cells will freeze up. This does not mean that they are run down, but if thawed they will probably be found all right. When leaving a car the battery switch should be thrown off, and the gasoline valve closed. If the car is water-cooled the water should be drawn from the radiator and cylinder in freezing weather; this prevents the cylinder from cracking.

Use for Recreation—The practice of allowing gasoline cars to be used for recreation, outside of working hours, should be discouraged, especially in the absence

PRACTICAL TRACK WORK

of the foreman. Indiscriminate use of motor cars is likely to result in accidents and loss of life, due to collisions with other small cars or with trains.

Rigid rules for the operation of all classes of power inspection and section cars should be formulated and enforced. Where practical, and especially with heavy cars or heavy loads, motor cars should be operated by train orders. If this is impractical, cars might be operated between trains, by keeping in close communication with train despatchers and station agents. Flagging must be resorted to occasionally to fully protect the car; and when necessary, no hesitancy should be shown in stopping even the most important trains to prevent a collision.

Details of Motor Car Operation—Before starting a car the gasoline tank should be examined to see that there is sufficient fuel to run it to the destination. When the engine starts, the timer lever should be advanced slowly. The timer lever should always be carried ahead of the throttle lever when running. This not only saves the gasoline, but gets more power out of the car. Grease cups should be screwed up tight, and the car should be well oiled before starting. A car should not be run faster than twenty miles per hour. When running a car behind a train, it should run at least 1,000 feet in the rear.

The brakes should always be tested before starting. Grandstand stops should never be attempted as the brakes may fail. When approaching road crossings, the car should be run slow, with engine cut out, and always at such speed that the car may be stopped before running onto the crossing. It is advisable to have a bell

PRACTICAL TRACK WORK

to notify crossing watchmen of the approach of the car. When running at night a white light should be placed on the head end, and a red light on the rear end of the car.

When being overtaken by a following train, the car should be taken off the track at once. It is dangerous to try to keep the lead—the engine may fail and accidents result.

Other Power Appliances—In railway work there is much room for the substitution of power for hand work. The construction and maintenance departments offer many opportunities in this line. The obstacle in the way is the opposition of higher officials to investing money in equipment. This is especially true of machines which are used only in heavy construction and maintenance, and for only a portion of each year. Then there is the added difficulty of making the officials see that there is to be a large saving. The old motto, "Leave well enough alone," is all right, but where is the man so unprogressive as to admit his work is incapable of improvement. Certainly we have not reached the well enough point when contractors are doing good work and making good profits on prices as low as the company forces can do the work themselves.

It is extremely hard to convince higher officials of the economies which can be effected because there is a lack of authoritative detailed costs of railway work. When such costs are available, a foreman can make a strong argument to support his requisition by showing a comparative statement of costs in dollars and cents. It is sometimes possible to requisition a machine which is adapted to several uses so that the appliance may be used in the winter for one kind of work and in the sum-

PRACTICAL TRACK WORK

mer for another kind of work and thus get nearly continuous service throughout the year. The design and sale of such machines should be encouraged.

CHAPTER III.

SPIKING, CUTTING AND CURVING RAILS, ETC.

Spiking—A foreman can obtain good spiking only by very careful supervision and training of the men. Spikes should always be driven perpendicular to the face of the tie. If driven slanting, their holding power is decreased and they are difficult to pull with a claw bar. Spikes should be driven down so as to give the head a firm hold on the rail, but should not be struck after being snug, as they are likely to crack under the spike head. The spikes should be staggered—those on the outside of the rail should be near the same edge of the tie, and those on the inside of the rail should be on the opposite edge of the tie. This will keep ties from slewing around or rocking. The usual practice is to place spikes at least $2\frac{1}{4}$ in. from the edge of hewn or sawed ties, and one-fourth of the width of the face from the edge of pole ties. On curves, the best practice is to double spike the outsides of the rails, using tie plates with two holes in each side.

Whipping Spikes—The practice of “whipping spikes,” that is, bending them and drawing the rail in while driving, is to be severely condemned. It should never be allowed except in places where it is absolutely impossible to force the rail in against the gage with a bar.

Gage Spikers—When spiking, the tie is held up against the rail by the nipper with a pinch bar and block, or with one of the various types of holding-up bars. The gage spikers should be experienced, careful men, for

PRACTICAL TRACK WORK

much depends on having the gage uniformly correct and the gage spikes driven straight and accurate. Line spiking should be accurate but does not require as careful execution as gage spiking. When line spiking, the line rail should be kept as nearly as possible to the correct line.

Expansion—The importance of providing correct expansion when laying rails, cannot be overestimated. If the track is laid too tight, sun kinks will result, particularly if there is an insufficient amount of ballast. If there is plenty of ballast tight track may be kept from kinking to any appreciable amount, but it will frequently show small kinks at joints and the track will appear to be in imperfect line. It is impossible to surface track or line it if it is too tight, for no sooner is the track loosened than it kicks out and it is then almost impossible to get it back onto the grade where it belongs. It is also extremely difficult to make any changes in such a track, for instance, to put in a switch or to put in insulated joints, which require an extra half inch space for the end posts. In very tight tracks it is usually advisable to wait until after a switch has all been put in, to measure and cut the pieces back of the frog.

Loose expansion is likely to cause the rails to pull apart in the winter time, leaving a joint so wide open so that it may cause a wreck, and even in the summer time the joints will be so wide open that the rails will be battered and spoiled and it will be almost impossible to keep the joints up to surface. Cars riding over open joints are subjected to an extra jar which decreases the life of the rolling stock. This damage from poor track is frequently overlooked by railway officials.

Cutting Rails—An excellent method of cutting rails

PRACTICAL TRACK WORK

is as follows: Chisel mark the rail to a depth of about $\frac{1}{8}$ in. on both sides of the web and base (not the ball) with a sharp track chisel. Turn the rail on its side and spring down with bars or by having men stand on it and in the meantime place a chisel on the rail above the cut and strike it with a heavy hammer until a small crack appears in the cut. The rail should then be turned over on its other side and the operation repeated. Finally the rail may be turned ball up and a heavy blow struck on an old chisel held above the cut, with the men standing on the rail; one blow will usually be enough.

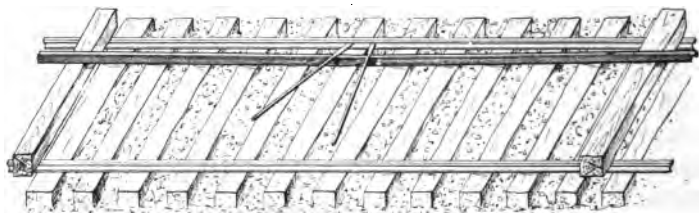


Fig. 3—Easy and Quick Way of Breaking Rail.

The chisel should be held directly above the cut and then a clean, straight break will be made. The chisel cuts should all lie in a plane perpendicular to the axis of the rail, and the cutting chisel should be struck only light square blows or the edge may be broken or chipped.

A fairly good cut can be made as follows: (See Fig. 3.) Cut the top of the base of the rail on one side, deeply from edge to web, with a sharp chisel. Turn the rail on its side with the cut down, next to a rail on the track and with ends resting on blocks. Four men with bars obtain a leverage under the ball of the rail, and bear heavily on it while a man strikes a blow on the chisel held on the base of the rail above the cut. When

PRACTICAL TRACK WORK

the rail cracks in the cut, it is turned on the opposite side and the operation repeated. The rail is then turned ball up and one sharp blow on the chisel held over the cut will usually break it.

Rails cut in the first way mentioned often show a smoothness of face rivaling that of a sawed rail. An older method of breaking a rail was to chisel mark the ball in addition to the web and flange. A short piece of rail or "dutchman" was placed under the cut, one end of the rail was lifted high off the ground by a number of men, and allowed to drop. The last method has the following disadvantages: (a) It exposes men to the danger of being caught under the falling rail and injured; (b) it requires more cutting and therefore more time; (c) it requires more men; (d) it does not produce as clean a break. The ease with which a rail breaks depends not so much on the depth as on the straightness and sharpness of the grooves cut in it. If the rail is hot the process of cracking may be facilitated by chilling it with cold water at the point where the rail is chisel marked.

The use of hack saws for cutting rails is becoming common. Several hack saw machines are on the market, which eliminate the disadvantages of the old hack saw, that is, breaking of blades, slow progress, poor cuts, and back breaking work. The Schmidt hack saw, it is claimed, will cut an average weight rail in about 40 minutes. The tool is handled by one man and of course the labor cost is not any more and probably less than cutting a rail with a chisel, which takes at least two or more men. Particularly with a poor class of labor there is a great advantage in using one of these machines.

Curving Rails—The American Railway Engineering

PRACTICAL TRACK WORK

Association recommends that rails should be curved for all curves of 2 deg. or over. If rails are spiked on a sharp curve without previously curving them, it will be almost impossible to keep them in line as they will tend to straighten out in the track. The heavy rail sections which are now used make curving even more imperative than formerly. The natural tendency of a rail is to lay straight and that is the reason that most track men believe in laying curved tracks with broken joints, for then the centers tend to move inward and this tendency is resisted by the joints opposite, which tend to move outward on the curve.

Curving with Sledges—Rails may be curved with a lever and heavy sledge. The rail is placed on blocks in a manner similar to that shown in Fig. 3. One bar should be used at each quarter point and the curve put in by striking the rail close to the bars a few times with a 16 lb. sledge. The blow should be struck on the side of the ball of the rail. If a little too much curvature is put in a rail in this way, some of it may be taken out by turning the rail over and springing down on it. A little curvature too much or too little, however, is not objectionable as it will be easy to line this out when the rail is put in track.

Rail Benders—The roller rail bender is generally used for curving rails. A common type of bender consists of two rollers which are placed on one side of the rail and a third roller which is placed on the opposite side. The third roller can be adjusted by means of a screw to give the rail the proper curvature. Rails may either be pulled through this device by an engine or the roller turned by a long lever operated by a number of men or by a horse. The roller rail bender can either be ar-

PRACTICAL TRACK WORK

ranged to move along the rail or can be fixed at a certain point and the rail moved through the bender.

Putting a Stock in Rails—There are a number of types of rail-benders on the market for putting the kink or stock in the stock rail of a switch, the jim crow being the type most commonly used. This consists of a U-shaped forging with a screw shaft about 3 in. in diameter operating through threads in the middle of the U forging. The head of the screw shaft sets against one side of the rail end and the ends of the U-forging hook over on the opposite side, so when the screw is tightened it produces a kink in the rail between the two hooks. To give the most satisfactory results a curving machine or a rail bender should be arranged so that the hooks or rolls rest against the base of the rail as well as the ball.

Superelevation on Curves—Opinions on the subject of superelevation have changed materially in the last few years. It is not customary now to give as much elevation on curves as formerly and in fact many engineers are inclined to think that on low-degree curves, level track would not be dangerous. For higher degrees, however, elevation should be provided, but too much elevation should not be allowed any more than too little. The engineers should specify the elevation and this information should be put on the stake at the point of curve.

Too much elevation is a constant source of trouble to the track man. It produces great wear on the inner rail and causes excessive cutting of the tie. The track may also be displaced both in line and in surface and the greatly increased weight on the inner rail will cause it to settle and still further increase the superelevation.

PRACTICAL TRACK WORK

In yards and on sidings it is not necessary to provide elevation unless these tracks are used by high speed trains. On single tracks the elevation is usually made by elevating the outer rail, leaving the inner rail at grade. This makes the subsequent maintenance or re-surfacing of the tracks easy, while if the inner rail is de-



Fig. 4—Saw-Tooth Method of Elevating Outer Rail on Curves.

pressed it would be difficult to resurface the track if the grade stakes were lost.

Curve Elevation on Double Track—Curve elevation on double track may be handled in three different ways. The sawtooth method is where the corresponding rails of both tracks are at the same elevation. As is shown in Fig. 4, this necessitates extra provision for drainage at the inner rail of the outer track, and this arrange-

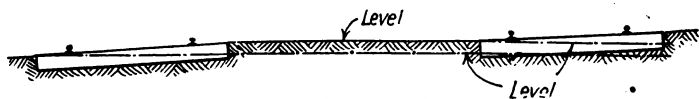


Fig. 5—Step Method of Elevating Outer Rail on Curves.

ment also makes it difficult to put in crossovers. The "step method," Fig. 5, is where the outer rail of the inside track and the inner rail of the outside track are placed at the same elevation, usually on grade, and the superelevation is obtained by depressing the inner rail of the inside track and raising the outer rail of the outside track. It is difficult to put in crossovers on curves elevated by this method. If crossovers are to be put in the plane method of superelevation, Fig. 6, is the best one to use. All the rails are placed in the same

PRACTICAL TRACK WORK

slanting plane, which requires raising the grade of the outer tracks considerably. This is objectionable since this raise in grade must be run out at the ends of the curve. On three- or four-track lines, the plane method would require too much change in grade to be adaptable. The "step" method does not require cross drains and is perhaps the most suitable for double track in general.

Widening of Gage—As in curve elevation, opinions regarding the widening of gage on curves have changed radically in the last few years. It is no longer deemed necessary to widen the gage under four degrees and many engineers are not widening the gage on curves of



Fig. 6—Plane Method of Elevating Outer Rail on Curves.

less than eight degrees. The tendency of wide gage is to cause excessive wear on the rails. A table is given in the Appendix showing the amount of widening of gage which the American Railway Engineering Association recommends for curves of different degrees.

Tie Plates—It was formerly the practice to use rail braces where the track was likely to spread. This practice is being rapidly discontinued except on switches or on sharp curves such as are found in large terminals. Tie plates properly designed have been found to hold the track to gage on curves better than rail braces. They require fewer spikes, and also protect the ties from mechanical wear and from spike killing. Those plates which have projections which are embedded into the tie hold the track best on curves, although it has been claimed that long flanges or prongs injure the tie and

PRACTICAL TRACK WORK

allow moisture to enter and start incipient decay. Even with flat bottomed plates, the resistance to widening of gage is more than double that of a single spike, as the plate cannot move without wearing or bending both the inside and outside spikes.

To develop the value of rail braces it is necessary to put one on each tie against the outside of each rail. A brace on but one side of a tie is useless as there is nothing to prevent the tie from moving in the ballast and allowing all of the strain to come on the single outside spike on the opposite end of the tie. Tie plates of course should also be put under each rail in order to obtain the maximum gage holding value.

CHAPTER IV.

CONSTRUCTING TRACK ON A NEW LINE.

Material Yard—A well laid out and carefully operated material yard in charge of a man of experience in track work is a great factor in rapid and economical tracklaying. The loading of the proper materials on the swing train which supplies the construction train at the front, is of the greatest importance. The man in charge of the material yard should have had previous experience in track laying, otherwise he will not always realize the exact materials or amount of materials that are needed at the various points along the line. By study of the profiles and maps, an experienced man can arrange the special material, such as curved rails, switches, etc., on the swing trains so as to have them come exactly where they are needed.

It is of the utmost importance that the material yard for the construction of a long line be so located as to facilitate unloading and loading. Several material yards may be needed in order to carry on the work in the best manner and the various yards should be layed out in advance so as to best fit the needs of the sections each is to supply.

The following points should be considered in laying out a material yard: (1) The amount of track to be laid; (2) the speed of track laying desired; (3) the number of cars to be handled daily—both those going to the front and those coming in to keep up the supply in the material yard. Much depends on the location and

PRACTICAL TRACK WORK

nature of the ground. The location should preferably be on sloping rather than on level ground as the natural drainage will save much of the expense of ditching. A location should be chosen where there will be very little grading necessary. Small ditches should be dug at the ends of the ties to provide track drainage and the material dug out can be thrown in the middle of the track and used to bring up the short sags or low spots. There is little objection to the track running over little raises of ground and no great amount of work should be spent in surfacing. In general it will be found best to locate the yards so that the switches for entering and leaving are at the end opposite to the direction of track laying. At least one track should be connected at both ends with the main line. The dirt from the drainage ditches can be used to surface the track sufficiently to prevent surface bending the rails. The track should be of a temporary character using only about 12 or 15 ties to the rail.

Arrangement of Yard—The exact disposition of the material in the yard is governed largely by the local conditions and methods of track laying to be used. To avoid delay in loading, a systematic order should be preserved so that materials which are to be used simultaneously on the work will not be widely separated in the yard. For instance, rails and rail fastenings should be piled close together for if the cars of rails are to be "trimmed" the fastenings should be placed so as to be accessible when the train is pulled ahead after loading instead of having to back up or back in on another track. In unloading materials when stocking the yard, much can be done toward aiding quick loading of the swing train by careful placing and piling.

PRACTICAL TRACK WORK

In piling the ties, the ground should be measured off and the piles located so that when a string of box cars is spotted for unloading a pile will come opposite each door. Allies 5 ft. wide should be left between every alternate pile to provide room for water barrels for fire protection. A 3 ft. ally will be sufficient between all other piles. The ties may be stacked 25 high at the end where racked up, sloping the pile toward the car to give a footing for the men unloading and piling.

The foundation for a pile of rails should be solid enough to prevent the pile from sagging and bending the stringer or skid rails. The piles of rails should be as

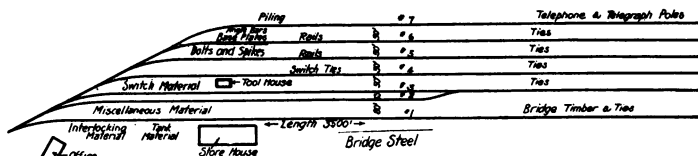


Fig. 7—Plan of Material Yard.

wide as the standard rail length used, so that full length rails may be used for stringers or skids. It is perhaps unnecessary to say that rails should be handled with a derrick, both in unloading and hoisting. This is the practice in modern material yards.

Angle bars, spikes, bolts, etc., should be placed on a cribwork of ties with a floor of ties or plank about 2 ft. above the track. This arrangement will prevent the rapid rusting which is likely to occur when this material is placed on the ground, and the kegs of spikes and bolts are not likely to be broken in handling. This arrangement also greatly facilitates the reloading of this material on the swing train. Track fastenings should be placed at the down-grade end of the rail pile, if the

yard is on a grade, to facilitate the moving of cars by the use of pinch bars, when loaded with rail and ready to be trimmed.

The suggested material yard layout, Fig. 7, will afford place for rails, ties, spikes, bolts, angle bars, switch material, crossing plank, piling, bridge timber, steel girders, truss spans, tank material, telegraph and telephone poles and all miscellaneous material necessary for the construction of 100 miles of road through a prairie country. The plan can be further developed by the addition of a ladder track at the end of stubs, or it may be curtailed by reducing the length of the yard. If the full ladder is not used, at least one track, preferably No. 3, should be connected with the main line at both ends. The idea of connecting track No. 2 with No. 3 is to provide a run-around track. The centers between tracks are only 13 ft., affording a good opportunity for transferring material from one car to another if occasion arises.

Passing Tracks—In order to keep supplies near the front it is always well to build side tracks at intervals as the work advances, for use in passing trains and also for the use of the outfit cars. In chapter 7, page 129, is outlined a method of building such side-track turnouts without using either frog or switch points. These turnouts are not only very easy to install and require practically no switch material, but are safer and more easily taken up than permanent crossovers.

Boarding Camp—A boarding camp should be provided when laying track on a new line as the boarding accommodations are bound to be very poor or entirely lacking. Bunk cars should be provided in such numbers that it will not be necessary for more than 8 or at the

PRACTICAL TRACK WORK

most 12 men to sleep in one car and steel bunks should be provided, as well as other appliances for the comfort and convenience of the men. A roomy kitchen car should be provided and enough dining cars to seat comfortably the largest number of men which is likely to be employed on the work. A tool car, office and supply car, fuel car and tank car are usually needed to make the outfit complete. A special car may be provided for blacksmith work, or it may be done by a small portable forge outfit which can be kept in the tool or supply car. The tool car should have both side and end doors.

When moving the camp to the front, the outfit cars should be placed at the head of the construction train and extreme care should be taken to prevent any unnecessary shocks, which will result in breaking dishes, etc., and a general shaking up the entire outfit.

When the side track nearest the front is reached, the outfit cars should be set out, and the work train should proceed to the front with the track material which was brought in the same train. The boarding camp should be kept as near the work as possible—laying temporary turnouts or spurring the cars out without using switches—in order that it will not be necessary to ride a long distance to meals.

Material Trains—The construction train usually carries enough material for a half day's work; 15 cars can usually carry enough material for one mile of track, including 5 cars of rails and fastenings, 8 cars of ties, and one car of miscellaneous material such as crossing plank, cattle guards, etc. Swing trains are required to keep the construction trains supplied with material after the work has progressed far enough from the material yards to make the run too long for the construction train. The

PRACTICAL TRACK WORK

swing train runs the loaded cars in on the siding, then backs out and picks up the empties left on the main line by the construction train, and returns to the material yard.

The above discussion assumes that the bridges and trestles have been built before tracklaying begins. Large bridges, in any case, are built as the work progresses and the construction train hauls the bridge material to the site.

Methods of Track Laying—In building a new line the material must be forwarded over the track which is under construction. There are four general methods which may be used in constructing a new track, viz.; (1) An outfit with a rail car drawn by a team of horses; (2) rail car and teams to haul ties ahead and distribute them on the grade; (3) an ordinary flat car and rail dollies, with teams to haul and distribute ties; (4) a track laying machine.

Gang Organization—The proper distribution of laborers is dependent on class, size, and weight of material, as well as on the class of labor employed. Individual opinions and methods of foremen also cause differences in the distribution of men. After a grade has been completed and the ties lined and spaced approximately, the rail laying gang might be organized as follows, subject to the supervision of one foreman and one assistant.

Organization of Track Laying Gang.

Tie fiddler	1	Tie plate peddler.....	1
Tie spacers	2 to 4	Gage liner	1
Gage man	1	Head spikers	4
Steel gang	8 to 16	Back spikers	12 to 20
Rail nipper	1	Tie nippers	6 to 10
Strap hangers	2	Back bolters	2
Strap tighteners	2	Tool man	1
Joint plate peddler.....	1	Water boy	1
Spike and bolt peddler.....	1		

PRACTICAL TRACK WORK

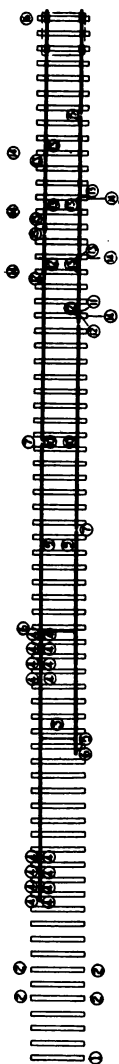


Fig. 8—Disposal of Men for Laying Track.

The work done by the various members of the gang is given below, the men being located as shown in Fig. 8.

(1) Tie fiddler—Marks on each tie the proper position for the outside of rail base.

(2) Tie spacers—Move ties to proper spacing.

(3) Gage man—Places track laying gage on extreme ends of rails.

(4) Steel gang—Carries rails to place and sets them up in track.

(5) Rail nipper—Raises one rail if necessary to help strappers get joint bolts started.

(6) Strap hangers—Hang the angle bars to receive the rails being set up.

(7) Strap tighteners—Tighten bolts behind strappers.

(8) Joint plate peddler—Distributes the joint base plates.

(9) Spike and bolt peddlers—Distribute spikes and bolts.

(10) Tie plate peddlers—Distribute tie plates.

(11) Gage liner—Throws gage rails to gage.

(12) Head spikers—Spike track to gage, on 4 or more ties to the rail length.

(13) Back spikers—Finish or partially finish spiking the track.

(14) Tie nippers—Hold up ties for spikers.

(15) Back bolters—Finish joint bolting.

(16) Tool man—Keeps tools in good con-

PRACTICAL TRACK WORK

dition, keeps track of tools, and distributes them.

Tie Fiddlers—The tie fiddler is provided with a fiddle, i. e., a short board with a cleat nailed on it at right angles near one end. The distance from the inside edge of the cleat to the end of the board is the standard distance for the rail base from the end of the tie. The fiddle is held on the face of the tie with the cleat securely against the end, and a mark is made on the tie along the uncleated end of the fiddle. The outside track spike should be set on this line when spiking. Before marking a tie, the fiddler should examine it and be sure that the bark side is up. The tie fiddler will generally be able to run ahead of the gang without difficulty, and he should find time to set the tie lines, also. For this purpose it is handy to have a board of such length that if one end is placed against the center stake, the opposite end will show the proper place to set the tie line.

Tie Spacers—Behind the tie fiddler are two tie spacers. They are usually provided with a rod of the same length as the rail which is to be laid. A wire rope cable could be used to advantage in this work. It should be made three rail lengths or more long, having the tie centers marked on it with white paint. It would be convenient to leave one rail length at the rear end of this rope without space marks and then the tie spacers could always keep out of the way of the rail gang. The rod or wire is laid on the ground with the rear end even with the head of the last rail laid, on the line side of the track. Picks and shovels are generally used by the tie spacers in dragging the ties to center, and line. This practice should be discontinued, however, and tie tongs substituted. They save mutilating the tie, give a firm grip and make it possible to handle ties much faster and easier. The pick

PRACTICAL TRACK WORK

point, (if it is necessary to use a pick) should be stuck in the end and never in the top or side of the tie. The man on the line side pulls the tie to the line previously stretched and the man on the gage side places the end so that it lays square across the grade. In order to keep ahead of the rail gang the tie spacers must space ties for a full rail length while the steel gang is setting up two rails. Four tie spacers may be needed in some cases, in order to keep ahead of the rail gang. Sometimes it may be necessary to dispense with the spacing ahead and do it behind the rail gang on account of lack of time, but it is easier to do the spacing ahead of the rails. The spacers should inspect all joint ties, and if the latter are deficient in size or quality, they should be exchanged for those of better grade. Ties should not be pulled up against the tie line, but should be left $\frac{1}{4}$ inch away, for if allowed to touch the line, some of them will throw a kink in it.

Rail Gang—The rail gang picks up the rail and sets the rear end on the ties, at the same time entering the rail ball into the angle bars hung on the rails previously laid. The head end of the rail is dropped at a word from the heeler, and this movement throws the rail into proper position in the angle bars. The heeler now gives the command "heel" and the rail is pulled backward against an expansion shim. In setting up the line side, the assistant foreman should see that the rail is set as near as possible to its correct line as shown by the fiddled chalk marks on the tie; the gage rail should also be placed approximately in the correct position. If this is done, scarcely any ties will have to be lined up by the line spikers, the work of the gaging spikers will be reduced to a minimum, and the track will require but little lining. The assistant foreman should carry a wooden rail square, and

PRACTICAL TRACK WORK

test every third or fourth joint to see if either side is running ahead.

Gage Man—The gage man carries a rail laying gage, which has projections to engage both sides of each rail head, holding the rails either from spreading or narrowing. Such a gage can be made from a wooden strip by nailing two blocks across it at each end with space between each pair of blocks for the rail head. A nipper is provided to help set up the rail and put them in their proper places in the angle bars. He carries a bar to raise the angle bars or rails, as necessary.

Strap Hangers—The strap hangers use short handled wrenches, these being handier and permitting faster work than those with long handles. Just as soon as the rail is set up, the strapper hangs a pair of angle bars on the head end. As the next rail is heeled into place, he puts in one joint bolt, and after giving the nut a few rapid turns, goes ahead and repeats the operation. Two bolt tighteners follow and turn up the nuts which the strap-pers have started. When the rail gang is not setting up rails, the strappers may work ahead, hanging the angle bars on the rails before they are picked up by the steel gang.

Peddlers—The joint plate peddler places the joint plates under the rail in the proper position for spiking. The spike peddler distributes four spikes for each tie and the bolt peddler enough bolts and nut locks at each joint to finish bolting in full. These two men should work together and help each other whenever necessary.

Head Line Spikers—Before spiking a tie, the nipper on the head gang of spikers should see that the outside of the base of rail is nearly in line with the chalk line marks on the tie. If it is not in line, he should move the

PRACTICAL TRACK WORK

rail over approximately to correct position with his nipping bar.

The outside line spiker sets the outside spike on the fiddled mark and gives it one heavy blow with a spike maul. The nipper then raises the tie up against the rail with a bar, using the nipping block as a heel. This operation shoves the tie over until the line spike sets snugly against the rail, and consequently the tie is in its correct position with respect to the rail. The inside spiker then sets his spike and both spikes are driven. The gage liner throws the rail to correct gage and holds it there while the gage spikers drive their spikes. Old experienced spikers can save a good deal of time by starting each other's spikes. After one man tacks his spike in a vertical position, the other spiker swings his maul across the rail and hits it a sharp blow, instead of waiting for the man who has set the spike to raise up and swing his maul.

The tie plate peddler distributes plates for every tie. This work should be done in such a way as to avoid delays, keeping the back spikers always supplied.

High Spikers—If the head spikers do not have time to completely drive their spikes home, a couple of spiking gangs, called high spikers, should follow along and drive each spike home, unless tie plates are to be used. In the latter case the plates are inserted and the rest of the ties are spiked, then the spikes partially driven by the head gang are withdrawn and tie plates inserted.

Disposal of Spikers—Spiking gangs work in pairs. The head pair spikes every third tie, the second pair takes the tie just behind and the third pair spikes the remaining tie. If the face of the tie does not afford a good even bearing, the gage spikers must adz off the part beneath the rail. In having the gangs spike every third tie (or

PRACTICAL TRACK WORK

every fourth if there are sixteen spikers), there are the following advantages: (1). Twelve to sixteen spikers may be kept working in a distance of 60 ft. or less, and being close together can be easily supervised by the foreman; (2) each gang of spikers must do as much work as the head spikers, or fall behind (it is easy in this manner to discover an unwilling or incompetent man); (3) by putting the best gangs in the lead on each side of the track, a greater amount of work is accomplished. In the older methods where each gang spiked a rail length in full, the spikers frequently became scattered over a distance of 200 to 300 ft. Since it is necessary for the foreman to watch every spiker to be sure that spikes are driven perpendicularly and uniformly on the corresponding edges of the ties, it is very necessary that the spikers be kept close enough together so that he (the foreman) always has them under his immediate supervision. Before gaging the rails at joints, the bolts should be tightened in order to prevent bad gage or lips.

Back Bolters—The back bolters bolt the joints in full and turn up each nut as tightly as possible with an ordinary track wrench. Since back bolting requires little skill and only ordinary strength it is a good place to start in green or inexperienced men. If pipes are used on wrenches to give greater leverage, the bolts are likely to be turned up so tight that the expansion cannot run, and sometimes the nuts will be twisted so hard that the bolt will be twisted in two and has to be thrown away.

Tool Man—One of the most important men on the gang is the tool man. If a good trustworthy laborer is selected for this position, he may save the foreman much trouble. He is held accountable for the number of tools on the work each day, and also for the tools in the boxes. The

PRACTICAL TRACK WORK

condition and supply of tools is left entirely to him and in case any are in bad order it is his business to exchange them for good tools. If necessary he must use his own ingenuity in repairing those on hand or "borrowing" from other gangs. A live tool man will be on the lookout and know when new tools arrive on the job and thus be sure of obtaining his share. Although little hard work is required, a tool man should be chosen who is industrious, reliable and intelligent; in fact he should be one of the best trackmen in the gang.

Assistant Foreman—When setting up rail, the assistant has charge of the steel gang, strappers, tie spacers, and the fiddler. If these men are able to run far ahead of the spikers, setting up rail can be discontinued and the rail gang organized into spikers, bolters, etc. The assistant foreman is held responsible for proper expansion in the track, and must be careful to use shims of the proper thickness. Proper expansion cannot be secured if the rails are set up loose and the angle bars left off. It is really easier to hang the angle bars and apply the joint splices when laying, and this method is the only one which will insure correct expansion at the joints.

Before setting up the rails they should be measured carefully with a steel tape or wooden rod, and the longer ones marked. When joints run behind on one side, the long rails should be used on that side until the joints again come to their proper relative positions. Thicker expansion shims should never be used to square up joints. In laying track with broken joints, which is the more common practice on both tangents and curves, the question of the relative position of joints is not so important, though even here it is necessary to give the matter careful attention. However, if a joint lacks 6 in. of be-

PRACTICAL TRACK WORK

ing opposite the middle of the opposite rail, no harm is done. If matched or even joints are not square the joint ties will be badly slewed. The rail square will not indicate the exact relative position unless the rails are nearly to line and gage. A small kink on the line side may throw the gage end of the square an inch or more from the proper position.

Foreman—The foreman should instruct his assistant as to the proper expansion shims to use, and when to change to a thinner or thicker size. The temperature of the steel is what should govern and not that of the air. The temperature of the steel in general, lags below the air temperature in the morning, and is higher in the afternoon. If a sub-grade is rough and uneven, a greater allowance should be made, as the track will shorten when brought up to surface. The track laid should be lined at the end of each day to prevent shortening, as that laid in one day will move ahead when the short kinks are lined out; if lining is neglected for several days, the weight of the track becomes too great to move ahead, and all lengthening caused by kinks being straightened out, will be made up by a decrease in the expansion at the joints.

When laying rails from a flat car, the layers of rails below the top are likely to be far below the temperature of the air or the top layer of rails. Constant attention should therefore be paid to the temperature of the steel being laid in this manner.

In case the number of men is too small to make a well rounded organization and produce finished track at one operation, the organization at the front must be kept complete at the expense of the back work. Then after a

PRACTICAL TRACK WORK

number of rails have been laid, the gang can be broken up and taken back to finish up the work.

The foreman is responsible for both the quantity and quality of work done. He must organize the gang, and be ready at any time to make changes required when some of the laborers are absent. If a number of men leave at the same time and new men are not available, the whole gang must be reorganized. As the assistant foreman's time is constantly taken up with the rail gang, the foreman must supervise the spiking and back bolting as well as inspect the work of the assistant foreman, as he is responsible for everything done by the gang. Assistant foremen are sometimes appointed through favoritism. This rarely, if ever, results satisfactorily, for such an assistant is likely to be overbearing and incompetent, realizing that it is impossible for the foreman to discharge him. With such an assistant discipline is hard to maintain; and without discipline and organization a gang cannot be efficient.

Anti Creepers.—Anti creepers, whenever they are necessary, should be applied when laying track, as it is easier to prevent than to stop rail creeping.

(1) Laying Track with a Rail Car—When it is only necessary to lay a short piece of track, say less than a mile, an iron car may not be provided and an ordinary dump car must be used. When carrying both ties and rails, just enough ties should be taken in a load to quarter or third tie the track. Eight or ten rails can be carried, and they should be placed 4 or 5 on each side of the car as near the edge as possible. The ties are loaded on top of the rails, and the car is pushed ahead by the men.

When the car reaches the front, all the laborers work-

ing with the car help distribute the ties ahead, spacing them by eye. It is better to make the spacing for the first rails rather wide, so that there will be plenty of ties to reach as far as the rails will extend. Angle bars, spikes, and bolts, in sufficient quantity, can be carried in the middle of the dumpy between the rails. The angle bars are hung and the rails heeled in when set up. If the footing is good, the rail gang should pick up the rail bodily, step back from the ties, and carry it ahead. In general, spiking is not necessary ahead of the car, the rail laying gage at the end being sufficient to hold the track for the passage of the car. The spikers should, however, follow the car as closely as possible so that there will be no derailments on the return trip.

(2) Use of Rail Car, With Teams Hauling Ties—The method of carrying both ties and rails on the steel car is seldom used where continuous track laying is in progress, it being quicker and cheaper to distribute the ties by teams. Good judgment is required when distributing ties in this manner. To unload the ties in such quantities that the teams can get them to place on the grade with the shortest possible haul requires careful planning and ceaseless supervision. Many problems are caused by rough country, streams, etc. The wagon boxes are usually removed and the ties loaded directly on the wagon sills. This places the load lower, lessens the likelihood of tipping, and makes it possible to turn the empty wagon around on a very narrow grade. Difficulties are caused by long high fills and deep narrow cuts. All these conditions must be met by the foreman by building temporary tie bridges over streams or gullies, by making detours, and in some cases by only partially tying ahead and full tying after the track has been laid. On long high fills or

in narrow cuts, the ties may be unloaded and piled lengthwise along the sides, leaving the center for the use of teams; or the ties may be distributed and spaced across the grade beginning at the far end of the cut or embankment.

The rail car should be light and strong, and have wide flanged wheels. Two or three rail cars must be used where rushing the work, the loaded cars passing the empties by tipping the latter up on edge at one side of the track. A temporary portable turntable has also been used for passing rail cars.

The steel gang should always be kept at the front in order that the work may proceed rapidly; if two or more cars are used these men should not have to do more than push the empty car back a short distance to meet the loaded one. As very few spiked ties are required to hold the track to gage for a rail car, the use of bridle rods is hardly justified.

(3) Use of Engine and Flat Car With Tie Teams—This method is not generally used where there is a long stretch of track to lay, but with a good organization, rapid progress can be made in laying short stretches of track. The ties are distributed by teams as in the method mentioned above.

Two flat cars of rails may be taken out at one time, if a half dozen rail dollies are available. The rail is picked up and placed on the dollies, one of which is at the head end of the car, and the rail is run ahead. The steel gang grabs the rail as it runs forward, and walks ahead, the heelers taking the end of the rail as it leaves the car. The rail is then heeled in. If the track is being laid broken joints, the men will have to carry each rail ahead

PRACTICAL TRACK WORK

a half rail length. When all the rails on the first car have been laid, the dollies are placed in a line on the empty car, with several on the loaded car, and the rails are dollied across the empty car. Consequently more men are required when working from the second car.

The strap hangers, spikers, and the rest of the gang are organized the same as for a track laying machine (described below), or a rail car.



Fig. 9—Hurley Track Laying Machine.

Hurley Track Layer.—The Hurley Track Laying Machine is made up as follows: The pioneer car, 8 cars of ties, and 4 or 5 cars of steel. The power for moving the train is furnished by the machine itself, no locomotive being required during the process of laying track. One of the engines on the pioneer car is connected by gears to the axles, the engine being low geared, and the machine keeps up a steady movement without stop-

PRACTICAL TRACK WORK

ping, as long as the rails are being laid. The speed of the machine is adjusted to keep pace with the men, or rather it sets the pace for the men.

Dead rollers are placed on the car floor on each side, the ties being piled on longitudinal stringers, 7 or 8 in. above the floor, leaving space for the rails to pass under them. When starting on a new train load of material, rails from the first car are rolled into the rollers one at a time. The first rail is shoved ahead or pulled ahead by cables, a second rail is placed on the rollers, and the angle bars are put on loosely with one bolt in each rail. The two rails are then pulled ahead, a third one bolted up, etc., until the string of rails reaches the pioneer car. Here the rails are run between two compression rollers, operated by the engine, which pull the two strings of rails ahead. The rail men supply rails constantly. Angle bars and bolts are loaded on the ends of each car of rails.

The ties are rolled down onto the rail, starting with the car immediately behind the engine, the ties being spaced by eye. Thus the rails provide the means for moving material to the front, including ties, angle bars, bolts and nut locks.

The ties are carried along by the rails until the pioneer car is reached; here they are caught by an endless chain and conveyed up over the top of the trusses (which project 40 to 45 ft.). The ties are dropped in place one by one on the subgrade ahead of the rails. At the front of the machine the rails are uncoupled, leaving a pair of splices at the head end of each. The rails are then gripped near the middle by a pair of tongs, lowered to the ties by steam hoists, and heeled into place by 2 or

PRACTICAL TRACK WORK

3 men. The bottom of the trusses is 8 ft. above the grade. The track is usually held to gage by bridle rods until the machine passes, and all spiking is done in the rear. The flat cars must be prepared for use by placing rollers at each corner.

The material train changes the empty cars out for a new train during the dinner hour. The machine being geared low, does not start hard or become stalled as easily as if dependent on locomotive power, but a locomotive is necessary on very steep grades. The organization of the force ahead and on the machine is about as follows:

- 8 men connecting rails on the rear car.
 - 7 men on the tie car rolling the ties onto the moving rails (includes the tie fiddler).
 - 2 men at the rear of the machine keeping ties straight as they start up the incline.
 - 1 man inside of the machine taking the bolts out of the angle bars.
 - 1 man on the platform in the truss applying tongs to the rails.
 - 2 strappers.
 - 1 heeler.
 - 1 man with a bar throwing the rails to line.
 - 1 man taking the tongs off the rails.
 - 5 bridle-rod men.
 - 2 men spacing the ties in front of the machine.
 - 1 man ahead of the machine with the tie line.
-
- 32 laborers.
 - 1 assistant foreman.
 - 1 foreman.

The tie men ahead of the machine use tie tongs to line and space the ties, which require but little moving after being dropped on the grade. The rails are lifted onto the dollies by a small hand-power crane which is set up in the stake pockets; this hoist is operated by two men, the rails being dropped on the dollies without any lifting by hand.

PRACTICAL TRACK WORK

The bridle-rod men place the bridle rods on the rails ahead of the machine. The rest of the force, ahead and behind the machine, is organized the same as and performs duties similar to those described at the beginning of this chapter.

The Roberts Machine—The following description of a Roberts track laying machine (written by C. L. Van Auken for Railway Engineering and Maintenance of



Fig. 10—Roberts Track Laying Machine.

Way) applies when carrying material for one mile of track.

The train carrying the machine is made up as follows, beginning with the "pioneer car," which always remains at the front. Immediately behind that are 8 cars of ties, 5 cars of rails, then the locomotive, and next comes a car of tie plates when they are used, the "trailer," which is a car carrying spike, bolts and base plates, a car of plank for crossings, a car of cattle guards, a tool car and a way car. This makes 20 cars and all are flats except the two last mentioned. (See Fig. 10.)

The first car of rail behind the pioneer is "trimmed," that is on it is loaded angle bars enough to lay the

PRACTICAL TRACK WORK

amount of steel carried on the train. The angle bars are carried forward over the pioneer car and delivered as needed to the "strap hangers" in front. The rails beneath the angle bars are the last ones laid from the train; the angle bars will, therefore, be cleaned off by the time these rails are needed. The car next to the locomotive carries short lengths of rail, used to prevent joints from coming close to ends of bridges, etc.

A system of trams, one on each side of the train, is used to carry the ties and rails to the front. The trams are made in sections, each 33 ft. long, the sides consisting of $2\frac{1}{2}$ x 10 in. planks. The tie trams are 14 in. wide, and rail trams are 12 in. wide, and they are held together by bolts on which are pipe separators. Near the bottom are live rollers, which complete trough shaped ways for ties and rails.

A 20 H. P. upright engine, installed on the pioneer car, drives the live rollers in the trams by means of a tumbling shaft and gear or cog wheels. Steam for the stationary engine is piped from the locomotive. The shaft is fitted with "patent couplings," on one end of each section of which there is a casting containing a square socket into which the end of the next rod fits. Each length has a section of the shaft bolted to it, and as the trams are hung the rods are fitted together, thus forming a continuous shaft. The trams are "hung" on iron brackets or trusses which hook into the stake pockets on the cars. The trusses are made with flanged rollers on which the trams are placed, thus taking care of the slack of the train in starting and stopping. The trams have a coupling device which holds them to-

PRACTICAL TRACK WORK

gether, the ones on the pioneer being permanently fastened.

The tie trams, 660 ft. long, are operated on the right side of the train, while those for the rail, 240 ft. long, are on the left. The movement of the ties and rails is controlled by the "dinky skinner," i. e. the stationary engineer, so as to deliver them in front of the train as needed. A tie chute 53 ft. long provided with dead rollers is attached at the front end of the tram on the pioneer, and through this chute the ties are pushed by the ones coming forward over the live rollers. As fast as they are delivered at the end of the chute they are taken by the "tie buckers" and placed across the grade ready for the rails.

A similar chute attached to the rail tram provides a way for delivering the rails in front of the pioneer. These chutes are supported at the outer ends by cables attached to the rear end of the pioneer car, and carried up over a high frame work or "gallows" at the front end. A boom, also attached to the front end of the pioneer car, extends far enough ahead to have the cable attached to it reach the middle of the rail when placing it in position in the track. This cable is operated by hand with an ordinary crab. Instead of cranks, a small light buggy wheel is used by the operator to wind up the cable, which lifts the rail and holds it while the "heeler" and his assistants place it in position. (A newer device handles the cable with compressed air.) The rails are placed in the trams by three men, and are handled in front by four men. One man on each car places the ties in the trams. The spikes, bolts and base plates are peddled from the trailer as the train proceeds.

PRACTICAL TRACK WORK

The rails are held to gage by bridle rods until the train passes over, all spiking being done in the rear. The train moves ahead one rail length at a time, when laying square joints, and half a rail length when laying broken joints. The trams are taken down when the cars are empty and replaced on the loaded cars when a new train arrives; 100 to 125 men are required for a full crew. Under ordinary conditions a mile of track is laid in from three to four hours. The force ahead and on the machine is organized about as follows:

Organization of Forces.

Tie buckers.....	10	Angle bar peddler.....	1
Tie spacers.....	2	Bolt peddler.....	1
Tie fiddler.....	1	Rail men on cars.....	6
Rail buckers.....	8	Tie men on cars.....	6
Strappers	2	Bridle man	1
Bridle men.....	2		
Line man.....	1		42
Tie line man.....	1		

The force back of the machine is organized as spikers and bolters. Track must be kept one-third to one-quarter spiked, close up to the machine, to provide for the return of the empty train. One locomotive is required with the machine, and sometimes more than one on ascending grades. The rail buckers take the ties as they come out of the trams lengthwise, and carry them ahead to their places on the roadbed. The men on the cars roll rails and ties into the trams in proper number. The organization of the rest of the force is similar to that described at the beginning of this chapter.

Cost of Track Laying with a Roberts Machine—The author and Charles L. Van Auken contributed an article to *Engineering and Contracting* giving the cost of laying 42 miles of track during 1913, from which the following is extracted:

PRACTICAL TRACK WORK

Tabulation of Costs.

Overhead charge on machine (interest at 6% depreciation at 10%) estimated.....	\$ 100.00
Dinky skinner, 2 1/6 months at \$100.....	210.00
Timekeeper, 2 1/6 months at \$85.....	177.00
Locomotive and crew, 65 days at \$40.....	2,600.00
Supervision and labor.....	8,710.00
<hr/>	
Gross total.....	\$11,797.00
Force account, or extras allowed.....	280.50
<hr/>	
Net total.....	\$11,219.00
Average net cost per mile.....	280.50

The rail used was 33 ft., 90 lb. rail laid square joints on tangents and broken joints on curves. When a curve was reached a rail was cut to break the joints, the cut being figured so that if the short part was used on the inside of the curve at the start, the long part would square up joints when used at the point of tangent on the outside rail of the curve. The specifications stipulated that joints must not be laid within 4 ft. of the ends of bridges and culverts. To avoid cutting rails to meet this condition, fractional steel (short rails) was loaded on the "trimmed" car and when approaching a bridge the distance was measured, and if found necessary a panel or more of short length rails was used to bring the joints the desired distance from the end of the bridge. In laying through yards where sidings were located, the main line was laid through regardless of the switches, and when the switches were put in, they were laid as near to the engineer's location as possible without cutting the main line rail. The fractional steel, a certain amount of which is sent with every large order for rail, was laid between the switches on the main lines through the station grounds. As a rule the sidings are all laid with relieved rail, the work being done by hand.

PRACTICAL TRACK WORK

The rail was laid on white oak ties, spaced 18 to 21 under a 33 ft. rail on tangent, and 19 to 22 per 33 ft., on curves. The joints were ordinary four-bolt angle bars with spring nut locks. The heads of the bolts were staggered, i. e., bolts were put in with the heads alternately on the inside and outside of the rail. The number of ties per rail length was varied, 18 broad-faced ties being used, or 21 narrow-faced ties, on tangents.

The scarcity of costs on track laying make definite comparisons impossible. The cost of laying track, with an iron car on the Erie R. R., in 1905 and 1906, was published in an article by H. C. Landon, in the Erie R. R. Employees Magazine. The cost was said to be \$200 per mile. The cost of labor and supervision was as follows, for a gang of 60 men:

1 foreman at per day.....	\$ 4.00
2 assistant foreman at, per day.....	3.00
Locomotive and crew at, per day.....	40.00
61 men at, per day.....	1.50
1 water boy at, per day.....	1.25

The average cost of labor in the 1913 work described herein was 58% above that of the 1905 work; while the cost of track laying in the 1913 work was only 40% above that given for 1905. It is probable that the steel laid in 1905 was a much smaller section, and that soft ties spaced at wider intervals were used. It is safe to say that with the present average of railway company labor, it would be impossible to lay track for less than \$350 per mile, and the cost is at least \$400 in most cases.

The Harris Track Layer—The Harris Track Layer consists of a narrow-gage track in the middle of the flat cars on which the rails are loaded. This track rests on timbers about 7 ft. apart, with a rollway between for transporting the track rails to the pioneer car. The ties

PRACTICAL TRACK WORK

are run out to the front on a tram car. Short sections of rails, fitted at the end with self locking clamps, are used between flat cars. These rails are dropped in place when ready to lay track.

The rail cars are placed next to the pioneer car, and rails are loaded in two piles, one on each side of the car just outside the narrow-gage track. The track and rail dollies extend about 20 ft. ahead of the pioneer car, being supported by cables running over a gallows frame near the front of the car. The cross stringers protrude a foot or so over the edge of the cars, and support a plank runway on either side, which is clear of all material, and which is provided for the men loading ties and for the men pushing the tie car.

The narrow-gage tie car used to move the ties ahead has high wheels with the car frame also mounted high so that the ties will clear the rails which are piled on either side. A tie loading trestle is used upon which the ties are loaded while the tie car is being pushed ahead with a load. The car when brought back empty is run under the tie loading trestle, and the car automatically trips the load onto the car frame, and the men then start forward again.

The tram-car body is built in two parts, the upper sliding on the lower. On reaching the end of the track the car runs against a timber stop, the upper frame slides forward on the lower for a distance of about 30 in., thus overbalancing the load, tipping the frame forward, and dropping the ties across the road bed. A "trestle dolly" mounted on a frame work about 4 ft. high, is used ahead of the machine to roll the rails forward on after they leave the pioneer car.

PRACTICAL TRACK WORK

Four men load the tie loader, and 3 or 4 men push the car. The usual method is to have the same men at the front distribute both rails and ties. A locomotive moves the machine ahead after each rail (or pair of rails) has been set up. The other work and organization around the machine is similar to that described previously.

Drummond Track Layer—The Union Pacific R. R. has used a Drummond Track Layer for laying new track,



Fig. 11—Drummond Track Laying Machine.

the process being described and illustrated in one of the instruction papers issued by the Educational Bureau of this road. The train is usually made up of the pioneer car, three rail cars, seven tie cars, a locomotive, and a car of trimmings including spikes, bolts, nuts, nut locks and tie plates. An illustration of this track laying machine is shown in Fig. 11.

Ties are carried ahead by small tie cars, running on a narrow-gage track which is supported on stringers pro-

PRACTICAL TRACK WORK

jecting out beyond the right-hand side of the cars. A switch on the pioneer car allows the loaded tie cars to pass the empties. The track is extended 20 or 25 ft. ahead of the pioneer car and supported by cables swung from a frame bent. Rails are pulled ahead on dollies on the opposite sides of the cars, the dollies being outside the edge and supported on the protruding stringers. The men are distributed as shown in the table.

Organization on Drummond Track Layer.

- 4 men loading tie cars.
- 5 men pushing tie cars to front.
- 10 men laying and spacing ties.
- 2 men lining ties.
- 2 men placing rails on dollies.
- 12 men handling rails with tongs.
- 1 handy man.
- 6 men distributing spikes, bolts, nut locks, and tie plates.
- 2 men spacing ties behind the machine.
- 12 spikers.
- 6 nippers.
- 2 liners.
- 2 water carriers.

72

Use of Derrick for Laying Track—In the Union Pacific instruction paper mentioned above, a method of track laying is described which is somewhat as follows: The train consists of one car of rails (trimmed), a derrick, a car containing switch material, bolts, spikes, nut locks, etc., a locomotive, a car of tie plates, 3 or 4 cars of ties and a tool car. The derrick rail unloader is operated by compressed air from the engine and it unloads the rail alongside the rail car. The rails are carried ahead by 16 to 20 men using rail tongs. Bridle rods are generally used, and spiking is done in the rear. Teams deliver enough ties ahead to hold up the track.

PRACTICAL TRACK WORK

It would seem that, where a rail derrick is to be used, the ties having been distributed by teams, the derrick could be arranged so as to lay the rails directly on the ties. The derrick car could be placed ahead and the rail car next to it. The rails could then be picked up, having guide lines hooked at each end, the derrick boom could be raised fairly high, swung through an angle of 180 deg. and the rail lowered on the ties. The derrick boom for this service would have to move rapidly, and the men handling the ropes, two on each side, would have to be intelligent and expert. Four men could be spared from the rail gang for this work, because the rails could be located within a foot or so of where they belong instead of having to be carried ahead 40 ft. Much time could be saved since it requires several minutes to carry a rail 40 ft., to say nothing of the hard work imposed on the laborers.

Conclusion—The methods of track laying with the different machines vary but little. The advantages of using a track laying machine are mainly economy and efficiency in handling material and rapidity of track laying. A saving of at least \$50 per mile is possible and in most cases the saving would be \$100 to \$150 per mile.

CHAPTER V.

BUILDING SECOND TRACK.

Double Tracking—Building a second track or “double tracking” is simpler than building a track over a new line, because the new material can be distributed from the old track. Conscientious care and painstaking trouble are justified in the distribution of material. When unloading ties, the number of rail lengths or telegraph



Fig. 12—Brown Rail Unloader.

poles the train covers should be counted up, and the train moved ahead the same number of rail lengths or telegraph poles for each spot. The number of ties necessary for that distance can be figured out and this number unloaded each time the train stops. A couple of extra ties should be thrown off at each spot to take the places of unsound ones.

Distributing Track Material Accurately—Accuracy in

PRACTICAL TRACK WORK

distributing spikes, angle bars, bolts, nut locks, and rails is also highly repaid. Reference tables of the number of bolts, spikes, etc., in a keg, are given in the Appendix. In using these tables it is necessary to know the sizes of spikes or bolts; these are marked on the kegs.

Unloading Rails by Hand—Unloading rails by hand, especially from stock cars, is slow and laborious. This fact as well as the danger of rails breaking in cold weather, has led to the development of several ingenious methods of unloading rails. When unloading from flats in warm weather, many track men consider it safe to shove the rails over the edge of the cars, using a gang of 4 to 8 men with rail forks, or 8 to 14 men with shovels. This method should not be used in the winter time when the rails are cold and brittle and the ground is frozen hard. Under these conditions, skids, a rail derrick, or some other means should be provided.

Rail Derrick—For unloading heavy rails portable derrick attached to the sides of cars have been used. Six men only are required, and rails can be unloaded at the rate of one per minute. The derricks are light and can be easily transferred from car to car. They are set up in the stake pockets.

Unloading Rails from Flat Cars—When flat cars are used, the rails are sometimes hauled off the rear over dollies, using cables as described below under V-frames.

Mr. A. M. Clough in the Maintenance of Way Bulletin, March, 1913, described a very ingenious arrangement of skids for unloading rails and also an improvised derrick for loading. The derrick was built of parts of an old wrecker fitted with an extension boom of two 30 ft. rails. (Fig. 13.) This machine takes care of all rail loading

PRACTICAL TRACK WORK

and unloading on the division. A loading speed of 4 rails per minute can be attained.

The skids for unloading fit into the car pockets in the ordinary manner, and reach clear across the adjacent track. (Fig. 14.) The skid rails are chained together and the front skid is chained to the car ahead of the one being unloaded in such manner that the skids are dragged along perpendicular to the car, when the train



Fig. 13—Improvised Rail Derrick with Old Rails for Boom.

moves. The skids slide on the rail and require no attention when the train moves. When necessary to clear the track, which is protected by flagmen, the skid rails are uncoupled, the car is moved ahead, and the skids swing around clear.

To retard the speed down the skids, oak strips are bolted along the side and are made to project high enough to retard the rail. As the wood wears off, the strips are raised a little, the bolts being in slotted holes which allow of this adjustment.

PRACTICAL TRACK WORK

V-Frames—A V-frame is made by bending a short rail in the shape of a V, after removing about 12 in. of the web and flange at the middle. The outer ends are bent horizontal so they will rest on the track rails, and the V is inverted and placed in position on the pin in draw bar, as shown in Fig. 15. Two plates are riveted on the bases of the V rail to form shoes which slide on the track rails. The knuckle is removed from the coupling



Fig. 14—Ingenious Use of Skid Rails.

and a round pin with a high head is inserted to hang the V on. The V-frame is used for unloading out of the end doors of stock cars.

Two wire ropes or rope cables are provided, about 20 ft. long, each having a hook in one end to insert in the bolt hole of the rail, and a loop in the other end. The hooks are inserted in two rails, and the rope is anchored by means of bars, stuck through the loops and driven into the ground back of a tie, outside of the rail. When the train starts up the two rails are dragged out

PRACTICAL TRACK WORK

of the car, toward opposite sides of the track. When the end of a rail next the car falls, it slides down the V-frame and outside of the rail. The train then stops, backs up a little, and the operation is repeated. Two

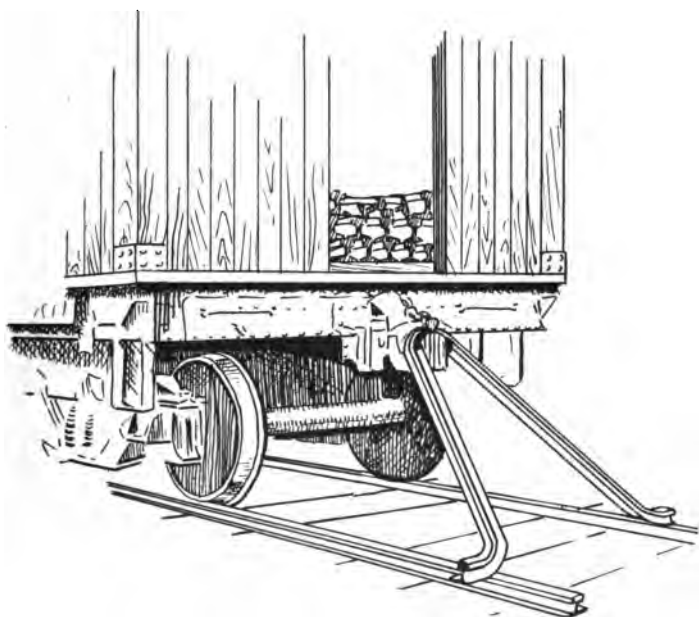


Fig. 15—V-Frame for Unloading Rails from Stock Cars.

men are required for the anchor (lining) bars, 6 in the car, and 2 straightening up the rails.

Placing Rails—The advantage of accurate distribution of material can hardly be overestimated in building second track. While waiting for trains, when distributing material, the gang should be kept busy setting up rails end to end to insure correct distribution; and if the grade is finished the ties can be distributed on it and spaced

PRACTICAL TRACK WORK

during such intervals. The time between trains, which otherwise would be wasted, is thus used to place the material so that track laying will be facilitated.

Organization for Laying Track—Whenever time is available, the ties should be distributed on the grade, and lined and spaced. After this work is done a track gang of 48 men could be organized as follows:

Tie fiddler.....	1	Spikers	12
Tie spacers.....	2 or 4	Tie nippers.....	6
Steel gang.....	12	Gage liner.....	1
Gage man.....	1	Back bolters.....	2
Rail nipper.....	1	Tool man.....	1
Strap hangers.....	2	Water boy.....	1
Strap tighteners.....	2		
Joint plate peddler.....	1		48
Spike and bolt peddler.....	1		

The assistant foreman should carry a light wooden rail square and test every third or fourth joint to see if either side is running ahead.

Setting Up Rails—The rail gang men use rail tongs, instead of handling with the hands as in laying track on a new line. Usually the heeling in is done with the tongs, although the same method may be used which is described in Chapter 4. Rail tongs should be of uniform make, with distance from handle to rail hook the same, for if this is not the case some of the men will carry an excessive weight, and others practically none.

The rest of the force is organized and performs duties similar to those described at the beginning of Chapter 4. Before spiking a tie, the nipper on the head gang of spikers should see that the outside of the base of rail is nearly in line with the fiddled chalk mark on the ties. If it is not in line, he should move the rail over approximately to line with his nipping bar. This point is important enough to bear frequent repetition here.

PRACTICAL TRACK WORK

Tool Boxes—A very handy way of taking care of tools and surplus material, in double tracking, is to put the tool boxes on a push car or dumpy on the track which is being built. The tool man can shove the car along as the work advances. He can take out the shims and pick up scattered tools and light track material, loading them on the car. In this manner excess tools and materials are kept conveniently at hand for emergencies. The dumpy should be securely locked to the rails each night, using a heavy chain and padlock.

Lack of Men—In case the number of men is too small to organize completely for all the necessary operations, such work as peddling material, fiddling and lining ties and hanging angle bars on rails can be done before starting to lay track. Spiking can be partially done while setting up the steel and back bolting can be done after the steel is set up and gage-spiked. Track should be jointed up and gaged when laying, in order to insure correct expansion. If rails are set up and the angle bars not put on, it is impossible to keep some of the expansion shims from falling out, and the ends of rails are likely to run past each other and necessitate shifting a number of them when jointing up. Before gaging, joints should be thoroughly tightened in order to prevent bad gage or lips.

The remarks in Chapter 4 about allowing more expansion on uneven grades and in sags, and lining up track each day, apply with equal force to laying second track.

CHAPTER VI.

RELAYING TRACK.

General—A competent foreman should be placed in charge of relaying track. Good gang organization is necessary because the work must be done in a limited time and traffic must be maintained.

Track materials for relaying should be distributed carefully, but the methods do not differ from those described in Chapter 5. The necessity for correct distribution, however, is more apparent, as the time for laying rails is limited to the time available between trains. Time lost in redistributing materials not only cuts down efficiency, but is likely to cause delay in closing up the track for trains.

Relaying track differs essentially from laying new track, in the following ways: (1) The old rail must be loosened and thrown off its seat before a new rail can be placed; (2) the ties are already distributed and embedded in the ballast, thus presenting a smoother surface for the rail than ties laying on a new grade; (3) every tie must be carefully adzed where the base of the new rail is to lie; this is necessary because the old rail will have cut into the ties and also because the new rail is usually heavier and has a broader base than the old rail; (4) relaying is generally done under traffic, that is, between the scheduled time of regular trains, and the time the track can be put out of service is limited.

The successive steps in relaying must be accomplished expeditiously and the gang should be so organized that

PRACTICAL TRACK WORK

the gap between unspiked old and new rail be as short as possible, say not to exceed 150 ft. Since the time during which the track may be used for the actual work of relaying is limited, everything possible should be done beforehand that will reduce or expedite the work to be done after the track is cut.

Two general methods—Two general methods are used in relaying, which are briefly as follows: (A) A string of rails as long as can be laid in the time available between trains is bolted together on the outer ends of the ties before the track is cut; when traffic allows, the spikes are drawn from the old rails, a joint is broken, and the string of old rails is lifted over the new ones and thrown out by the liners, the intermediate joints being disconnected at leisure; the new string of rails previously connected, is lined over in place and then spiked. (B) The old rail is thrown out and the new rails set up one at a time by the rail gang, then bolted and spiked.

There are two disadvantages in using method A: (1) It is difficult to keep the joints in their proper relative positions and to keep the expansion right; trouble with expansion is most serious on curves, because one side is thrown inward and tightened up and the other is thrown outward and loosened up; (2) ballast is carried in between the rails and ties, preventing a solid bearing. The first method has the advantage of reducing the time the track is held open, but the amount of preliminary work is greatly increased.

Method B does not have the objectionable features of method A and in general produces better track. In fact most track men now prefer to set the rails in separately, rather than to string them out. In method A the force may be organized to swing out both sides of the track,

PRACTICAL TRACK WORK

or if the force is not sufficient, one side only may be put in, doubling back to finish the opposite side. It is realized that the latter method will not reduce the number of men one-half, as the distance covered laying one rail should be twice as great, requiring nearly the same number. However, it will be found to result in some reduction in the number of men. A small gang, or plenty of supervision with a large one, is of advantage in relaying track, as all laborers must be kept under close supervision to perform good work.

Modifications of Methods A and B—The methods A and B can be modified, according to the size of the gang available, as follows: (the letter in the heading denotes the general method of relaying given above): Method 1-B—Both sides of the track can be set up one rail at a time; this requires a large gang; method 2-A—this method of relaying, lining in both sides at once, rails previously set up on the ends of the ties and jointed, requires the next largest gang; method 3-B—rails may be set in one at a time on one side only; the gang required is nearly as large as that required for method 1-B; method 4-A—lining in one side at a time, with rails previously connected, requires the smallest gang.

The third organization (3-B) would probably permit the foreman to oversee nearly all the details of the work himself. It is important that only short stretches be laid alternately on each side, by this method, otherwise there is danger of the rail joints getting badly out of correct relative position.

A modification of method A has been evolved in which the rails are laid on their sides on the ties just outside of the track rails. The old rails are thrown over the new ones when putting in steel, and but two men are required

PRACTICAL TRACK WORK

to tip the new rails into position. This is an especially good method to be used with a small gang where trains are very frequent, as it reduces the number of men necessary to have when actually laying rails.

At times during the day when rails cannot be laid on account of trains, the time can be put in adzing ties and jointing up track. Jointing up should be completely done, if possible, towards the end of each day, to prevent rails from bunching and joints closing or opening up. The ballast must of course be removed from between the joint ties when moving them to place under the angle bar slots. Generally it will be found necessary to remove the ballast and space four or more ties at each joint .

Adzing—The adzing gang adzes down the shoulder on the ties at the inside of one and at the outside of the opposite rail. The claw bar men precede the adzers, and draw as many spikes as is considered safe. Care should always be taken to leave the ties which are left to hold the track to gage, fully spiked on both rails. Failure to observe this rule on curves is likely to cause a wreck on account of the track spreading, as the ties will move endways in the ballast, being spiked on one end only. Unless the weather is very hot, it is usually safe to pull two-thirds and sometimes three-fourths of the spikes. If the track is only quarter spiked, trains should pass at slow speed, and it is well to maintain an order that all trains should be brought down to moderate speed in territory where rail is being relayed.

Pulling Spikes—It is in general considered the better practice to pull the inner line of spikes when relaying rails of the same size as the old. When heavier rail is being used the outside spikes of one rail should be pulled and the inside spikes of the other. Where the rail is so

PRACTICAL TRACK WORK

large that three rows of spikes must be pulled, on curves it is better to pull all of the spikes out of the inner rail, leaving the outside spikes on the outer rail. It is customary to lay the larger base rail by pulling only two lines of spikes, one on the inside and the other on the outside of the rail; later, the third row of spikes is pulled and the track is gaged by a small gang. When carrying on the work in this manner, it is best not to drive too many spikes on the gage rail, as they must all be pulled again and of course the extra spike holes injure the ties.

During preliminary work all spikes should be removed from joint slots, as they are frequently very hard to pull and cause delay if left until setting up rails. Two men should follow the spike pullers with a spike punch and spike maul, and drive down all stubs. When drawing spikes, a full row should be left against each rail, the old rail being slid out and the new rail slid under the heads of this row of spikes.

Method 1-B—At the time of actually laying rail, the gang could be organized as follows, subject to variations, similar to those mentioned in Chapter 5:

Flagmen	2	Strap hangers	2
Head spike pullers.....	6	Bolt tighteners	4
Hammer men	2	Spikers	6
Head liners.....	6	Back liners.....	2
Head adzers.....	6	Tool man	1
Back joint spike pullers....	1	Assistant foremen	2
Back adzers	2	Foreman	1
Steel gang.....	12		—
Expansion shim man.....	1		56

The gang works in halves, one half on each rail, with the exception of the steel gang and the head lining gang, which perform the work on both sides. The spike pullers draw all the spikes left in the preliminary work on the loosened side of each rail. The two hammer men drive

PRACTICAL TRACK WORK

the claw-bars under the heads of those spikes which the bars cannot grip unaided. If first-class claw-bars are furnished, fairly expert men will seldom need the assistance of the hammer men. If, on the other hand, poor claw bars only are available, six hammer men may be required instead of two, and even then the spike pulling will probably be slowed up.

The liners throw the old string of rails off the ties on either side. One man places a pinch bar under the base of the rail on the side from which the spikes have been pulled, and raises the base of the rail up so that it can be slid out from under the spikes without displacing the ties. On the side of the track from which the inside row of spikes was removed, the rail must first be moved inwards to disengage it from the spikes and then lifted over the spikes.

After the rail is removed, the head adzers complete the adzing begun in the preliminary work. The ties should be adzed low enough on the inside to have the rails set vertical or even canting slightly inward, as the rail tends to cant outward in service.

A back spike puller who pulls spikes where the new joints will come, and two adzers follow the liners. The back-adzers provide a wide bearing on the ties where the new joints are to fall. It is generally easy to determine which are to be the joint ties a rail length in advance of the rail gang, by counting off each time the number of ties per rail length. If the spikes are not pulled on these new joint ties the joint cannot be forced to gage, since the angle bars protrude $\frac{1}{2}$ inch or more beyond the rail base, and consequently would be held out of line. In like manner the spikes which were in the old track joints

PRACTICAL TRACK WORK

will stand out $\frac{1}{2}$ in. from the new rails and so they must be pulled also and new spikes driven at such points.

Entering the rails into the angle bars is simpler than when laying track on a new grade, for the ties form a comparatively level surface. The rail gang sets the rail within 4 or 5 in. of the row of spikes left in the ties, and with one movement slides the rail backward into the angle bars and sideways under the heads of the row of spikes. The work of the strap hangers is easier than when laying new track and does not require as much ingenuity.

Few spikers are needed at the time track is being laid, only about 4 or 5 ties per rail length being spiked, and it is only necessary to spike these on one side of the rail, the old spikes having been left in on the opposite side. The spikers work singly instead of in pairs.

Gaging—If the track does not gage when the rails are placed against the old spikes, it should be gaged at the time of laying, provided a sufficient number of men are available. However, where time is limited, the gage rail is usually spiked temporarily against the old spikes, and gaged later by a small gang which keeps the track safe for traffic while doing the work. If the gage is to be widened, that rail should be used as the gage rail on which the adzing was performed on the outside, regardless of what was originally the gage or line side of the track. If the gage is to be made narrower, the opposite rail should be used as the gage rail. Relayed track should be surfaced and lined after laying; therefore it makes little difference which side of the track is used as the line-side. Where "base-plates," that is, joint-plates, are used, the track *must* be surfaced after relaying; this is necessary, because the new joints will be too high, and the ties where the old base-plates were will be too low.

PRACTICAL TRACK WORK

Failure to surface the track shortly after it is relayed will allow rails to become surface-bent and injured.

Supervision—In general, one assistant foreman has charge of the rail gang, and a second assistant is required to oversee the work of throwing the old rail off the ties. Care must be exercised to prevent some of the ties being caught on the rail by a protruding spike-stub, an inadequately adzed shoulder, or by the binding of the spike head on the opposite side of the rail. Otherwise ties will be dragged out of line and pulled out of surface.

The tool man follows the gang and brings up the push car. He removes the expansion shims at a distance not less than about ten rail lengths behind the steel gang, and loads the shims, together with stray tools and light track material, on the car. If expansion shims are removed nearer than about 8 rail lengths from where the steel is being set up, the rails may be driven backwards by the gang setting up steel and in this way the expansion allowance will be taken up and tight track result. On the push car a pair of switch points should also be carried to be used in making temporary track connections.

Flagging—The foreman must properly protect the track by sending out flagmen. He must arrange the amount of work attempted so as to have the track ready for all regular trains, and the work should progress in a manner such as to cause no greater delay than about 15 minutes to extras. These duties are in addition to those of a track foreman on double track work.

Temporary Connection—To make a temporary connection, a joint in the string of old rails is broken and the switch points are used in the gap formed between the old and new rails. The points should, if possible, be put in

"trailing"; that is, the wheels should pass over from heel to point, otherwise there is danger that a sharp flange may force its way between the point and the track and thus cause a derailment. For a temporary connection to let only one train over, the points can be put in trailing on single tracks. But where the connection will be used by several trains, some of them will probably run over the connection point-on. A screw clamp has been designed to hold the point rigidly against the rail, and these should always be provided where points are put in single track as an over-night connection.

Jointing Up—The track laid at one time should be jointed up before a new piece is laid; in fact it should be jointed up the same day. Sometimes this is hardly possible, however, on account of traffic conditions. If track is not jointed up, the rail may run and cause the expansion to be distributed unevenly. It is very essential that laborers work rapidly during the time that rail is being laid. By allowing the gang a short rest after the track was again connected an increase of 25% in quantity of work done was effected with one gang of laborers.

Size of Gang—A relaying gang should number about 60 men, when laying track under this method. The number of laborers is much more important here than in double tracking, because a track being relayed must be in condition for trains the greater part of the time, while in double tracking trains are not run on the part directly under construction. A gang too small to permit the disposing of a sufficient number of laborers on each detail will accomplish less work per man, and the work will be more arduous for both laborers and foreman.

Method 3-B—When setting in one rail at a time, one side only, it would be possible to reduce the force some-

PRACTICAL TRACK WORK

what, and a connection could be made more easily and quickly, as only one-half the work would be necessary. The difficulty in this method is in keeping joints on one side from running ahead or behind.

If the gang is small, or if there is a shortage of men, this method works out to advantage, for the gang can go ahead a short distance, throw out the rail and prepare the ties for new rails, then they can double back, set up, bolt up, and spike a stretch of track. When the gap is closed, another short stretch on the opposite side may be torn up, or the track may be closed up to let a train go by.

Method 2-B—The organization required when lining in previously connected rails, both sides at once, would be somewhat as follows:

Flagmen	2	Spikers	4
Head spike pullers.....	6	Tool man	1
Hammer men.....	2	Back liners.....	2
Head liners.....	6	Assistant foremen	2
Back spike-pullers.....	1	Foreman	1
Back adzers	2		
Lining gang.....	4 to 6		—
Expansion shim man.....	1		36

Method 4-A—This method, lining in previously connected rails one side at a time, is adapted to a comparatively small number of laborers. The whole gang can go ahead pulling spikes, adzing, and throwing out the old rails on one side, then double back and line in the new rails and spike them in place.

With any method except the first, it is difficult to keep joints from running unevenly. If one side of the track is not laid further than 6 to 10 rails ahead of the other, however, this objection would not be difficult to overcome. Rails should never be strung out around a curve,

PRACTICAL TRACK WORK

as the expansion will be either decreased or increased when the rail is thrown in, due to the lengthening or shortening.

Madden Rail Handling Machines—The Madden rail handling machine consists essentially of a light, but strong steel frame, supporting at the rear end a drum operated by two cranks, upon which is wound the hoisting chain to which the rail hooks are attached. The machine is supported upon wheels designed to run on the track. The two double flanged wheels at the rear are fixed, but the two flat wheels at the front are mounted upon axles which can be swung under the frame when the machine is being used for track laying.

The A-frame supporting the forward part of the machine rests upon the ties when ready to swing a new rail into position, the base of the A-frame resting about 6 in. inside of the rail. A detachable counter balancing lever is provided, having a platform upon which splice bars, spikes, or other track material can be placed to provide the desired counter balancing effect.

To move the machine, two men grasp the handles provided for that purpose and the entire machine is balanced upon the double-flanged wheels and pushed to the desired position. If both old rails are still in place, the machine can be run on the four wheels, either light or carrying a load suspended from the hoisting chain. Three men are required to operate this machine.

The Haddix Rail Handling Machine—The Haddix machine consists of a derrick mounted on a three-wheel car, designed to be operated by a gasoline engine or hand power, as desired. This machine differs radically from others, in that it is designed to operate on the rails which have been thrown out of the track. The three

PRACTICAL TRACK WORK

wheels are double-flanged, and the third is free to move in and out on a long axle, as the distance between rails becomes greater or less. The car can be operated as well on a varying gage as on a uniform gage.

If in relaying it is desired to set up both sides at the same time, the car is placed on the old rails which have been moved out to the edge of the ties. If setting up only one side of the track at a time, the third wheel is at such a distance back of the head wheel on the opposite side, that the derrick boom will reach to the middle point of the rail ahead. Thus the car can operate on the old rail one side, and on the new rails on the other side. The feature of a wheel movable crossways on its axle makes this machine adaptable to nearly any conditions.

Anti-Creepers—At places where the old rails show signs of creeping, anti-creepers should be applied at the time of relaying. It takes fewer anti-creepers to prevent creeping, than to stop creeping after it has once started.

CHAPTER VII.

TURNOUTS, CROSSOVERS AND LADDER TRACKS.

More attention is required in distributing material for switches than for track, on account of the great number of different parts, the absence of any of which may seriously delay switch work.

Size of Gang—On account of the many small but important details which must be attended to in laying switches, this work should in general be intrusted only to an experienced foreman. More careful supervision is necessary than in any other kind of track work, and unless good intelligent men are obtainable for assistant foremen, it is advisable to keep the gang small enough so that the foreman may oversee all the work himself.

However, in laying ladder tracks it is possible to advantageously handle a gang of 40 to 50 laborers with one good assistant and a handy man. Inexperienced foreign laborers must be carefully watched to prevent them from spiking down a switch point, setting a switchstand with the lever in the wrong position, or doing other work in a manner which detracts from the quantity and quality of work accomplished.

Kind of Laborers—There is an advantage in working foreign laborers, if men of some skill and experience and a good assistant of the same nationality can be obtained, for foreigners generally stay on the job and the same men can be depended upon from day to day. When working hobo labor it is not uncommon for 25% of the

PRACTICAL TRACK WORK

gang to quit the work at one time, and after a pay-day hardly any of them can be depended upon. For this reason it is practically impossible to always keep a sufficient number of hobos to fill out the organization. It is generally safe in sending an order to a labor agency for this class of men to order at least twice as many as are actually needed, for half of them will drop off before reaching the job and by the time a shipment arrives there is likely to be many more vacancies to be filled.

American labor is more easily handled at points out of town on the line. A gang of foreigners becomes a small union in isolated places, and the discharge of one man is likely to cause a strike of the entire gang. In large cities, foreign laborers are more easily replaced and the same tactics cannot be employed by them.

Putting in Switch Ties—Four methods are suggested for putting in switch ties: (1) Put in one or two ties at a time as in renewing ordinary track ties; (2) after excavating, flag the track, jack up the rails, remove all the old ties, and put in the switch ties; (3) after excavating, pull spikes on from 8 to 12 consecutive ties, jack up the track, remove these ties and replace with switch ties; (4) after excavating take out every other tie, put in half or all the switch ties, and spike a few to hold the track to gage, then remove the remaining old ties and replace with switch ties.

Method No. 4—The following outline shows how the work should be arranged when putting in ties under method No. 4:

- (1) Put out slow flags and flagmen.
- (2) Mark the switch point, the frog point, and heel

PRACTICAL TRACK WORK

of the frog on the base or web of the old track rail.

(3) Start stripping out the ballast at one end of the switch, and work toward the other end.

(4) Mark off the center for each tie on the flange of the rail, and write down the length of the required tie beside each mark.

(5) Measure the ties and start placing them in order of length, opposite their proper positions in the switch.

(6) Start men pulling spikes from every second tie—inside spike on one rail, outside spike on the opposite rail. Raise the spikes on 6 to 8 ties at each end of switch.

(7) Starting at one end of the switch, place jacks and raise each rail, withdraw unspiked ties, and put in one-half or all of the switch ties. Move jacks ahead and repeat.

(8) Spike the rails to about every fourth tie (temporary spiking).

(9) Pull the spikes from remaining track ties, using the same claw-bar men.

(10) Double in behind spikers with jacks, remove old ties and space the switch ties correctly.

(11) Surface and line the track.

(12) Fill in the track.

If the track is to remain as it is without putting in the switch for some time, the spikes should be driven home; otherwise they may be left loose enough to make pulling easy. If but every fourth tie is spiked, they will hold track to gage and fair surface, and a train may be passed at any time at reduced speed, for as soon as the jacks are removed, the track will again settle down to the original grade if the stripping has been correctly done.

PRACTICAL TRACK WORK

It is generally possible to get about one-half of the switch ties in their proper places before spiking.

Before raising the track the spikes should be raised on six or seven ties ahead of and behind the switch, high enough to prevent these ties being lifted off their beds. If this precaution is not taken, these ties will be lifted and the ballast is likely to run under them, spoiling the surface of the track.

Before stripping out the ballast the location of the point of switch, the heel of the frog and each joint should be marked on the rail, as before mentioned. The marks of the ends of the switch should be given first, in order to show where to start stripping out. The ballast should be removed at least 6 in. beyond the ends of the ties, but no ballast should be handled unnecessarily. The depth excavated should not be more than $\frac{1}{2}$ in. or at most 1 in. below the bottom of the tie. Excavating deeper than necessary not only wastes labor, in removing and replacing the ballast, but softens the track foundation.

Uniform spacing should be laid off so that a tie will come at each joint slot, and so that the standard number will come under the lead rails, switch rails and frog. These space marks should be made on the web or the flange of the rail, so they will not be erased by passing trains. After the ballast has been stripped out, the switch ties should be laid down at right angles to the track in the exact order of their lengths, and if possible directly opposite their proper positions. Then when the track is raised the ties may be easily launched endways under the rails. On some roads it is customary to cut off the ties, with a crosscut saw, so that they

PRACTICAL TRACK WORK

will line up neatly on the curved side of the switch. If this is done, an easy way to determine the correct lengths for each tie is to count up the number of ties and subtract the shortest tie at the point of switch from the longest tie at the heel of the frog, and divide this difference, in inches, by the number of ties in the switch. This will give a number varying from $1\frac{1}{2}$ to 2 in., which is the amount each tie should be made longer than the one ahead of it, starting at the switch point.

Method 4 for putting in switch ties keeps the track safe for trains at reduced speed if the work is followed out systematically from one end of the switch to the other. By the time the first half of the track ties are removed, the spikers have enough switch ties spiked to allow the jacks to be placed behind them without delay. This method is safer and causes less delay to trains than the second; is cheaper than the third; allows the laborers to be organized into several gangs which continue doing the same kind of work, and thereby promotes efficiency. This method can also be used with a very large gang without the men interfering with each other, therefore it is a very good method to use where work is desired in a hurry.

The method of placing two or three ties at a time is costly, the advantage being that the track can be kept safe for trains at high speed.

A Typical Switch—A switch consists of the following rails, which are given in the order in which they may be set up:

2 guards rails marked (a) and (a') (Fig. 16, page 117).

1 frog (b).

2 connection pieces (c and c'). [If the rail back of b

PRACTICAL TRACK WORK

will be shorter than 10 ft., it is customary to take out another standard length rail and cut two connection pieces instead of one.]

2 lead rails (d and d'). [These may be shorter rails, or may be the same length as (e and e').]

2 lead rails (e and e').

2 switch rails (f and f').

1 stock rail (g) and 1 main line rail (g').

2 connection rails (h and h').

Connection pieces (i and i').

Rails (j and j').

Rails (k and k').

To put in a switch on a new track, or where there is no traffic to be delayed, set up the rails, etc., and bolt them together in the order a, b, c, d, e, f, g, h, i, j, k, g', h', i'. Then set up a', c', d', e' and f'. If the switch is put in under traffic one side at a time, set up a, b, c, d, e, f, g and h (for a right hand turnout), throw these rails in, and complete in the order given above. For a left hand turnout, put in under traffic, set up a', b, c', d', e', f', g' and h', throw them in and complete in the order i', j', k', g, h, i, and then a, c, d, e, and f.

Laying Turnouts in Main Line, General Method—

Turnouts or crossovers can be put in without delaying traffic, if the proper method is used. Even when the time available between trains is only 15 or 20 minutes, the work can be done with a fairly intelligent and willing gang, without delaying regular trains. Very thorough and systematic preparation is necessary, however, in a case of this kind.

The following order of work and general method should be used when (A) switch ties are to be put in

PRACTICAL TRACK WORK

at the same time and (B) rails must be moved so that joints will clear the switch point:

- (1) Place out slow flag and flagmen.
- (2) Mark frog point, heel of frog and switch point.
- (3) Start stripping out ballast.
- (4) Mark off center mark for each tie on the flange of the rail, and write the length of tie at each mark.
- (5) Measure ties and start men cutting short pieces of rail, if necessary, for lead rails and for all connections ahead and behind switch.
- (6) Measure ties and start distributing them in exact order of length in feet and inches, opposite corresponding marks on the rails.
- (7) Start claw-bar men pulling spikes from every second tie on the outside of one rail and the inside of the opposite rail. Raise spikes on 6 or 8 ties each side of the switch.
- (8) Starting at one end of the switch, place jacks under each rail, withdraw unspiked ties, and throw in every other switch tie, moving jacks ahead as necessary.
- (9) Start spikers spiking old rails to new switch ties (temporary spiking.)
- (10) Double back of these spikers with claw-bar men, after they have pulled spikes on $\frac{1}{2}$ of the old ties, and pull the spikes from the remaining old ties.
- (11) Double back with jacks, after $\frac{1}{2}$ the old ties have been removed and replaced with switch ties, and pull out the remainder of the old ties, then put in the rest of the switch ties.
- (12) Space the ties.
- (13) Place switch slide plates under rail on straight or main track.

PRACTICAL TRACK WORK

(14) If rails must be moved ahead on straight or main line side of the switch, remove a rail ahead or behind those within the switch; draw the inside spikes on the rails, break the joint back of the string of rails to be moved and move the rails away from the spikes; place the short connection rail (already cut) in the track, and launch the string of rails against the connection. Put in the connecting piece at the opposite end, bolt and spike up the rails.

(15) Set and spike the guard rail on straight side of switch.

(16) Set up and bolt the frog, connection piece or pieces, and lead rails together on the ties.

(17) Bend the stock rail.

(18) Break the joint behind switch (and ahead if necessary), line out old rail for curved lead, and line in new rails and frog.

(19) Bolt the switch point to lead rails, place slide plates, gage and spike the rails safe for trains.

(20) Set slide plates for curved lead switch point.

(21) Set up and bolt curved lead rails and switch point.

(22) Full spike the rails.

(23) Put on switch rods.

(24) Set switch stand.

(25) Fill in track partially.

(26) Surface the switch.

(27) Line the switch.

(28) Spike-line the curved lead.

(29) Fill in and dress up.

(30) Drill the cut rails, and bolt in full.

(31) Clean and pile up neatly all material which remains.

PRACTICAL TRACK WORK

Explanation of Steps Enumerated Above—If lead rails have to be cut, the one for the curved lead should be made one or two inches longer than the straight one, depending on the number of the turnout. The correct lengths may be obtained from a standard plan, or from the engineers. The difference in lengths will vary from about $1\frac{1}{2}$ in. in a No. 7 turnout to about $\frac{3}{4}$ in. in a No. 10 turnout.

The frog, connecting piece, main-track lead rails, switch rail and stock rail are set up in their proper order opposite the position they are to occupy. These parts are placed on the switch ties inside or outside the track. Half the outside spikes are pulled from the track rails to be removed, the flagmen are sent out, the remaining outside spikes are pulled, and the first joint back of the frog point is broken. The track rails are shoved over to the end of the ties and used for the turnout track. The connected parts are then slid in to take the place of the old rails. All spikes must be pulled out where the switch rail and frog are to lie. If a joint in the track will interfere with the switch rail, a new stock rail and connecting rails should be set up outside the track, and put in to replace the old rail just ahead of the switch at the same time the frog is put in. Before spiking, the stock rail should be bent in the regular manner.

In case the rails on the opposite side of the track must be moved transversely, this operation should be performed first so that the guard rail may be set before the frog is put in. The rails on the straight or main line side of the track may be left in the switch if the rails are of the same size and weight as those of the switch and are in good condition, unless a rail joint will fall beside a switch

PRACTICAL TRACK WORK

point rail. In the latter case the rails must be moved longitudinally. Two short rails will have to be used, but these pieces may be made by cutting a standard length rail in two and placing one piece ahead and the other back of the string of rails which is moved.

Before breaking track to put in a facing-point frog, the main-line guard rail should be correctly set up and spiked in place. This reduces the work to be done when the track is torn up. If a spring-rail frog is to be used, the spring rail can be spiked closed instead of setting the guard rail; this is not the best practice, however, as the spike may be forgotten and left, causing trouble and perhaps a derailment when the first train takes the curved route. It is therefore better even with a spring-rail frog to set the guard rail before putting in the frog.

The length of the frog subtracted from the length of the track rail which it is to replace, will give the length to cut the rail to be used behind the frog. Measurements should be carefully taken with a steel tape line, if available. If a cloth tape line is used, its length should be checked by comparing with several standard length rails and the amount of expansion allowed for joints should be governed by the expansion in the old track. If the track is tight, the rails may run as soon as the track is opened up and cause difficulty if the short piece is figured to make an exact fit. The cut rail can be drilled before breaking the track, so that the frog and short piece can quickly be bolted up in full. The joints must be bolted up in full immediately to prevent rails drawing apart, in case the track is loose. The track ties behind the frog should be adzed off to permit the easy removal of the rail.

In placing the switch point, all the spikes are removed

PRACTICAL TRACK WORK

from that portion of the rail against which the switch rail is to be placed. The joint at the heel location is broken and the end of the rail shoved outward to form the stock rail, or the old rail may be taken out entirely and a new rail used for a stock rail. The rail bender or jim crow is placed the standard distance ahead of the switch point and the proper kink given the rail. The switch rail is heeled up against the main track rail, and a rail for the turnout side is heeled in against the end of the stock rail. The angle bars, heel block and heel plate are then placed. In the meantime the slide plates are placed on the ties. The gage need only be used at the point and heel of the switch rail. Switch points should never be tight, and to avoid this it is advisable to have the gage a trifle wide, say $\frac{1}{8}$ in. After safely spiking the switch rail, frog and connection piece, and having previously set up and spiked the guard rail, the track is safe for traffic and the flagmen may be called in.

The three operations of moving the rails transversely, putting in the frog, and putting in the switch rail were discussed separately, but they can be done successively in the order named, or simultaneously, working on all of them at the same time.

It saves respiking and time to put in the slide plates on the main track side of the switch when temporarily spiking the old main line rails. A spike should be driven down about half way on the inside of each rail, beside the tie plate, to keep the rail from climbing up over the risers.

Slide plates are usually placed directly in the center of the tie in which case the tie will rock very easily since all spikes are in a line; and little room is left on either side

PRACTICAL TRACK WORK

of the plate to set a spike if it is desired to spike the switch closed. Even if there is room to drive the spike, it will be so near the edge that it is likely to split the tie. A much better way to set tie plates, is to set one close to one edge of the tie and to set the plate on the opposite end close to the opposite edge. This arrangement approaches the standard for spiking an ordinary track tie and reduces the likelihood of rocking. Then if it is desired to spike the switch point closed, twice as much space is available at one side of the plate.

The curved lead switch point and lead rails can be put in place without breaking the main track, and no flag protection is necessary. For safety, switch rods should be put on as soon as the switch rails are both in. When moving rails out from under the spikes the shoulder on the tie should be adzed off to facilitate the easy removal and replacement of rails.

To set a switch stand on main line the following method should be used: Spike the No. 1 switch plates in place on one rail, leaving the track a little wide at the points, but not to exceed $\frac{1}{8}$ in., and spike the switch rail closed for the main track; connect up the stand, connecting rod, and No. 1 switch rod; place the switch stand parallel with the track, with the handle in a position corresponding to that of the closed switch point; hold the switch stand with a bar so that there is no lost motion on the closed switch point side; remove the spike from the switch point, raise the handle of the switch stand and, using a bar, throw the switch rails over against the opposite rail; then adjust the rod so that the switch handle will drop snugly into the slot. Switch points should fit snugly against the rail when thrown over, but

PRACTICAL TRACK WORK

a very tight fit is undesirable, as some part of the device will have to be sprung when thrown.

The switch stand with an adjustable movement for use with a rigid or non-adjustable switch rod, is rapidly gaining in favor. The rigid rod is made for the correct gage, and all adjusting is made in the stand or connecting rod.

The curved lead of a switch is usually spike-lined by eye from the heel of the switch rail to the toe of frog, although it is sometimes possible to obtain the correct distances (called ordinates) from gage of main track to gage of lead rail, at certain intermediate points on the lead. Before lining the turnout rail, the tangent or main line rail should be lined up correctly. Otherwise when lining the main track later, the line of the turnout track will be spoiled.

All ties should lie square across the track. This is especially true of head-block ties, because the connecting rods must be perpendicular to the track to prevent binding and make the switch throw easily. Stock rails should be standard length rails, so that they may be replaced by new ones without cutting. The gage at the point of switch or point of frog should be a little loose rather than tight.

Before leaving a newly constructed switch in main track, it should be put in good surface and line; both guard rails should be set, bolted and blocked; all rails should be drilled, full bolted and full spiked; frog and switch points should be completely blocked with foot guards; the switch stand should be correctly set and locked. If the turnout side is ready to be used, all spikes should be removed which will prevent switch points, movable frog points or the spring rail of a frog from

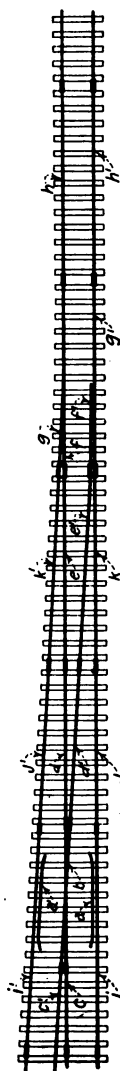


Fig. 16—General Switch Layout for No. 10 or No. 11 Turnout with Square Joints.

moving, and all excess material should be loaded or neatly piled up.

Putting in a No. 10 or No. 11 Turnout—

The following method may be used for putting in a No. 10 or No. 11 turnout when (A) the old track rails can be used for stock and lead rails, and (B) the frog can be located so that it will toe-in against one of the track joints. (See Fig. 16.)

The order of work is as follows:

- (1) Put in switch ties as described above, but do no unnecessary spiking.

- (2) Cut connection rail to go behind frog.

- (3) Set guard rail.

- (4) Remove part of spikes on one side of rail where frog is to be placed; partially break the two joints on this rail.

- (5) Set up on the end of the ties and bolt together the frog and connection rail opposite correct position in track.

- (6) Send out flagmen.

- (7) Pull the rest of the spikes, break the joints, and throw out old rail.

- (8) Line frog into place, gage and spike it and bolt up joints.

- (9) Place slide plates under rail which is to be bent for stock rail.

- (10) Break joint at heel of switch rail and bend stock rail.

- (11) Place switch point against the end of lead rails, and bolt up.

PRACTICAL TRACK WORK

(12) Spike switch plates, gaging at heel and point of switch rail.

The rest of the work is similar to numbers 20 to 30 under the general method given above. This is the easiest way of putting in a No. 10 or No. 11 turnout where the existing track rails are standard 30 or 33 ft. lengths, the old track rails being used for the main line leads. Two of these rails with a frog 15 ft. long (toe from 8 to 9 ft.) and a 15 or 16½ ft. switch rail make an excellent lead without requiring any cut rails. The switch must be located so that the frog will toe-in at one of the main line joints. It is generally possible to locate the frog in this manner for a turnout, and for at least one end of a crossover. The frog of the second switch of a crossover must be located the standard distance from the first (see table in Appendix) so that the rail between the frogs will line up correctly.

If it is necessary to move the rails on the main-track side of the switch, a standard length rail should be cut in two, a rail taken out immediately ahead of the switch and the rails within the switch location loosened and launched forward against one of the cut pieces. The remaining piece, used behind the string of rails moved, will close up the hole.

Method No. 1 for Laying No. 10 or 11 in Main Line—In Figs. 18, 19 and 20 there is illustrated a method of putting in a No. 10 or 11 turnout where (1) the main track has square joints; (2) standard length track rails (30 or 33 ft. long) are used in the lead; (3) the switch is located so that the frog toes-in against a rail joint; (4) the main line rails can be used for main-track lead



FIG. 18. 1-ST STAGE

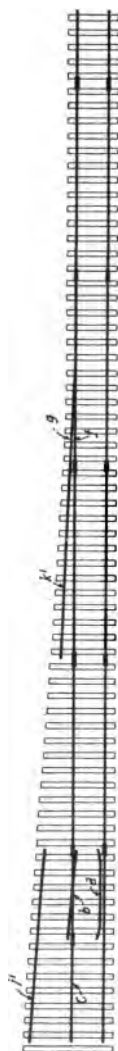


FIG. 19. 2-ND STAGE



FIG. 20. 3-ND STAGE
Completed Switch

Figs. 18, 19 and 20—Putting in No. 11 Turnout in Square-Jointed Track Using Old Rails for Lead Rails, Frog Located with Toe at a Joint.

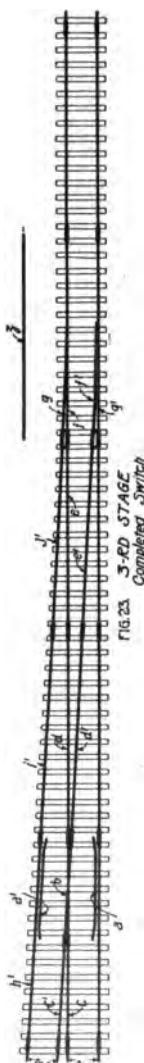
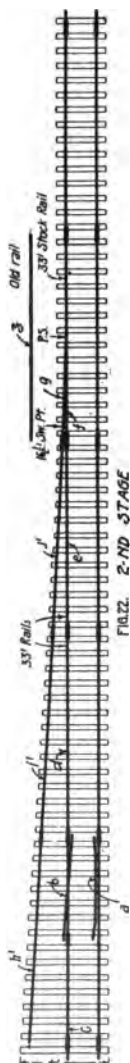
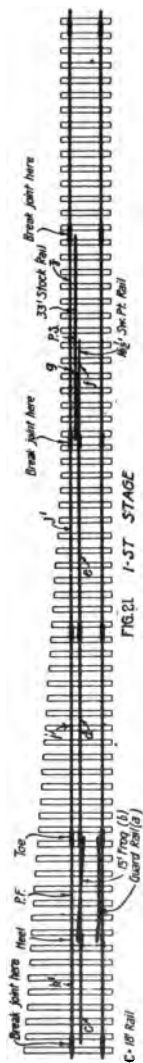
PRACTICAL TRACK WORK

rails and for stock rails; (5) all joints are to be squared up at the heel of the switch point.

The different parts of the switch in the diagram are lettered in the order in which they should be put in, in general, first (a), then (b), then (c), and so on. As shown in Fig. 18 the first step is to set the guard rail (a), cut the connection rail (c), bolt it to the frog (b) and break the three joints as shown. The second step, Fig. 19, is to pull the necessary spikes to take out the rail (i'), throw the frog and connection rail to place and bolt up and spike them, bend the rail (g) at a point 12 to 16 in. ahead of the point, making it a stock rail, and bolt the switch rail to the main track rail. The third step, Fig. 20, is to set up the point (f'), lead rails (d') and (e'), rails (c'), (j') and (k'), and set and spike guard rail (a'). The detail work of putting in plates, setting switch stands, etc., is similar to that described before.

Method No. 2—The problem in Figs. 21, 22, 23 is to put in a No. 10 or 11 turnout when: (1) The main track is laid with square joints; (2) the lead rails are standard length track rails (30 or 33 ft.); (3) the frog toes-in at a rail joint; (4) main line rails are thrown out for use in curved turnout track; (5) the stock rail is a new rail; and (6) all joints must square up at the heel of switch point rail.

The diagram of this switch is lettered similar to the preceding figures and the order of setting up the different parts is nearly according to alphabetical order. In the first stage the guard rail (a) is placed; frog (b), short rail (c), lead rails (d) and (e), switch point (f) and stock rail (g) are then set up and bolted together. Three joints are broken as shown, after pulling necessary spikes.



Figs. 21, 22 and 23—Putting in a No. 10 or No. 11 Turnout where Frog Toes-in at a Joint, Old Rails Are Lined Over for Curved Track and No Movement of Old Rails Is Necessary to Make Switch Point and Guard Rail Clear the Joints.

PRACTICAL TRACK WORK

The old rails are then thrown out, and the switch point and lead rails, frog and connection rails are thrown in and are spiked as shown in Fig. 22. The lead rails (d') and (e'), and switch point (f') are set up, bolted, lined and spiked. The curved rails (h'), (i') and (j') are gaged and spiked, and the guard rail (a') is set. In some cases it may be advisable to put in a new rail at (j'). Setting switch stands, putting in plates, etc., have been described.

Method No. 3—In method No. 3 the conditions are as follows: (1) The main track is laid with broken joints; (2) the lead rails are standard length rails (30 or 33 ft.); (3) the frog toes-in at a rail joint; (4) main line rails are thrown out for use in curved turnout of track, and the stock rail is a new rail; (5) all joints square up at heel of switch point rails.

In Fig. 24 the first step is to cut a rail in the middle, giving two $16\frac{1}{2}$ ft. pieces, (h') and (l). Joints are broken as shown, rail (y) is removed and (l) put in place. Spikes are pulled from rails (i), (j), (k) and (g') and they are moved ahead against (l); then rail (h') is set up and bolted and spiked.

In the second step, Fig. 25, the guard rail (a) is set, frog (b), connection piece (c), lead rails (d) and (e), switch point (f) and stock rail (g) all are set up and bolted together, the stock rail having been bent previously. Joints are broken as shown and in the third step, Fig. 26, rails (i'), (j'), (k') and (z) are thrown out and the new ones thrown in, then bolted and spiked. Guard rail (a') is then set up and spiked. The lead rails (d') and (e') and switch point (f') are set up (Fig. 27), bolted,

PRACTICAL TRACK WORK

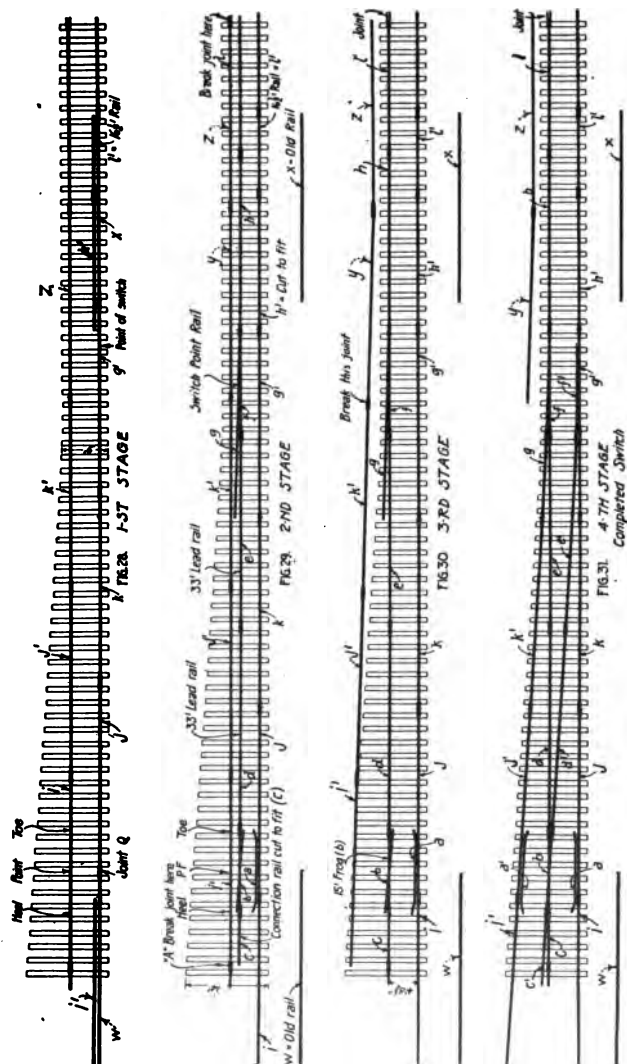
lined and spiked. Curved rails (i), (j) and (k) are gaged and spiked and guard rail (a') is set.

Method No. 4—Method No. 4 is applicable for putting in a No. 10 or 11 turnout when: (1) The main track is laid with broken joints; (2) the lead rails are standard length track rails (30 or 33 ft.); (3) the switch is to be laid with broken joints; (4) the track joints must be located at least 6 ft. back of the heel of the switch point rail.

The first step, Fig. 28, is to cut a 16½ ft. fail (l') and to cut (h') of such a length that it will throw the joint (q) back to clear the guard rail (a); (i') is cut so that when the rails are launched back to put in (h') and (l'), joint (q) will set against rail (i'). The joints are then broken as shown, spikes pulled, and rails (w) and (x) thrown out. The connection piece (i') is put in, rails (j), (k) and (w) moved ahead against (i'), the rails (h') and (l') inserted and bolted up and spiked. In the second step, Fig. 29, guard rail (a) is set, connection rail (c), frog (b), lead rails (d) and (e), switch rails (f), stock rail (g), track rail (h) and connection rail (l) are set up and bolted.

Joints are broken as shown in Fig. 30, in the third step, spikes are pulled and rails (i'), (j'), (k') (y) and (z) are thrown out and the part of the switch setting on the ties is thrown in, bolted up and spiked. In the fourth step, Fig. 31, lead rails (d') and (e'), switch point (f') and connection rail (c') are set up, bolted, lined and spiked. Rails (i'), (j') and (k') are moved ahead, set up, bolted, gaged and spiked. Guard rail (a') is then set up. Detail work is the same as described heretofore.

Temporary Switches—Ordinary track ties interlaced



Figs. 28, 29, 30 and 31—Putting in a No. 10 or No. 11 Turnout in Broken-Jointed Track Where Toe of Frog Cannot be Located at a Joint in Old Track.

PRACTICAL TRACK WORK

do not make an advantageous arrangement even for a temporary switch. Hewn ties used in this manner require much difficult adzing to obtain an even bearing for each rail. Even if sawed ties are used throughout, they will be warped enough to require a lot of adzing, and the ties will generally be so closely interlaced that it is practically impossible to do any surfacing or tamping. When no switch ties are available, however, track ties will have to be used and interlaced in a manner to provide adequate support and enough spiking to hold the track to gage.

A temporary switch should be located in a manner to cause the least disturbance to permanent track or other structures, and so that when the switch is taken out, the track can be easily replaced, without cutting rails. Track joints should not come between the point and heel of the switch rails for if they do the switch point will not fit up tight. A temporary switch should if possible be located so that no track rails will have to be moved transversely in order to make the joints clear the switch point; for this requires that an extra rail be cut and two short pieces used in the main track instead of one. If no transverse movement of rails is necessary, when the temporary switch is removed the track can be again made continuous by inserting the old main line rails previously used in place of the frog and connecting rail.

Having decided on the proper location of the frog point, the switch should be laid out; that is, the location of the switch and frog points marked on the existing rail. It is well to bear in mind that considerable variation of the switch lead (say 10%) is allowable and even

PRACTICAL TRACK WORK

advisable in temporary switches to facilitate the work or reduce the cutting or movement of rails.

If the frog and switch points are new, the stock rails and connection rails back of the frog should also be new; however, if the main-track rails are not worn down or battered much (in other words, if they are practically as good as new) they may be used instead of new rails. A worn rail placed against a new frog, or vice versa, makes a bad joint and allows the frog to be battered and spoiled.

In laying temporary switches it is generally possible and advisable to omit heel blocks, frog blocks and guard-rail blocks with the possible exception of those on the guard rail for the curved lead. This does not refer to foot-guard blocks which should never be omitted. Frequently it is unnecessary to drill the cut rail, as a sufficiently strong joint can be made by having two bolts in one of the abutting rails. If the cut rails are drilled, one hole should be sufficient. If slide plates to complete the set for a temporary switch are lacking, the number used may be reduced to one-half or more with safety if the switch is to be subjected only to the traffic of light engines and slow speeds.

The method of putting in the switch points, lead rails and frogs of a temporary switch does not differ materially from the method of putting in permanent turn-outs, except that the quality of the work need not be so high.

The No. 1 or adjustable rod furnished for a temporary switch is likely to be an old one and badly rusted. It may be impossible to adjust it if it is the old screw adjusted type; but it is usually permissible to use a rod

for a temporary switch in a side track which gives wide gage, but not over a half inch wide. Narrow gage is unsafe at a switch point, as it may result in wheel flanges climbing up on a switch rail. If the switch rod will not make the gage at the switch point more than a half inch too wide then, the following method for setting a stand may be used with rod which cannot be adjusted: Connect up the switch stand, connecting rod, and No. 1 rod; throw the switch point against the main-track stock rail with a bar and spike it in this position, having previously spiked the No. 1 switch plate in place on the same side. The switch stand should now be lined up parallel to the track with the target showing correctly for the closed point, and with the handle in its correct position. The stand can be spiked solidly in this position at the same time taking up all lost motion; the spike holding the switch point can now be removed and the opposite point thrown over against the unspiked rail, the handle of the switch stand moving at the same time far enough to drop into the next slot. The *track rail* should then be held tightly against the *switch point* and spiked in that position, at the same time inserting the other No. 1 switch plate and making sure that the spike on the opposite side of the tie is well up against the stock rail. The switch points will now close on either side, and although the gage will not be exact it will be close enough for temporary work. The remaining switch plates may be placed without gaging, if the heel and point of the switch rail has been gaged. After putting on slide plates on one end, the switch ties are likely to move lengthwise and drop away from the rail when attempting to spike the opposite end. To prevent this, two nippers should be pro-

PRACTICAL TRACK WORK

vided and the spiked end of the tie should be nipped up first, and held while the unspiked end is brought up.

It is a very difficult matter to procure men who will not take too much pains with temporary work. It is apparent, however, that a piece of work which is to last for a few months only does not require as good work as one which is to remain for years.

Turnout Without Frog or Points—A turnout without frog or points was described by Andrew Palm, roadmaster, C. C. T. Co., in the January, 1914, issue of *Railway Engineering and Maintenance of Way*. This switch is

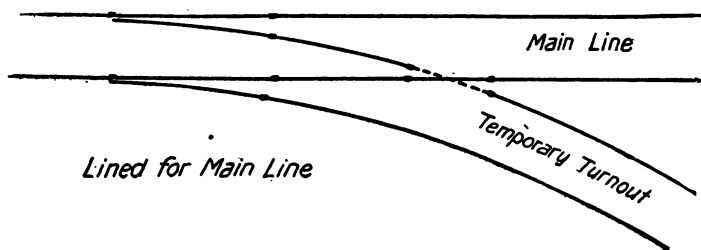


Fig. 32—Turnout Without Frog or Points—Lined up for Main Line.

similar to the old style stub switch with the frog and guard rails omitted. It is undesirable to place switches in main line except where absolutely necessary, and quite frequently one of the temporary turnouts illustrated in Figs. 32 and 33 is better adapted to the purpose than the standard switch and frog turnouts. From a safety standpoint it is an ideal layout, and it can be constructed for less than half the cost of the standard point switch.

Where main lines are laid with broken joints, two half rails are used, one to even the joints at the point where the turnout begins, and the other at the place where the frog would be placed in a standard lead. When

PRACTICAL TRACK WORK

it is desired to put a train on the siding, the spikes are pulled, the two joints of the half rail are taken off, and the rail swung into the open space in the turnout, acting somewhat as a movable frog point. The half rail is then bolted up and a few spikes driven if necessary. All that is required at the stub rail is to remove the angle bars from the main-line joint, and a few spikes from the inside of one rail and the same number of spikes from the outside of the other. The rails are then

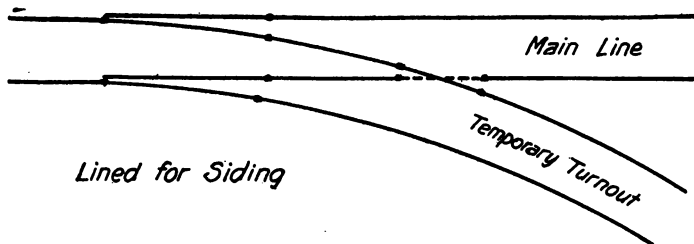


Fig. 33—Turnout Without Frog or Switch Points—Lined up for Siding.

thrown over with a bar and angle bars put on temporarily. This arrangement has the advantage of keeping the main track closed when the turnout is not in use.

In construction work this layout is found very useful, as sidings must often be constructed for track laying and surfacing gangs. When short of frogs and switches, these turnouts may be put in at points where permanent turnouts are to be located, and upon the arrival of the frogs and switches the standard turnouts can be installed.

Without this or a similar device material trains might sometimes have to go 15 or 20 miles to pass each other, while with it the empty train takes siding and allows

PRACTICAL TRACK WORK

the loaded train to proceed to the front. Trains can be passed with only two track men—an assistant foreman and one laborer, to make the changes.

Spurring Out Cars—The writer was once instructed to spur out one car, an outfit for 8 foreigners, using the ordinary method of stripping out and lining over the track. On investigation the ties in the main track were found to be decayed so badly, that they would have had to be replaced if dug out, lined over, and lined back

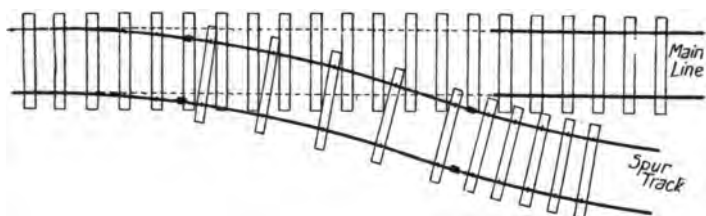


Fig. 34—Method of Spurring Out Cars Without Moving Track Ties.

again. The construction forces naturally did not care to renew ties for 60 ft. of track, just to spur out a single car, especially since the ties, if undisturbed, would last for a year or more.

The sketch, Fig. 34, shows the method used. The spikes were pulled, the rails lined over and connected to the temporary track with angle bars, and spiked. Enough short ties were laced in to hold the track to gage. The temporary track was laid and spiked up, measurements being carefully made so that when the track rails were lined over, the joints were easily made by bunting the temporary rails back a little.

A locomotive should not be pushed in on a curve of this kind, which is usually pretty sharp. The best ar-

PRACTICAL TRACK WORK

rangement is to have a number of light empty flats between the locomotive and car or cars to be spurred out. The flat cars are not nearly so likely to spread the rails or get off the track as a locomotive.

With a well trained and organized gang, 3 or 4 cars may be spurred out in this way and the track closed in 10 minutes, after thorough preliminary preparations have been made. Cars are often spurred out by stripping the ballast from between ties and lining over the track, ties and all. This is a poor method, and besides taking more time it disturbs the old road bed, leaving it soft so that the track soon settles out of surface.

Constructing a Ladder Track—In laying a ladder track, the gang should be organized so that few changes in the disposition of the men are necessary to keep the gang compact, and to leave each part of the work completed. Frequently the track gang distributes its own material for a ladder, and the foreman in this case should spare no pains to have the necessary material properly and conveniently placed. If the yard is being filled or excavated, the foreman in charge should locate his temporary tracks so that the ladder track material can be unloaded from them close to the place where needed. Otherwise teams may be used for carrying the material, or the iron car can be used as in laying a new line.

The following organization is suggested for a gang of 40 or 50 laborers.

- Rail cutters.
- Tie line man and fiddler.
- Tie spacers and liners.
- Rail and frog gang.
- Spike, bolt and angle bar peddlers.
- Bolters.
- Spikers.

PRACTICAL TRACK WORK

Nippers.

Gang setting guard rails.

Gang setting switch stands and spiking around switch points.

Drill gang.

2 assistant foremen.

1 foreman.

The second assistant foreman should measure up and mark the switch ties, have them distributed in correct order and lined and spaced. The first assistant, who is given charge of setting up the rails, frogs, and switch rails, should be an experienced track man. Careful work on his part in the use of different lengths of rails as furnished, on the straight side of the switch lead, will greatly reduce the number of rails to be cut. The foreman should take direct charge of the men setting switch stands, guard rails, etc. The spacing for ladder-track frogs is given in a table in the Appendix.

One party of men should be started cutting rails, and should be kept busy at such work until lead rails are ready for the whole ladder. Each switch should be set up independently, no attempt being made by the assistant foreman to cut-in the connections back of the frogs. After two or three switches have been set up, the men cutting rails will probably have enough lead rails ready so that they can start cutting-in the connection rails behind the frogs. This work, including measuring the holes and marking the rails, can be taken care of by an intelligent laborer with one assistant. If there is no man who can be trusted with such work, the foreman will have to measure and mark all the rails. The men cutting rails should be able to set them in place, and bolt them ready for spiking and still keep up with the gang. With the above organization it is possible to average a No. 7 or No. 8 switch per day or even more for every ten men.

PRACTICAL TRACK WORK

Putting in switches calls for high organizing ability. It is seldom that a gang is kept constantly on this sort of work, and if a man is slow in perfecting his organization the switch work is likely to be all done before the gang attains any degree of efficiency. The qualifications for a foreman for a switch gang are ability to rapidly organize and discipline a gang of men. A foreman of exceptional ability is required to lay a ladder track correctly, rapidly, and economically.

A good switch must have plenty of ties under the frog, the head blocks must be square across the track and the rails must be full drilled, bolted and spiked. It is necessary to watch the sizes of rails set up carefully if second-hand rails are used, for there is a chance for some confusion between sizes which vary little in appearance. The use of a wrong size rail is likely to cause derailment, particularly if stock rail and switch rail are not the same size, in which case the switch point will not fit up correctly.

Crossovers—Putting in a crossover is about the same as laying two turnouts. The proper distances between points for crossover frogs of different angles are given in a table in the Appendix. Before starting work, the foreman should carefully measure the distance between the stakes for the two frogs of the crossover, and be sure this is correct before he starts work on the second switch. If the correct distance is not left between the frogs, the track will not line up between them, and this may make it necessary to move one switch after completed.

The foreman should also check up the distance between track centers. Frequently the centers will be found to be off an inch or more and this slight difference

PRACTICAL TRACK WORK

will cause a very noticeable defect in the line between the frogs. In case track centers are wrong, the distance between frog points should be changed.

A very ingenious method of laying crossovers was evolved by the engineers on a busy four-track section in Chicago. During construction, one of the tracks was continually kept out of regular service, starting at track No. 1, and then consecutively turning traffic off of tracks 2, 3 and 4. All crossover switches were put in while the traffic was off of the tracks. The crossovers were connected after the switches were completed.

First class work only should be allowed in main line crossovers. Care should be exercised in: (1) Checking up and correcting frog point locations; (2) gaging exactly throughout; (3) surfacing and lining main line track before lining curved leads. The requirements for good work here are the same as those given for a ladder track, but the work should be even better than that done in a yard.

Lining the curved leads by eye sometimes results in badly mutilating the ties, before the rails are finally spiked in proper position. All leads should be lined by ordinates, and for this purpose a table of ordinates is given in the Appendix.

CHAPTER VIII.

SLIP SWITCHES.

What a Slip Switch Is—A slip switch looks very complicated yet it consists simply of an ordinary track crossing with either one or two Y-track connections between the tracks which cross. The elements of a slip switch are shown in Figs. 35, 36 and 37. Fig. 35 shows an ordinary track crossing; the addition of the curved Y-track rails (e) and (g'), Fig. 36, transforms the crossing

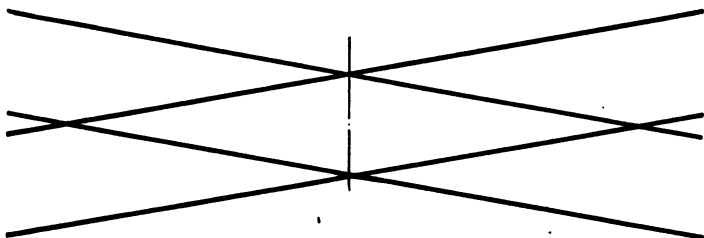


Fig. 35—Elements of Slip Switch—An Ordinary Crossing.

into a single slip switch. In Fig. 37 curved Y-rails (e') and (g) are added, making a double slip switch.

The spacing of ties for a slip switch should be accurate, the exact centers shown on the detail plan being strictly adhered to. Ties are designed to support certain plates, which in turn are designed for certain points in the switch. If plates are not placed correctly they will not fit, and it will be impossible to bring the rails to correct gage. Ties should be lined by using a rope or cord stretched on the center line of switch, from frog point to frog point, and not from a line stretched

PRACTICAL TRACK WORK

from the ends of the ties. Each tie must be measured and its center marked. Ties should be laid at right angles with the center line, and not at right angles to either track.

A very accurate way of spacing ties is to measure

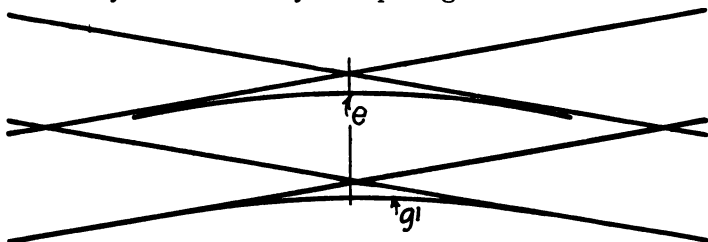


Fig. 36—Ordinary Crossing with One Y-Track Added—Making a Single Slip Switch.

from the center line of the switch to the center line of each. For this purpose the author worked up a table, Fig. 38, showing these spacings for a C. & N. W. Ry. standard No. 10 double slip switch. By using such a

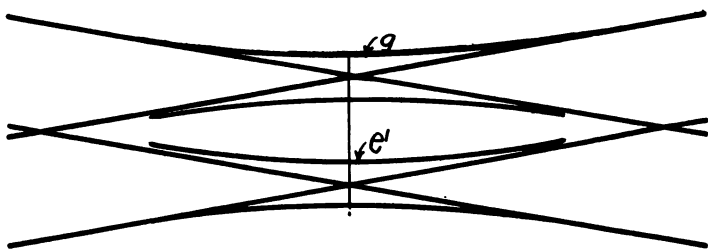


Fig. 37—Ordinary Crossing with Two Y-Tracks Added—Making a Double Slip Switch.

table, the center for each tie may be measured independently of all others, preferably using a steel tape line. In this manner cumulative errors will be eliminated. In other words, one wrong measurement will not cause all the center marks beyond it to be wrong.

PRACTICAL TRACK WORK

TIES			DISTANCE CENTER LINE OF TIE TO CENTER POINT OF SWITCH	PLATES	
NO	LENGTH	SPACE			
1	11	9 $\frac{1}{2}$ "	9 $\frac{1}{2}$ "	2 No 19	
2	11	1'-11"	2'-8 $\frac{1}{2}$ "	2 " 18	
3	11	1'-7 $\frac{1}{4}$ "	4'-3 $\frac{3}{4}$ "	2 " 17	
4	11	1'-8"	5'-11 $\frac{1}{2}$ "	2 " 16	
5	11	1'-9"	7'-8 $\frac{3}{4}$ "	2 " 14	
6	11	1'-9"	9'-5 $\frac{3}{4}$ "	2 " 14	
7	11	1'-9"	11'-2 $\frac{3}{4}$ "	JOINT	
8	11	1'-6"	12'-8 $\frac{3}{4}$ "	"	
				OUTSIDE RAIL	INSIDE RAIL
9	11	1'-7 $\frac{1}{2}$ "	14'-4 $\frac{1}{4}$ "	2 No 10	2 No 11
10	11	1'-7 $\frac{1}{2}$ "	15'-11 $\frac{3}{4}$ "	2 " 9	2 " 12
11	11	1'-7 $\frac{1}{2}$ "	17'-7 $\frac{1}{4}$ "	2 " 8	2 " 11
12	11	1'-11"	19'-6 $\frac{1}{4}$ "	2 " 7	2 " 13
13	12	1'-6 $\frac{5}{8}$ "	21'-0 $\frac{7}{8}$ "	2 No 5	
14	12	1'-11"	22'-11 $\frac{7}{8}$ "	2 " 4	
15	12	1'-6"	24'-5 $\frac{7}{8}$ "	2 " 3	
16	12	1'-11"	26'-4 $\frac{7}{8}$ "	2 " 2	
17	12	1'-9 $\frac{1}{2}$ "	28'-2 $\frac{3}{8}$ "	2 " 1	
18	12	1'-3 $\frac{5}{16}$ "	29'-5 $\frac{11}{16}$ "		
19	12	1'-4"	30'-9 $\frac{11}{16}$ "		
20	12	1'-4"	32'-1 $\frac{11}{16}$ "	JOINT	
21	12	1'-6"	33'-7 $\frac{11}{16}$ "	JOINT	

Fig. 38—Table Showing Tie Spacing for No. 8 Double Slip Switch—Distance to Center of Each Tie Measured from Center of Switch.

PRACTICAL TRACK WORK

In measuring off the switch and laying out the work, measurements should always be made from the center point of the switch. The distance from center point to heel of frog should be marked on the rail, and then the rails may be cut for the connections. If nothing better than a cloth tape is available, it should be compared with several standard length rails, and if it is too short or too long the proper point should be marked on the tape for a correct rail length and this mark used in laying out the work. Or the slip switch rails may be measured as they are to be located in the track, using the defective tape line, and making the measurements on the rails in the track the same.

If a foreman is unfamiliar with the work, it is advisable to set up the slip switch in the material yard, fitting up each frog and rail as it should go. A few ties can be used as stringers to set the slip switch on, and this precaution may save hours and possible train delays when the work is being put in.

Method of Putting in a Slip Switch—One of three general methods of putting in a double slip switch may be used: (1) Send out flagmen, tear up track, replace old ties with switch ties, and set up the switch. (2) Put in switch ties, set up the switch and bolt together complete on stringers outside of the track rails, take out the track rails and line in the switch complete as a unit. (3) Put in the switch ties while the track is being used, set up the switch in halves, on the ties, on the opposite sides of the track, and line into place one side at a time after taking out the rails. (4) Set up the slip switch, bolt and spike together in the material yard, place on a flat car with a locomotive crane, transport to the location where

PRACTICAL TRACK WORK

it is to be put in and place in position with a locomotive crane.

The first method should be used where there is no great objection to closing the track to traffic for a half a day or more. It is probably the cheapest way, especially since the trains will not cause delay in the work. The second method requires a good deal of room outside the track. The third or the fourth method can be used in busy congested locations where time and space are at a premium. The third method will work out very satisfactorily for almost any conditions that have to be met.

Setting Up a Slip Switch—A No. 10 movable-point frog, double slip switch, Fig. 39, consists of the following rails, which are named in the order in which the switch may be set up:

- 2 middle stock rails marked (a) and (a').
- 2 No. 10 frogs marked (b) and (b').
- 4 short length straight rails, 2 marked (c) and 2 marked (c').
- 4 movable frog points, 2 marked (d) and 2 marked (d').
- 2 curved rails marked (e) and (e').
- 4 curved switch rails, 2 marked (f) and 2 marked (f').
- 2 curved rails marked (g) and (g').
- 4 stock rails, 2 marked (h) and 2 marked (h').
- 4 straight switch rails, 2 marked (i) and 2 marked (i').
- 4 guard rails, 2 marked (j) and 2 marked (j').

The rails marked (k) and (k'), are cut to fit behind the frogs, and (l) and (l') are cut to fit behind the stock rails.

Tie Plates—After the proper locations of the rails have been mastered, the proper location of the plates must be

PRACTICAL TRACK WORK

studied. The types and styles vary. It is quite usual to use gage or continuous plates under frog and switch point rails. In automatic signal territory gage plates may be cut in two to prevent electrical connections between the rails; or the plates may be made in two pieces and joined together with insulation between them. Sometimes, however, the entire switch is cut out of the signal circuit, so that neither of the above arrangements is necessary. In order to get these plates right, it is advisable to take a complete set and distribute them in the position shown in Fig. 40. Or half of them may be laid out on the ground at each end of the ties in proper order. For instance, if there are four plates on one tie, two plates should be placed at each end of the tie, with the one which goes in the center nearest the tie and the one for the outer rail beyond.

As many of the plates look almost alike, there is danger of putting some of them on the wrong ties, or under the wrong rail on the right tie. This not only causes additional work, but makes additional spike holes in the tie. Fig. 38 shows a table in which the distance from the center of the switch to the center of the tie is given, and Fig. 40 shows a method of laying the plates on the ground and lining them up in the relative positions they will occupy in the switch. The light lines indicate bases of the rails. If the plates are laid out in this manner there is little chance of error when they are put on the ties.

Putting a Double Slip Switch in One Side at a Time—

When putting in a slip switch one side at a time under traffic, it is advisable to put the switch and frog point plates on the ties under the old track rail. The main

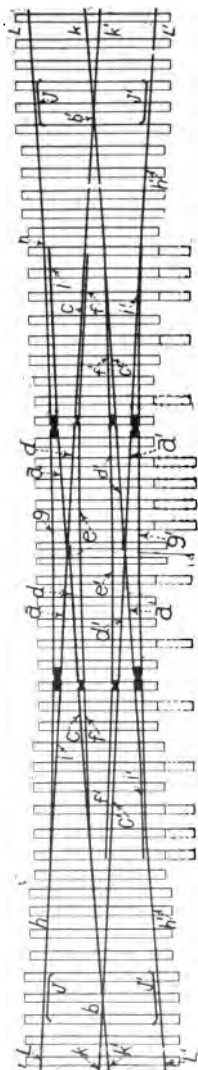


Fig. 39—Double Slip Switch Laid Out in the Order in which the Rails Should be Set Up.

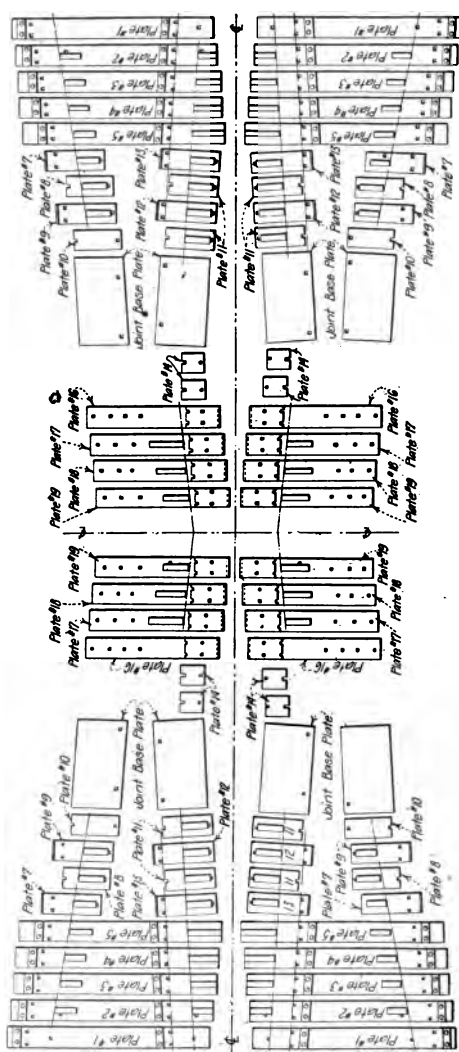


Fig. 40—Plates for Double Slip Switch Laid Out in Order in which They Occur in a Typical No. 10 Slip Switch; Light Lines Indicate Position of Edge of Rail Base.

PRACTICAL TRACK WORK

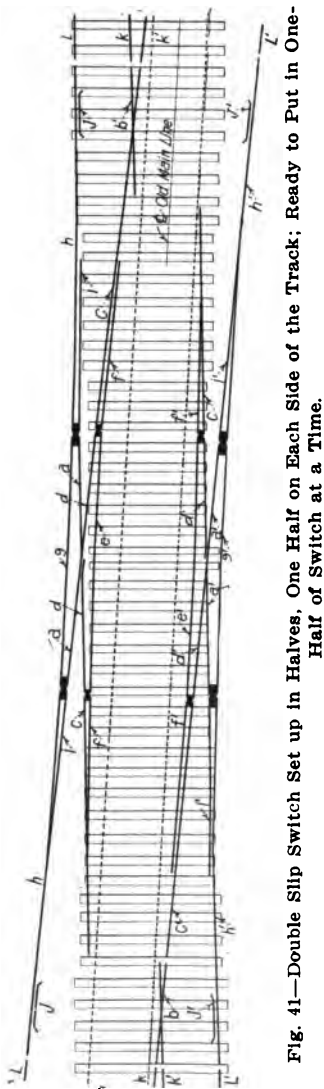


Fig. 41—Double Slip Switch Set up in Halves, One Half on Each Side of the Track; Ready to Put in One-half of Switch at a Time.

track connection rails behind frogs, should be cut before breaking the old track.

One half of the switch is set up on the ends of the switch ties outside of one track rail (see Fig. 41) and the other half of the switch is set up outside the other. Rails a, b, c, d, e, f, g, h, i, j, k and l from the center of the switch to the *left* end of the drawing form a quarter of the layout. Rails a, b, c, d, e, f, g, h, i, j, k and l from the center to the *right* forms another quarter, completing a half of the switch as shown on the upper half of the drawing. The same order is followed on the opposite side of the track, that is, the lower side of the drawing. Rails a', b', c', d', e', f', g', h', i', j', k' and l' to the left are set up and the same order is followed on the right.

The middle points of rails (a, a) and (a', a') must be accurately at the center stakes. If two stakes are provided, a string may be

PRACTICAL TRACK WORK

stretched between them and the center points, which are indicated by punch marks on the rails, should be located exactly under the string. If this is not correctly done, trouble will be experienced in getting the switch connected together.

After having the switch set up outside the track, guard rails (j) and (j') may be spiked permanently. All but about six spikes per rail length can then be pulled, which leaves enough to carry traffic at reduced speed. Flagmen are then sent out, and the joint spikes are pulled. If this work is carefully and completely done, and if all other necessary material such as bolts, spikes, etc., are handy, one side of the slip switch may be thrown in and spiked for a train in 30 minutes or less. It requires a competent, experienced foreman and a pretty large gang of experienced men, however, to do this kind of work. The writer has seen one side of two slip switches connected by about 150 ft. of track thrown into place and a train pass over in 22 minutes from the time the order was given to tear up.

A still better way to handle the tie plates, if time is available between trains, is to spread them out in their correct order and then lay them down between the ties so that after the slip switch is thrown in, all that has to be done is to raise the rail and slip the plate under, the plates being placed so that there is little possibility of a man getting them on the wrong ties.

The method in detail for putting in one side of the switch is as follows: The flagmen are sent out and the spikes left in the preliminary work are pulled on one side of the track. The rails are thrown up over the slip switch and outside of the ties. The half of the slip switch is

PRACTICAL TRACK WORK

then lined into place and gaged at each joint and each switch and frog point. The gage is laid across from the old track rail which has not been removed. If the plates for the switch point rails have not been placed, they must be placed when gaging. After spiking the joints and points, the track can be made safe for slow traffic by spiking one tie near the middle of each rail (b) and (c'). The construction of a slip switch is such that it is practically impossible for any of the rails to tip over and the weight is almost great enough to keep the rails from spreading under a train running over the straight route at reduced speed.

The remaining side of the switch is put in, in a similar manner, whenever time is available. A foreman must watch the laborers carefully to see that they make no mistakes such as removing and exchanging tie plates, or placing the gage on the wrong rail, where two rails are close together. Before spiking up the second side of the switch, all joints and plates should be put in, as well as all joint, heel of switch, and frog castings and straps called for on the plan. It may be necessary to drive some of the rails a little to get the straps, etc., connected up.

Setting Up Slip Switch Complete Outside of Track—

If there is plenty of room, the method of setting up the entire switch outside of the track and then lining it in all at once, is an excellent one. Or the switch may be entirely constructed on a flat car, the ballast stripped out, the old switch lifted out bodily and the new one lifted in by a steam derrick. It is especially advisable for an inexperienced foreman to set up the switch complete, outside of the track, as this will preclude the pos-

PRACTICAL TRACK WORK

sibility of getting the rails and fastenings mixed while the track is torn up, and delaying traffic while getting things straightened around. Connection rails (k) and (k'), (j) and (j'), may be cut and bolted up with the switch.

The method of putting in one side of a slip switch at a time causes little interruption to traffic. It is a very satisfactory method because if the old track is in good line and the gaging is properly done, the completed switch will require practically no lining up. This is a big advantage because the great weight and the interconnections between the rails of a slip switch make it difficult to line.

Spiking—After the slip-switch rails are all in place, a small gang of expert and intelligent spikers should be kept on the work and a few men should be started to putting on the switch rods. Spiking requires the careful attention of the foreman, and if a large number of spikers are kept at work it may be impossible to prevent poor gaging, spiking tie plates on the wrong ties, and other incorrect work.

Several Slip Switches in the Same Track—It frequently happens that several slip switches for an interlocking plant are to be put in one track quite close together. In this case saving of time and also of cut rails can frequently be effected by setting up two or three switches in two parts on opposite sides of the track, with connecting rails between the switches, and throwing in one side of the whole layout in one operation. Quite a large force of men is required to do the work when using this method.

Inspecting Similar Layouts—Valuable hints may be obtained by an inspection of switches which are similar

PRACTICAL TRACK WORK

to the one being constructed; but as standards change, it is quite likely that the new switch will be somewhat different from the old one. Switches under construction should be kept in correct surface and alinement, or else properly protected by slow flags and lights.

Locating Crossover Frogs—In laying either ordinary or slip-switch crossovers, the distance between frog stakes should be checked before starting work; and if found correct, each switch may be laid independently. If the distance is incorrect, as can be determined by reference to the table in the Appendix, the location for one frog should be changed and the distance between them corrected.

When there is any uncertainty about the exact location for the second frog, it is possible to find it by laying one or more rails behind the first frog and lining these accurately with the frog tangent. Then by using a track gage the point of frog may be located as follows:

Place the gage on the rail behind the frog and move it along until the opposite side of the gage just touches the gage line of the nearest rail of the other track.

Checking Material—In laying a single- or double-slip switch, especially in main line, the material should be very carefully checked up beforehand by the foreman, so that he is sure before the track is cut that he can again connect up without occasioning delay while going after material. This precaution will prevent delays to traffic.

CHAPTER IX.

SURFACING NEW TRACK.

Subgrade—When trains run over a track on a level-top grade before it is ballasted, the ties sink into the dirt several inches, the depth depending on the compactness of the soil, amount of moisture, etc. A longitudinal

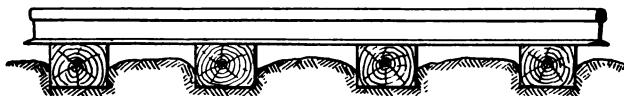


Fig. 42—Longitudinal Section of Track on New Grade After Being Used by Construction Trains.

section would then look something like Fig. 42. Usually the dirt is leveled off to the bottom of the ties before ballasting. One of two methods is followed: The whole grade is cut down even with the bottom of the ties, and the dirt thrown over the shoulder; or (2) the track is

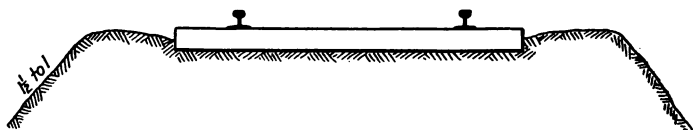


Fig. 43—Transverse Section of Track on New Grade After Being Used by Construction Trains.

raised and the dirt between the ties is tamped under them. This is the method usually followed and leaves the top of the roadbed somewhat like the cross section, Fig. 43. Method No. 1 is usually considered too expensive, and is seldom used. It is very desirable that

PRACTICAL TRACK WORK

the whole top of the grade be level, or better yet, be higher in the center than on the edges.

After the track has been ballasted, the center part of the sub-grade will continue to settle, so that even if the top is made level before ballasting, the dirt sub-grade will gradually assume a trough or ditch-like shape. The depth of this ditch has actually been found to be from 8 to 14 in. on a grade in Illinois from which the ballast has been removed. During the investigation which the government engineers have been making on depth of ballast, many cases of this kind have come to light. Several places have been investigated where the track was said to be in need of ballast, and the examination showed from 24 in. to 48 in. under the ties. On account of the nature of the sub-grade, this ballast had continued to sink in the ditch or trough, beneath the ties, pushing the dirt out at the top and sides.

Ballasts of nearly every kind—gravel, cinders, crushed stone—is much more pervious to water than the dirt which is in the embankment, and rain water soon penetrates to the dirt sub-grade. If the more impervious material of the sub-grade has a trough-like surface, the water will be retained. If the original depressions made by the ties in the sub-grade are left, the water will accumulate directly under the ties, and the greatest softening of the track foundation will occur right where the greatest pressure comes. The softening of the grade allows the ballast and the track to settle further, and the condition will become continually worse. The water which collects in this manner must slowly soak through the dirt in the sub-grade before it is rid of. If the surface of the sub-grade was made higher in the middle

PRACTICAL TRACK WORK

than on the shoulders, or even if it were level, the water which penetrated the ballast would find a natural outlet along the top.

The American Railway Engineering Association has recognized this condition, and several years ago specified that before ballasting a new track "all dirt above the bottom of the ties shall be removed."

The usual width of roadbeds for single-track main line is from 18 to 20 ft. and for double track from 30

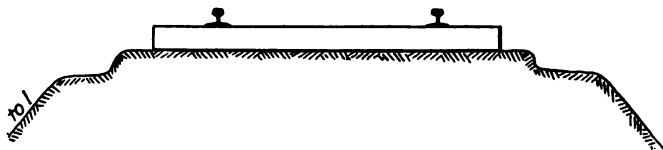


Fig. 44—Suggested Method of Finishing Top of Sub-Grade.

to 33 ft. For double track therefore it is even more imperative that the surface of the sub-grade be level, or higher in the center. The widths of roadbeds commonly used for single track are 14, 16, and 20 ft., but common practice seldom allows anything less than 16 ft. The distance from the end of the tie to the edge of a 16 ft. roadbed would be 4 ft. and to the edge of a 20 ft. roadbed would be 6 ft. This shows the necessity for having the shoulder lower than the center of the grade if drainage is to be facilitated.

A specification for a sub-grade could require the middle 10 ft. to be 6 to 12 in. higher than the shoulder, as shown in Fig. 44. If the width of the raised portion was made less than 10 ft. the difficulty of laying track would be increased unduly. On a grade finished as suggested, the dirt above the bottom and between the ties could be put under before applying the ballast. The

PRACTICAL TRACK WORK

bottom of the ties would in this case be well above the shoulders and allow for a future settling of the sub-grade beneath the ballast. Even if the track were surfaced without removing the dirt between the ties, the drainage on a grade of this kind would be much better than on the ordinary level top grade. Water collecting in the depressions left by the ties would find an easy outlet at the ends. While laying track the outside of the sub-grade, which would extend about one foot beyond

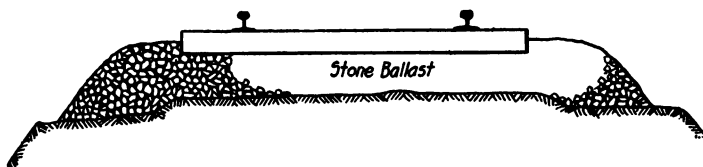


Fig. 45—Final Approximate Appearance of a Grade Finished as Shown in Fig. 44.

the end of the ties, would be rounded off and packed down solid.

It is possible that this refinement would make the cost of grading a little higher and it is possible that the railroads might be charged a slight increase per yard by a contractor; but even a large increase in initial cost would be justified to provide excellent drainage.

The sections as proposed by the American Railway Engineering Association provide for a slope from the edge to the center of the roadbed as shown in Fig. 46. This is certainly in line with correct ideas on the subject, the only question being whether the slope is sufficient. One chief engineer has been rolling the grade in layers as it is built, using a steam roller. It is stated that the results have entirely justified the extraordinary expense of this method.

Frequent Surfacing Necessary—Uneven surface will quickly develop in new track. And while most track men are familiar with surfacing track on an old bed, there are some differences in surfacing on a new bed which should be mentioned.

Two cross-section diagrams of gravel ballast sections for a double track. The top diagram shows a single track section with a base line of ties, ties, and ballast. The bottom diagram shows a double track section with a base line of ties, ties, and ballast. A key at the bottom defines the symbols used in the diagrams.

KEY TO GRAVEL BALLAST SECTIONS

IC OR	UPER	+ No section furnished for double track.
CORNER	300 BY	
BADDER	ATLAS P.	
CELESTY	HYC AND P.	
3000	HYC AND P.	

facing track could be somewhat as follows, varying the number of men filling in and tamping as conditions require:

1 hammer man,
8 men filling ends,
16 men tamping ends,
8 men filling centers,
12 men tamping centers.

63

152

PRACTICAL TRACK WORK

made by the foreman with his blocks. Two boards should be used so that by the time the jack men reach one spot board, another will have been set in advance so there is no delay. Of the three men on the jack, two carry the jack ahead, and the third carries the jack board (preferably a base plate with a wire handle) and places it in the next jack hole. Extra jack boards and a man to do nothing but place these are advantageous with a large gang. It is perhaps needless to say that the best men in the gang should be used around the jacks, as the amount of work accomplished depends greatly on them.

Spot Board Bracket—A very useful appliance for use with a surfacing gang is the spotboard bracket. It is usually made of steel, with a slot above to hold the spot board, the lower end being pointed so that it can be driven into the ground. The spot board when placed in the slot is prevented from blowing or falling off the stakes.

Level Man—The level man places his level at the jacks and sees that the track is brought up correctly. He also sets the spot board block for the foreman to sight across, or the level may be trimmed down on one side to the correct height and used instead of a spot board block. After the jacks are released, the hammer man can knock the track down if necessary, preferably using a wooden maul to prevent mutilating the ties. He should carry a spot board block so that he will not have to delay the jacks.

Using Judgment in Surfacing—The foreman should sight from about the same distance back of his jacks each time, and should raise both joints and centers with

PRACTICAL TRACK WORK

the spot. It is a waste of energy for the jack men to raise the joints first and then double back and raise the centers.

Tampers—The tampers should be organized to tamp the track in the following manner: If there are four pairs of tampers on the ends, each side, the head pair should tamp every fourth tie, the next pair the tie behind that, the third gang the next to the last tie and the last gang the last tie. The center tampers should follow a similar system. Besides keeping the men working close together without interfering with each other, this method makes it possible to get more work out of those men who would otherwise soldier. And more important still, the track as a whole is tamped in a more uniform manner. Under the old method, where each pair of tampers was assigned a rail or half-rail length, the sections tamped by the best tampers stood up better than the rest, and consequently the track settled unequally and became rough. Where the good tamping is mixed with the poor, the whole track is more likely to settle uniformly.

When the lift is more than $1\frac{1}{2}$ in., it is better to allow for settlement and tamp with shovels instead of tamping bars (except in stone ballast). When the raise is small and the bed is hard, the tamping bar is the most efficient tool. It is seldom, however, that tamping with bars is profitable in surfacing new track. The subgrade settles so much that the track will settle no matter how well the ballast has been tamped under the ties. It is difficult for most section foremen to take hold of a new section and handle the raising in a satisfactory manner. New track goes out of line and sur-

PRACTICAL TRACK WORK

face in so many places that one is at a loss to know where to begin. If it is desired only to smooth up new track, the foreman should carry the level personally, and it might be well to say here that if track is level, even if it is rough, it will ride fairly well—much better than track which is somewhat smoother and not level.

It often occurs that each individual rail is in fair surface, and yet the track is out of level, the rail running lower first on one side and then on the other. Such a condition causes the weight of the trains to be thrown unequally on the rails, thus tending to increase the settlement on the low side. By always using the level board this defect will be gradually corrected. Some foremen make the mistake of thinking they can tell when track is level, by the eye. We have heard many trackmen boast that they can do this, but have never seen any one prove it in a test.

New track should be raised high, especially if it is down and the mud shows occasionally between the ties. Even the second lift on new track should, in general, be 2 or 3 inches, and a 6 in. lift will frequently prove most profitable. However, the track must not be raised so high that there will not be enough ballast around the ties to prevent sun kinks. With heavy, coarse gravel there is not as much danger of sun kinks as with fine gravel. Good judgment must be used in putting the track up only so high that the ballast dressed in will be sufficient to hold it in line of surface.

Testing for Level—A foreman can test straight track for level as follows: Find a spot where the track is level, place the level board on the hand car and block it to read level. Then push the car along slowly and

PRACTICAL TRACK WORK

notice how the bubble varies and where the low rail changes from side to side.

When to Tamp Centers—Track centers must be tamped when making a high lift on new grades, and this is especially true of mud or dirt-ballasted track. The heaviest tamping should be next to the rail, but ballast should be tamped under the center sufficiently to completely fill the space under the tie. If pockets are left under the tie centers, the first rain will fill them and the track will be softer and in worse condition than before being raised. And as long as the water stays under the track it is almost impossible to better its condition. On a bridge approach the track should be raised higher than on the bridge, which will stay up when the approach settles. As the fill is usually high at such places, and no walls are provided to prevent the embankment from spreading out, the track shows a marked tendency to settle at such points and should be inspected immediately after every rain.

Records—Records made in surfacing track are a fine endorsement for a foreman, provided the work stays up, or provided he gets far enough away before it goes down so that he cannot be held responsible. But low lifts and omitted tamping on a new track simply represent company money thrown away, although the individuals concerned sometimes succeed in attaining their own advancement. This condition would not exist if less emphasis were laid on the number of feet of track laid per day and more attention paid to the quality of the work. As it is now, in many cases, those in charge of the track foremen look only at the amounts of track raised and so they encourage poor work.

PRACTICAL TRACK WORK

***Cost of Surfacing Track**—The following costs were obtained with a gang organized somewhat as follows, varying the number of men filling-in and tamping track as conditions required:

1 spot board man,	1 level-board man,
2 jack hole diggers,	1 hammer man,
6 jack men,	8 men filling ends,
4 jack tampers,	16 men tamping ends,
4 men filling in for jack	8 men filling centers,
tampers,	12 men tamping centers.

The costs have been shown under two divisions. In the first portion the rate paid laborers was \$2.00 per day, the work being done in the cool, early spring months, from April 17, to May 28, 1913. The costs in the second part represent totals where the ordinary rate for laborers was \$2.25 per day, work being done in the summer months from June 7 to October 3, 1913.

The total cost chargeable to track raising during the early period was \$5,064.00 for raising 60,100 ft. of track, an average raise of 6 in. This figures out about \$445.00 per mile, including lining and dressing up the track to standard.

The total costs chargeable to track raising during the period with laborers at \$2.25 per day was \$7,850.00 for 74,400 ft. with an average raise of 6 in., which figures out \$560.00 per mile. These figures also include dressing track to standard.

In both cases the ballast was clean gravel, but too fine to make the most rapid progress. It was, however, quite easily and quickly tamped. The track was shovel-tamped only and tamped clear across the ties, as the

*From an article contributed by the author and Charles L. Van Auken, to *Engineering and Contracting*.

PRACTICAL TRACK WORK

softness of the grade precluded the possibility of center-bound track.

Especial emphasis should be given these costs as they give comparison between:

(1) Costs of doing work with \$2.00 labor and \$2.25 labor.

(2) Unit costs in the early spring and unit costs in the hot summer months.

(3) The effect on costs of breaking up and reorganizing a gang.

The first gang struck for a raise of wages which was refused, and new men had to be procured at an increase of 25c per day and a very poor class of laborers was obtained, due to the summer demand. The gang hired in the early spring was American labor, while many foreigners were included in the second gang. The figures show that work in spring months can be done much cheaper, due to the cooler weather and the fact that better laborers can be obtained at lower wages.

The effect of breaking-in or organizing a new gang is not generally realized by many railway men. The costs were so much greater in this case that the contractor would have been justified in raising the wages of the old gang to at least \$3.00 per day. The work done in the spring was 20% cheaper than that done in the summer.

These costs, especially those during the early spring, are very low, probably much below the average of surfacing by railway forces. Two reasons are given for this low cost—ample supervision and quality labor. Few railroads would allow three assistants and one general foreman at a total of \$15.50 per day to supervise a gang

PRACTICAL TRACK WORK

averaging about 70 men. The railroad gang of this size is usually supervised by one foreman and one assistant, totaling about \$6.50 per day. And notwithstanding this poor supervision the railroads pay less for their laborers and get men who are in much greater need of supervision. The work described herein was done by a contractor.

The same foreman handled both gangs and the costs in each case include the extra cost of organizing, as each gang was made up from new shipments of men. The writer's experience would indicate that \$445.00 per mile for giving a 6-in. raise and dressing up track, is one that it is impossible for many railway company gangs to even approach, at the prevailing wages of \$1.50 to \$1.75 per day.

The conclusions to be deduced from the above is that it is highly profitable to:

(1) Allow ample supervision—say one assistant foreman to each 25 men.

(2) Hire men as early as possible in the spring.

(3) Pay quality prices and obtain quality labor.

(4) Push the work vigorously in the cool months.

(5) Use every means to retain an experienced and organized gang—it will pay well.

(6) Raise the wages of old men rather than hire inexperienced, incompetent men.

APPENDIX.

A HANDY METHOD FOR STAKING OUT CURVES.

Most foremen are familiar with the method of laying out a curve with a 100 ft. line and a rule. As few foremen have 100 ft. tape lines it is thought that this method applied to a 50 ft. tape would be handier and more applicable to their use in general. The illustration, Fig. 47, shows the way this method is used. The tape

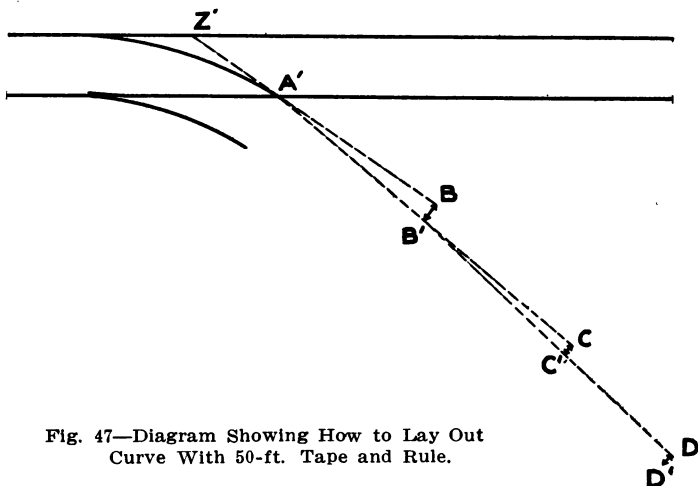


Fig. 47—Diagram Showing How to Lay Out Curve With 50-ft. Tape and Rule.

line is stretched and lined up with the turnout side of the frog, the point Z being the O end of the tape, the point A or frog point being at the 25 ft. point, and B being the 50 ft. point. From Z to B is a straight line. A distance is laid off from B to B', which is shown in the table as "Offset for 25 ft. chord from tangent." The tape is then moved forward and the O point placed at

PRACTICAL TRACK WORK

A and stretched tight with its center over B', its extreme end extending to C. From C to C' a distance is measured off as shown in the second column of the table called "Offset for 25 ft. chord to use on curve."

The table is very simple, the first column giving the degree of curve from which the foreman can pick out any degree which he wishes, from 1 up to 14. If it is a 7 deg. curve, his first offset will be $4\frac{1}{8}$ inches and his succeeding offsets in each case will be $9\frac{1}{8}$ inches.

When it is desired to lay a track to reach a building, the best method to use is to set a couple of stakes, one at each end of the building, the stakes to be set so as to give the desired clearance. Sighting across the tape, a point should be marked on the rail of the main track and then the distance from the nearest stake to the rail can be measured. An equal distance should be laid off from the point marked on the rail, which will give roughly the point from which to start the turnout.

Table for Laying Out Curves.

Deg. of Curve	Offset from Tangent for 25 ft. Chord.	Offset from Curve for 25 ft. Chord.
1	$\frac{5}{8}$ in.	$1\frac{1}{8}$ in.
2	$1\frac{1}{8}$ in.	$2\frac{5}{8}$ in.
3	2 in.	$3\frac{1}{8}$ in.
4	$2\frac{5}{8}$ in.	$5\frac{1}{4}$ in.
5	$3\frac{3}{8}$ in.	$6\frac{1}{8}$ in.
6	$3\frac{7}{8}$ in.	$7\frac{7}{8}$ in.
7	$4\frac{1}{8}$ in.	$9\frac{1}{8}$ in.
8	$5\frac{1}{4}$ in.	$10\frac{1}{2}$ in.
9	$5\frac{7}{8}$ in.	$11\frac{1}{8}$ in.
10	$6\frac{1}{8}$ in.	1 ft. $1\frac{1}{8}$ in.
11	$7\frac{1}{4}$ in.	1 ft. $2\frac{1}{8}$ in.
12	$9\frac{1}{8}$ in.	1 ft. $3\frac{3}{4}$ in.
13	$7\frac{7}{8}$ in.	1 ft. 5 in.
14	$8\frac{1}{2}$ in.	1 ft. $6\frac{1}{8}$ in.

GLOSSARY OF TRACK TERMS.

The words in this glossary have been collected largely from the personal experience of the author, and some of them are undoubtedly local. The words refer specifically to track, and may have meanings totally different in other trades or vocations. Furthermore, a list such as this is susceptible of constant additions and is not claimed to be complete. The author solicits additions from practical track men.

Adjustable switch rod, n.—A head rod carrying a device for varying the distance between the switch rails.

Air-line, n.—A main line having highest class gradient, alinement, roadbed and track.

Alinement, n.—The horizontal location of a railroad with reference to curves and tangents.

Angle bar, n.—

See (1) Compromise angle bar.

(2) Continuous angle bar.

(3) L. & S. angle bar.

(4) Long-and-short angle bar.

(5) Long punch angle bar.

(6) Offset angle bar.

(7) Short punch angle bar.

(8) Step angle bar.

Apron, n.—A short wide piece of sheet iron placed between two ballast cars with its ends on the floors to prevent ballast from falling on the track when unloading with a dirt plow.

Armstrong, n.—A speeder. A hand car on which the operator remains seated as he propels the car.

Assisting grade, n.—The inclination given to tracks of a yard to facilitate the movement of cars.

Automatic switch stand, n.—A switch stand which will throw automatically and allow a trailing train movement without damage, although the switch is lined up for the wrong track.

Backing, n.—(1) Rough stones used on the back of a masonry wall; (2) Gravel or filling behind a wall or abutment.

PRACTICAL TRACK WORK

Ball, n.—"Ball of rail." The top heavy portion of the rail on which the wheels run.

Ballast, v. t.—To raise a track, tamping and filling with ballast.

Ballast, n.—Selected material placed on the roadbed for the purpose of holding the track in line and surface.

Ballast, n.—

- See (1) Broken stone.
(2) Burnt clay.
(3) Chats.
(4) Chert.
(5) Cinders.
(6) Disintegrated granite.
(7) Gravel.
(8) Slag.

Ballast plow, n.—(1) A plow for unloading ballast from cars;
(2) A plow for spreading ballast which has been dumped in the center of a track.

Ballast stake, n.—An engineer's stake set so that the top is at the height the rail is to be when the track is surfaced.

Ball'er, v. t.—A command to the rail gang, holding a rail, to turn the ball toward their bodies.

Ball-worn, adj.—"Ball worn rail." A rail on which the ball has been badly worn.

Base, n.—"Base of rail." The flat, bottom part of a rail which sets on the ties.

Battered, adj.—"Battered rail." A rail the end of which has been pounded and flattened by passing wheels.

Belt, n.—A line built around a city, for the local distribution of freight.

Bend, v. t.—"Bend the rails." To throw a switch.

Bent, n.—The piles and cap, or trestle work, which supports bridge stringers.

Berne, n.—An approximately horizontal surface between the top or toe of a slope and a boundary line, ditch, or other excavation, for the protection of the slope.

Blade, n.—That part of a signal arm which, by its form and positions, gives the day signal indications.

Blade, v. t.—"To blade-in ballast." To shove stone ballast under the ties with shovels.

PRACTICAL TRACK WORK

Block, n.—A length of track of defined limits, the use of which by trains is controlled by block signals.

Block, n.—

See (1) Expansion block.

(2) Filler block.

(3) Heel block.

(4) Nipping block.

(5) Spot board blocks.

Block signal, n.—A fixed signal controlling the use of a block.

Block station, n.—A place from which block signals are operated.

Block system, n.—A series of consecutive blocks.

Blow, v. i.—A hobo term meaning to quit the job, and to leave that section of the country.

Blow, v. i.—To “blow-in.” A hobo term meaning to arrive.

Board, n.—A semaphore signal.

Body track, n.—Each of the parallel tracks of a yard or group of tracks upon which cars are switched or stored.

Bohunks, n.—Austrians, Polacks, or Bohemians.

Boil, v. t.—To “boil up.” To wash clothes, blankets, etc.

Bolted frog, n.—A frog in which the point and wing rails are held together by bolts.

Bond, v. t.—To connect two track rails together by a wire at the joint so that an electric current may pass around it.

Bond wires, n.—The short wires used in bonding a joint.

Bonded joint, n.—A rail joint past which an electric current is carried by bond wires.

Boot-leg, n.—The part of a line of trunking which dips to pass under a rail or other obstruction.

Borrow, v. t.—(1) To take material from a borrow pit; (2) **n.**—Material removed from a borrow pit.

Borrow pit, n.—An excavation made for the purpose of obtaining material for a fill or embankment.

Bounding post, n.—A post marking the division line between right-of-way and other property. Same as “boundary post.”

Branch line, n.—A line of lesser importance, leading off from the main line.

Brass collar, n.—An official.

Break, v. t.—“To break track.” See cut “to cut track.”

PRACTICAL TRACK WORK

- Break up, v. t.**—"To break up a train." To switch out or make a new distribution of the cars in a train.
- Break up, n.**—A track or tracks where trains are broken up.
- Bridge joint, n.**—A suspended joint. A rail joint which is supported by one tie under each end of the joint fastenings, but which has no tie directly beneath the meeting point of the rails.
- Bridge sign, n.**—A small board on which the bridge number is painted.
- Bridle box, n.**—A box for carrying bridle rods (taken off behind track machines) ahead on a track-laying machine. The box is placed in the tie trams.
- Bridle man, n.**—A man who places bridle rods on the rails ahead of a track laying machine.
- Bridle rod, n.**—A rod with the ends turned up to hook over the outsides of the rail bases, and hold unspiked rails to gage; also used to prevent spiked rails from spreading.
- Broken joints, n.**—Rail joints which are not opposite each other in a track.
- Broken stone, n.**—Stone broken by artificial means into small fragments of specified sizes, for ballast.
- Broomed rail, n.**—A rail the ball of which has been crushed and flattened in spots.
- Bubble man, n.**—The man who carries the level when surfacing track.
- Buck, v. t.**—(1) To move a string of rails by hitting the end of the string with another rail used as a ram; the rail is launched endways by a number of men, and delivers a sharp horizontal blow; (2) To set the end of a rail, a switch point or a frog, against the end of another rail already set up.
- Buck, v. t.**—"Bucking ties." Carrying out and distributing ties ahead of a track laying machine.
- Buck, v. t.**—"To buck up expansion." To decrease the expansion spaces in a track, by bucking up the rails.
- Bulk head, n.**—A wall of wooden timbers behind which dirt is confined or retained.
- Bull dozer, n.**—A large plow attached to the side of a car, used for leveling off piles of dirt at the side of a track.

PRACTICAL TRACK WORK

- Bum, v. t.**—(1) To ride over the country without paying fare.
(2) "To bum a lunch." To beg a lunch.
- Bump, v. t.**—To "bump a man." To displace a man on any job.
- Bumping post, n.**—A strong post solidly anchored and braced at the end of a stub track to stop cars or engines from leaving the track.
- Burnt clay, n.**—A clay or gumbo which has been burned into material for ballast.
- Butcher, n.**—"Bridge butcher." A bridge workman.
- Butcher, n.**—"Track butcher." A track workman.
- Car, n.**—
See (1) Ballast car.
(2) Dump car.
(3) Trimmed car.
- Cant, v. t.**—"Canted rail." A track rail which is tipped, so that it does not set perpendicular.
- Canary, n.**—A section-foreman.
- Cast, v. t.**—"To cast dirt." To throw dirt several feet with shovels.
- Catch siding, n.**—An upgrade side track used in mountainous countries, normally lined up to side-track runaway trains or cars.
- Cattle guard, n.**—A device placed between the rails and used in connection with wing fences to prevent cattle from passing inside the right-of-way.
- Center frog, n.**—The middle frog in a three throw switch.
- Center line, n.**—A line marking the center of an excavation, embankment or of a track.
- Center plow, n.**—A dirt plow which plows the dirt or ballast off of a train, delivering it on both sides of the track.
- Center punch, n.**—A pointed tool, used to mark the center point where a bolt hole is to be drilled.
- Center stakes, n.**—Stakes marking the center line.
- Channel switch, n.**—A split switch, to the points of which guard rail stiffeners are attached.
- Chats, n.**—Tailings from mills in which zinc and lead ores are separated from the rocks in which they occur.
- Checks, n.**—Small cracks in the wood of a tie due to seasoning.

PRACTICAL TRACK WORK

- Chert, n.**—An impure flint or hornstone, occurring in beds, used for ballast.
- Cinders, n.**—The residue from the coal used in locomotives or furnaces.
- Cinder track, n.**—(1) A track ballasted with cinders; (2) A track on which cars are placed to be loaded with cinders.
- Clamp, n.**—"Switch point clamp." A device for clamping safely the temporary switch point connection used in relaying track.
- Clamp frog, n.**—A frog in which the different parts are held together with clamps and keys.
- Clamp gage, n.**—A notched tool for holding rails to gage for the iron car while laying steel.
- Classification yard, n.**—A yard adjoining a separating yard, in which cars are classified or grouped in accordance with requirements, preliminary to forwarding in trains.
- Clean break, n.**—To break rail so that it shows smooth, squarely broken end surfaces.
- Clear, v. t.**—To place beyond reach of moving trains. (Used in the infinitive form.)
- Clearance, n.**—Distance beyond the extreme outside line of moving trains, to the nearest point on a building or other obstruction.
- Clearance post, n.**—A post set at point of clearance on converging tracks.
- Close, v. t.**—"To close-up track." To put in connections, or to make continuous a track which has been disconnected. See "connection."
- Cluster or general yard, n.**—An arrangement of yards in series for the separation, classification, assembling and storage of cars.
- Compound curve, n.**—A change of direction consisting of two or more simple curves of different radii, all in the same direction, joining one another at points with common tangent.
- Compromise angle bar, n.**—Same as "step angle bar" or "offset angle bar." An angle bar designed to make a smooth joint of two rails of different size.
- Compromise joint, n.**—Same as "step joint." A joint between two rails of different sizes.

PRACTICAL TRACK WORK

- Connection, n.**—To “make a connection”; to close up, or make continuous, a track which is disconnected.
- Continuous angle bar, n.**—(1) A combined angle bar and base plate. (2) An angle bar which has a flat base portion extending under the rail.
- Continuous plate, n.**—Used same as “gage plate.” A tie plate reaching clear across a tie, or under two or more rails.
- Corduroy track, n.**—Track layed on brush or logs across a swamp or marsh.
- Cotter, n.**—See key. A pin which is placed in a hole provided for that purpose in a bolt, to prevent the nuts from turning off.
- Creeping, inf.**—“Creeping rails.” Track rails which are moving longitudinally.
- Crib, v. t.**—To build a temporary track foundation, consisting of timbers placed systematically upon others, forming a substantial structure.
- Crib, n.**—A temporary track foundation built of timbers built up systematically one on the other, to form a substantial structure.
- Cribbing, n.**—Same as “crib.”
- Crossing frogs, n.**—Frogs placed where two tracks cross.
- Crossover, n.**—Two oppositely facing turnouts from adjacent tracks, connected to each other.
- Crossover track, n.**—A track connecting two adjacent tracks.
- Cross-tie, n.**—That transverse member of a railway track which supports the rails and by means of which they are retained in position.
- Crotch frog, n.**—A switch frog used where both leads are curved and the curves continue behind the frog.
- Crowd, v. t.**—“To crowd men.” To hurry up or “drive” a gang of men.
- Cull tie, n.**—A second-class tie. A tie which has been culled out from first-class ties.
- Curve, n.**—A change in direction by means of one or more radii.
- Curve, n.**—See (1) Compound curve. (2) Easement curve. (3) Heavy curve. (4) Reverse curve. (5) Sharp curve. (6) Simple curve. (7) Spiral curve. (8) Vertical curve.

PRACTICAL TRACK WORK

Curve monument, n.—A permanent mark set at the point of a curve, on which information is given as to degrees, elevation, etc.

Curve sign, n.—Same as "curve monument."

Cut, v. t.—"To cut in a connection." (1) To put in a switch. (2) To cut and place rails to form a track connection between the old and new rails, when relaying track.

Cut, v. t.—"To cut track." To disconnect any of the rails of a track.

Cut-off, n.—A track which shortens the original line.

Dead end, n.—The end of a stub track.

Dead head, v. i.—To ride on free transportation.

Dead head, n.—(1) An obstruction placed at the end of a stub track to prevent cars running off. (2) A passenger riding on free transportation.

Dead man, n.—(1) A buried timber to which a guy rope or block and tackle is anchored, or against which a brace is placed; (2) A fraudulent name carried on a payroll for which there is no laborer in the crew.

Dead rail, n.—Any rail in a track which does not receive the direct bearing of wheels.

Dead track, n.—A disconnected piece of track, over which trains cannot be operated.

Detector bar, n.—A bar placed at a switch or derail alongside of and normally below the top of rail, operated in connection with a facing point lock, derailing device, or switch, or so that its operation, and consequently that of the lock, will be prevented by the presence of any of the wheels of the train.

Departure or forwarding yard, n.—A yard in which cars are assembled in trains for forwarding.

Dinky, n.—(1) A short local passenger train. (2) The stationary engine on the pioneer car of a track laying machine. (3) A narrow gage locomotive. (4) A small standard gage locomotive.

Dinky-skinner, n.—(1) The engineer who controls the live rollers and through them the speed of the ties and rails, in the trams of a track laying machine. (2) The engineer of a narrow gage locomotive.

Dirt track, n.—Same as "mud track." A track surfaced with dirt.

PRACTICAL TRACK WORK

- Disintegrated granite, n.**—A natural deposit of granite formation, which, on removal from its bed by blasting or otherwise, breaks into particles of size suitable for ballast.
- Distribution track, n.**—(1) A track in a material yard from which different kinds of material are unloaded and piled. (2) A track in a freight yard where cars are stored ready for distribution to industry tracks, or for transfer to other roads.
- Doty tie, n.**—A tie affected by fungous growth.
- Double slip switch, n.**—A track crossing with two curved track connections affording two routes for passing from one track to the other.
- Double-up, v. t.**—To combine two or several track gangs.
- Drag, v. i.**—To quit work in order to obtain wages which are due with the idea of returning to work after the money is procured.
- Draw, v. t.**—To “draw a rail in.” To move a rail laterally in driving the spike home.
- Dress, v. t.**—To “dress up track.” To fill in and smooth up the ballast between and at the ends of the ties, and to build shoulder.
- Drift bolt, n.**—(1) A bolt which is driven through two or more heavy timbers, to bind them together. (2) A bolt used for holding caps and stringers in place.
- Drill track, n.**—A track connecting with the ladder track, which is kept clear for movements in yard switching.
- Drive, v. t.**—To “drive a spike home.” To drive a spike far enough to make the head rest snugly against the base of the rail.
- Drive, v. t.**—“To drive expansion.” To close or open up the expansion openings at rail joints.
- Drop, v. t.**—“To drop a tie.” To skip a tie.
- Dump, n.**—A fill or embankment.
- Dump, v. t.**—(1) To unload dirt or ballast. (2) To unload a ballast car, a dump car, or a dump wagon. (3) to release the automatic device on a dump car or wagon, so that the dirt is unloaded.
- Dump car, n.**—Same as “dumpy” or “leary.” A four-wheeled flat bottomed car used by laborers for moving track or other material.

PRACTICAL TRACK WORK

- Dump wagon, n.**—A wagon used in grading, having an automatic device for unloading or dumping material through the bottom.
- Dump, n.**—Same as “dump car,” or “leary.”
- Dust, v. t.**—“To dust a rail.” To raise up and drop a rail repeatedly in order to remove sand, ice, or other loose material from its surface.
- Dutchman, n.**—(1) A piece of rail a few inches long used to fill an opening between the ends of track rails. (2) Any short piece of rail.
- Easement curve, n.**—Same as “spiral curve.” A curve of regularly varying radii connecting a tangent to a simple curve, or connecting two simple curves.
- Eagle eye, n.**—A locomotive engineer.
- Elevation, n.** (as applied to curves).—The amount which the outer rail is raised above the inner rail.
- Elevation, n.**—“Running in” elevation. Gradually raising one rail above the other, when approaching a curve.
- Elevation, n.**—“Running out” elevation. Gradually bringing the track back to level after emerging from a curve.
- Embankment, n.**—A fill. A bank of earth or other material constructed above the natural ground surface.
- Emergency, n.**—The emergency air brake.
- Endo, v. t.**—A command meaning to move a rail, or other heavy object endways.
- Engine, n.**—“Dummy engine.” A small locomotive used in industrial plants or on construction work.
- Excavation, n.**—(1) The material taken from cuts, borrow pits, or foundation pits. (2) The hole left after removing material.
- Expansion, n.**—The space for longitudinal movements at the rail joints in a track, necessary on account of change of length of rails with change of temperature.
- Expansion block, n.**—Same as “expansion plug.” A piece of rail used to close a gap between the ends of two rails in a track. Its length may be from a fraction of an inch to several inches.
- Expansion plug, n.**—Same as “expansion block.”

PRACTICAL TRACK WORK

- Extra gang, n.**—A transient gang which is employed on other than regular section work; usually a large gang.
- Eye, n.**—The space between ties on the outside of the rail.
- Facing point, n.**—A switch or frog which points against the movement of trains.
- Farmer, n.**—A person with no experience in railroad work.
- Fastenings, n.**—"Track fastenings." Splices, bolts and spikes.
"Auxiliary fastenings."—Nutlocks, tie-plates, rail braces, and anti-creeping devices.
- Feeder, n.**—A branch line.
- Fiddle, n.**—An instrument for marking the proper position on ties, for the edge of the base of rail.
- Fiddle, v. t.**—To put chalk marks across the upper face of a tie on the line side, using the "fiddle."
- Fiddler, n.**—The laborer who fiddles ties.
- Fill, n.**—Same as "embankment."
- Filling, n.**—Material used in making embankments.
- Filler block, n.**—A casting placed between the guard rail and main line rail. The thickness of the block is adjustable or is such that the guard rail will be in its proper lateral position when resting snugly against this block.
- Finisher, n.**—A man who levels off the grade behind the grading gang.
- Finishing stakes, n.**—Final stakes set for the completion of the work.
- Fish plate, n.**—A flat piece of iron with holes drilled in it used for making a joint between two rails. Distinguished from an angle bar by being perfectly flat, and resting against the web of the rail only.
- Fixed signal, n.**—A signal in which the arm or disc is stationary, and can give but one indication.
- Flange, n.**—The part of the base of rail on one side of the web; the rail has two flanges, but only one base.
- Flanger, n.**—A machine provided with small plows for removing snow and ice from the gage side of rails.
- Flanger sign, n.**—A sign board and standard symbol, denoting an obstruction in the track ahead, to pass which the flanger plows must be raised.

PRACTICAL TRACK WORK

- Flange-way, n.**—(1) The space between a guard rail or cross-ing plank, and the main rail; (2) The space between the wing of the frog and the running rail.
- Flatten, v. t.**—To “flatten a curve.” To reduce the degree of curvature.
- Foreman.**—“Extra gang foreman.” The man in charge of an extra gang of laborers.
- Foreman, n.**—“Section foreman.” The foreman of a crew of men in charge of and responsible for the maintenance of a section of track and right-of-way.
- Freight yard, n.**—A railroad yard where freight cars are stored and freight trains are made up.
- Frog, n.**—A frog is a union of two rails which cross each other in such a manner that a wheel rolling along either rail will have an unobstructed flangeway while passing the other rail. (Camp.)
- Frog, n.**—See (1) Bolted frog. (2) Center frog. (3) Clamp frog. (4) Crossing frog. (5) Crotch frog. (6) Movable point frog. (7) Plate frog. (8) Rigid frog. (9) Solid center frog. (10) Special frog. (11) Spring rail frog.
- Front, n.**—The extreme end of a track under construction.
- Frost plow, n.**—A heavily constructed plow used in winter grad-ing work for breaking up frozen earth.
- Frost spike, n.**—A track spike longer than the ordinary spike, for use in shimmed up track.
- Fudge, v. t.**—To put in a piece of work which is contrary to standard, but which is made to fit approximately and fulfill the required conditions.
- Gage, n. (of track).**—The distance between the heads of the rails measured at right angles thereto at a point $\frac{5}{8}$ -in. below the top of the rail.
- Gage, n.**—“Standard gage.” The gage of 4 ft. 8½ ins.
- Gage, n.**—See (1) Clamp gage. (2) Tie plate gage. (3) Tight gage. (4) Track gage. (5) Wide gage.
- Gage bearer, n.**—A laborer who carries the clamp-gage ahead of the rail car.
- Gage plate, n.**—A “continuous plate.” A slide plate extending clear across the tie, and provided with braces which rigidly hold the rails to gage.

PRACTICAL TRACK WORK

- Gauntlet track, n.**—A track, one rail of which lies between two rails of a main track. It may leave the main track by a switch; a gauntlet track may lead off from a side track, the middle rail entering and leaving the center of the main track by use of frogs.
- General foreman, n.**—A foreman who has charge of all the work and laborers, on a construction job.
- Grade, v. i.**—To prepare the ground for the reception of the ballast and track.
- Grade, n.**—Ground which has been prepared to receive ballast and track.
- Grade crossing, n.**—A crossing in which both roads are at the same level or elevation.
- Grade line, n.**—The line on the profile representing the tops of embankments and bottoms of cuts ready to receive the ballast.
- Grade stake, n.**—A stake set with the top at the correct height for the track.
- Gradient, n.**—The rate of inclination of the grade-line from the horizontal.
- Grading machine, n.**—A large plow attached to a machine with endless apron carriers for excavating and throwing dirt onto a grade, or into dump wagons.
- Grass line, n.**—A defined line of vegetation on the shoulder of embankment. The space between the grass line and the track is kept free from weeds and grass.
- Gravel, n.**—Small worn fragments of rock, coarser than sand, occurring in natural deposits.
- Gravel train, n.**—A train carrying gravel for ballast.
- Gravity yard, n.**—A yard in which the separation or classification of cars is aided by gravity. The movement of cars to yard tracks is accomplished by pushing the cars up to the top of a hump, where they are released and run down hill to the desired spot.
- Green horn, n.**—A man inexperienced in track work.
- Grief, n.**—Difficulties encountered and caustic criticism from superior officers.

PRACTICAL TRACK WORK

- Ground switch stand, n.**—Same as “jack knife switch stand.” A simple lever stand, without target, the handle of which lays flat on the head blocks when the switch is closed.
- Guinea, n.**—A foreigner of any nationality.
- Gumbo, n.**—A term commonly used for a peculiarly tenacious clay, containing no sand.
- H. B. (head block), n.**—Used interchangeably with P. S. to denote the position for the switch point.
- Half round tie, n.**—A slabbed tie having greater width on lower than on top face.
- Hand out, n.**—A lunch.
- Hang, v. t.**—To “hang angle bars.” To place a pair of angle bars on the head end of a rail, when laying it in the track, bolting loosely with only one bolt.
- Hardy, n.**—A rail chisel. See track chisel.
- Head, n.**—“Head of rail.” Same as “ball of rail.”
- Head block.**—The long tie or ties to which the switch stand is spiked.
- Head rod, n.**—Same as “number one” rod. The switch rod nearest the point of switch.
- Heart tie, n.**—A tie showing sapwood on one or two corners only, which sapwood does not measure more than one inch on either corner, on lines drawn diagonally across the end of tie.
- Heavy curve, n.**—Same as “sharp curve.” A curve which has a high degree of curvature.
- Heel, n.**—(1) The end of the rail being placed which will rest against the end of the rail previously laid. (2) The end of a switch rail. (3) The end of a frog farthest from the switch point. (4) Anything used as a fulcrum under a bar.
- Heel block, n.**—A casting used in the joint at the heel of the switch point.
- Heel casting, n.**—Same as “heel block.”
- Heel-in, v. t.**—To “heel-in” a rail, frog or switch point. To place the end of the rail, frog or switch point against the end of a rail in the track, when putting in a switch.
- Heel plate n.**—A plate used under the joint at the heel of the switch rail.

PRACTICAL TRACK WORK

- Heeler, n.**—The man who, in laying track, gives the commands, and directs the placing of the heel of each rail in the angle bars.
- Hewed tie, n.**—A tie hewed on at least two sides.
- High.**—A command given to jack men when raising to indicate that the track has reached the required height.
- High spiker, n.**—A spiker who follows a spiking gang, and drives spikes down which have not been driven home.
- High switch stand, n.**—A switch stand with a high target, generally used for main line.
- Hip heeler, n.**—The laborer who works next to the heeler.
- Hobo, n.**—An itinerant track laborer, who makes a practice of travelling around the country, working temporarily on extra gangs.
- Hog head, n.**—A locomotive engineer.
- Hold, v. t.**—"To hold a train." To stop a train or delay it.
- Holding power, n.**—The "holding power" of a tie. The resistance a tie offers to a spike to prevent spreading of the rails.
- Home block signal, n.**—A fixed signal at the entrance of a block, to control trains in entering and using the block.
- House track, n.**—(1) A track alongside or entering a freight house and used for cars receiving or delivering freight. (2) A track running alongside a freight house. (3) A track leading to an engine house.
- Industry track, n.**—A track leading to a factory or manufacturing plant.
- Insulated joint, n.**—A track joint designed to stop the flow of an electric circuit.
- Interlocking machine, n.**—The primary operating or controlling mechanism of an interlocking plant, placed in the interlocking station, and in which the interlocking feature is effected.
- Interlocking plant, n.**—An arrangement of switch, lock and signal appliances so interconnected or interlocked that one movement must succeed another in a predetermined order.
- Intermediate switch, n.**—A switch in a yard, not connecting directly with the ladder track, but leading off from a primary track which does connect with the ladder track. The intermediate switch points are located just behind the frog of the primary track.

PRACTICAL TRACK WORK

- Intermediate switch stand, n.**—A stand whose target is at a height intermediate between a high and a low switch stand. Generally used in yards.
- Iron, n.**—Track rails.
- Iron car, n.**—A four-wheeled car propelled by men or horses, used in laying track.
- Jack, n.**—A car without air brakes.
- Jack, n.**—"Track jack." An instrument used for raising track.
- Jack knife switch stand, n.**—Same as "ground stand."
- Jerry, n.**—An Irish track laborer.
- Jim, v. t.**—To spoil or render unfit for use.
- Jimmed, adj.**—Spoilt or injured.
- Jim crow, n.**—A rail bender, designed only to give a rail a kink or angle at one point.
- Joint, n.**—See (1) Bonded joint. (2) Bridge joint. (3) Broken joint. (4) Compromise joint. (5) Insulated joint. (6) Mock joint. (7) Offset joint. (8) Square joint. (9) Step joint. (10) Supported joint. (11) Suspended joint. (12) Three-tie joint.
- Junction sign, n.**—A warning sign placed a standard distance from a railway crossing or junction.
- Junk line, n.**—A railroad line containing old and poor material, and in poor running condition.
- Key, n.**—An iron pin which is placed through a hole in the end of a bolt, in order to hold the nut on. The pin is split, the two parts are spread after inserting in the hole, and the key is thus prevented from coming out.
- Kill, v. t.**—"To kill a track." To disconnect a track so that it cannot be used.
- King-snipe, n.**—A section foreman.
- Kink, n.**—A short piece of track which is out of line.
- L. & S. angle bar, n.**—Same as "long and short angle bar."
- Ladder track, n.**—A track connecting in series the body tracks of a yard.
- Lagging, n.**—Same as "sheathing." Boards braced against the sides of earthen excavations, etc., to prevent cave-ins.
- Launch, v. t.**—To slide. To move endways.
- Lead, n.**—(1) Distance from point of switch to point of frog.
(2) A ladder track.

PRACTICAL TRACK WORK

- Lead track, n.**—An extended track connecting either end of a yard with the main line.
- Leary, n.**—Same as “dumpy” or “push car.”
- Level, n.**—The condition of the track in which the elevation of the rails transversely is equal.
- Lift rails, n.**—Rails which lay up against main line rails when a switch is thrown for side track; these rails gradually elevate the wheels until the flanges are carried up over the main line rails.
- Line, n.**—The condition of the track in regard to uniformity in direction over short distances on tangents, or uniformity in variation in direction over short distances on curves.
- Line, v. t.**—(1) To line track. To put track in a desired, or the proper position. (2) To line up switches. To throw one or several switches so that a desired route is obtained.
- Line, n.**—(1) A railroad. (2) A route on a railroad.
- Line bent.**—“Line bent rail.” A rail which has been bent laterally, and retains a permanent set.
- Line man, n.**—The man who stretches the tie line ahead of the tie spacers in a track laying gang.
- Liner, n.**—(1) A foreman engaged in lining track. The laborers are also frequently called liners. (2) Gage liner. The laborer who throws the rail into position for the gage spikers.
- Lip, n.**—A lateral projection of a rail end at a joint.
- Live rail, n.**—Same as running rail. The rails of a track scale on which cars are placed for weighing.
- Loading track, n.**—A track on which cars are placed to take on a load.
- Lock-nut, n.**—A nut so designed that when tightened it strongly resists loosening.
- Long and short angle bar, n.**—Same as L. & S. angle bar. An angle bar with a long punch on one end and a short punch on the other, to fit two differently drilled rails.
- Long punch angle bar, n.**—An angle bar with the maximum distance between punch holes, where a railway has several standard distances.
- Low switch stand, n.**—A stand with a low target, and a lever which rests on the ties when the switch is closed. For use in yards.

PRACTICAL TRACK WORK

- Machine, n.**—A track laying machine.
- Main line, n.**—The principal track in any district over which trains are operated.
- Make up, v. t.**—To “make up a train.” To place cars intended for certain trains in their proper order on a track.
- Material yard, n.**—A yard used for storing materials to be used in laying a stretch of track, or a freight or passenger yard.
- Mock joint, n.**—An insulated joint in which a short piece of rail is used on the outside to stiffen up the joint and take part of the wheel load off the main line rails.
- Monkey, n.**—The hammer of a pile driver.
- Mormon, n.**—A scraper made of wooden planks with a steel tip. For pulling dirt down a bank or finishing top of grade.
- Movable point frog, n.**—A device for providing a continuous rail alternately for either of two intersecting routes.
- Muckers, n.**—Laborers engaged in excavating.
- Mud, v. t.**—A word used by a man in a lining gang to call for a new hold.
- Mud sill, n.**—A heavy timber imbedded in the earth at the end of an embankment, to form a support for stringers.
- Mud track, n.**—Same as “dirt track.” Track surfaced with dirt.
- Neck, n.**—“Neck of a frog.” Same as “throat of a frog.”
- Nip, v. t.**—To raise with a bar.
- Nipper, n.**—A man detailed to nip up ties for a gang of spikers.
- Nipping block, n.**—A piece of wood used as a fulcrum in nipping up ties for a spiking gang.
- No. 2, n.**—A dirt shovel.
- Offset angle bar, n.**—Same as “compromise angle bar” or “step angle bar.” An angle bar designed to connect smoothly two rails of different size.
- Old man, n.**—(1) A device for holding a ratchet rail drill in position. (2) A ratchet drill. (3) A man in charge of a number of gangs of laborers, or the official at the head of a department.
- Open track, n.**—A body track reserved for movements through a yard.
- P. F.**—Point of frog.
- P. S.**—Point of switch.
- Panel, n.**—A rail length of track.

PRACTICAL TRACK WORK

Paper collars, n.—Officials.

Passenger yard, n.—A railway yard in which passenger equipment is kept.

Passing siding, n.—A special siding, usually connected with the main track at both ends, and used to enable trains to pass each other.

Passing track, n.—Same as "passing siding."

Pecky tie, n.—A tie made from a cypress tree affected with a fungous disease, known locally as peck.

Peddle, v. t.—To distribute track material.

Peddler, n.—A man who distributes track material.

Peddler, n.—A traveling representative of a railway supply company.

Penstock, n.—An arrangement for supplying locomotive tanks with water. It consists of a pipe with a pivoted spout which may be swung out over the engine tank. The water is supplied under pressure and is controlled by a valve.

Pick, v. t.—"To pick up track." To surface track.

Pick, v. t.—"To pick up low joints." To raise low joints.

Pickled tie, n.—Same as treated tie. A tie which has been subjected to a process for preserving it from decay.

Pickeroon, n.—A small sharp pick used in rolling ties into the trams of a track-laying machine.

Pile plank, n.—A plank driven in the ground in the same manner as a pile.

Pinch, v. t.—"Pinch a car." To move a car by using a pinch bar.

Pioneer car, n.—The head car in a track-laying machine, on which the engine for operating the track machine is carried.

Piped, adj.—"Piped rail." A rail which splits in use; more especially a rail which splits at some point other than the end.

Pipe run, n.—An assemblage of pipe lines of an interlocking plant, with their carriers and foundations, in a common course.

Pipe wrench, n.—A track wrench over the handle of which a piece of iron pipe is driven, in order to lengthen the handle.

Pit, n.—See (1) Borrow pit. (2) Cinder pit.

Pit track, n.—(1) The loading track in a gravel or sand pit. (2) Track on which cars are placed for loading cinders from a cinder pit at a roundhouse.

PRACTICAL TRACK WORK

- Plan, n.**—A drawing furnished for the guidance of work.
- Plate, n.**—See (1) Continuous plate. (2) Gage plate. (3) Heel plate. (4) Slide plate. (5) Tie plate.
- Plate frog, n.**—A frog in which the different parts are riveted to a heavy base plate.
- Plow, n.**—See (1) Ballast plow. (2) Bull dozer. (3) Center plow. (4) Frost plow. (5) Side plow. (6) Spreader.
- Point, n.**—(1) "Theoretical point of frog." The imaginary point where the gage lines of a frog intersect. (2) "Actual frog point." The end of the metal at the converging gage lines.
- Pole man, n.**—The man who handles the rail derrick on the head end of the track machine.
- Pole tie, n.**—A tie made from a tree of such size that not more than one tie can be made from a section. Such a tie generally shows sapwood on two sides.
- Policing.**—"Policing the right of way." General clearing up of right of way.
- Pollock, n.**—A Polander.
- Poling yard, n.**—A yard in which the movement of cars is produced by the use of a pole or stake operated by an engine on an adjoining parallel track. The movement may be facilitated by an assisting grade.
- Post, n.**—"Whistling post." A post with a standard sign on it, showing that there is a grade crossing or other dangerous place ahead, for which the engineer should sound the whistle as a warning.
- Plug, n.**—A short railway branch line.
- Profile, n.**—The intersection of a longitudinal vertical plane with the ground or established gradients; or a drawing representing same.
- Pumping track, n.**—Track where the ties work up and down excessively in wet ballast.
- Pumpkin vine, n.**—A railroad containing many sharp curves.
- Push car, n.**—Same as a "dumpy" or "dump car."
- Puzzle switch, n.**—A double slip switch.
- Quartered tie, n.**—A tie made from a tree of such size that four ties only are made from a section.
- Rail, n.**—Rail, used as a collective noun for plural.

PRACTICAL TRACK WORK

Rail, n.—See (1) Ball worn rail. (2) Battered rail. (3) Broomed rail. (4) Lift rail. (5) Line bent rail. (6) Live rail. (7) Piped rail. (8) Ravelled rail. (9) Receiving rail. (10) Running rail. (11) Skid rail. (12) Stock rail. (13) Surface bent rail. (14) Taper rail. (15) Third rail. (16) Wing rail.

Rail bender, n.—A tool for giving a rail a uniform curve from end to end.

Rail brace, n.—A device to be spiked against the outside of a rail to prevent track from spreading or to hold guard rails in position.

Rail cut, adj.—"Rail cut tie." A tie which a rail has sunk into.

Rail fork, n.—A fork shaped tool used in turning and handling loose nails.

Rail nipper, n.—A man in a track laying gang who raises the rail which is already in position, in order to facilitate heeling in the next rail.

Rail plug, n.—Same as "expansion plug."

Rail rests, n.—Supports for holding one or more rails a sufficient height above ground to prevent their being covered with snow.

Rail square, n.—A wooden square used to determine whether joints in a track are in correct relative positions.

Rail-wear, n.—The deterioration of a rail caused by passing trains.

Railroad, v. t.—(1) To move a stationary engine by an anchor line and drum or wench. (2) To accomplish a large amount of work. (3) An exclamation or warning to denote the approach of a train, or to warn of any danger.

Ram, n.—The hammer of a pile-driver.

Ravelled rail, n.—A defective rail which has been worn by the passage of wheels so that small ragged strips protrude outward from the ball.

Receiving rail, n.—The rail, at a joint on a one-way track, on which the wheels drop in the direction of traffic.

Receiving tracks, n.—Tracks which are used for incoming trains.

Receiving yard, n.—A yard for receiving incoming trains.

Re-gage, v. t.—To draw the spikes on a track, and respike it to standard gage.

PRACTICAL TRACK WORK

Relaying, adj.—"Relaying gang."—A gang which is relaying track.

Relaying, adv.—Replacing worn track rails with new rails.

Relief track, n.—An extended passing siding, long enough to allow an inferior train to continue running while a superior train passes.

Rerail, v. t.—To put a car back onto the track, after it has been derailed.

Reverse curve, n.—Two curves in opposite directions in a continuous line joining at a common tangent point.

Right-of-way map, n.—A plat representing the actual location and dimensions of the property, rights or franchises that are owned or controlled by a railroad company.

Rigid frog, n.—A frog in which all parts are stationary.

Rigid switch stand, n.—A switch stand which allows for no emergency spring movement if the switch is run through.

Rip rap, v. t.—To cover a bank or embankment with rip rap.

Rip rap, n.—Stone placed on a bank or an embankment to protect same from stream washing.

Road, n.—"Hitting the road, hitting the gravel, hitting the dirt or hitting the grit." Hobo terms, meaning to start out over the country.

Roadbed, n.—The finished surface of the roadway upon which the track and ballast rest.

Roadway, n.—That part of the right-of-way of a railroad prepared to receive the track.

Road grader, n.—A machine for leveling the top of a grade.

Roberts-man, n.—A hobo who has worked on a Roberts track-laying machine.

Rod, n.—See (1) Adjustable switch rod. (2) Bridle rod. (3) Head rod. (4) Number one rod. (5) Switch rod.

Rolling stock, n.—The cars and engines owned by a railroad.

Rough neck, n.—A brakeman or switchman.

Run, v. t.—To "run through a switch." To pass over the switch points (trailing) when they are not lined up for the route; if the stand is rigid either the stand or the switch will be put out of operation; if the stand is a spring stand, it will throw automatically.

PRACTICAL TRACK WORK

- Run around track, n.**—A short track connected at either end with a main track; the run around track is kept clear so that a train may be spotted on the main track and the engine can run around it and couple on the other end.
- Run-off, n.**—A temporary incline in a track from a higher part which has just been raised, to the old level.
- Running rail, n.**—A rail which receives the bearing of wheels.
- Running surface, n.**—Putting a track in a condition just good enough to prevent injuring of rails by an engine running over it slowly.
- Running track, n.**—A track reserved for movements through a cluster or general yard.
- Rust eaters, n.**—The rail gang. The men who handle rails in track construction.
- Runway, n.**—A plank or board passage way for wheel barrows.
- Safety switch stand, n.**—Same as "automatic switch stand."
- Sag, n.**—A dip or low section in a track.
- Sand, n.**—Any hard, granular, comminuted rock material, finer than gravel, and coarser than dust.
- Sand hog, n.**—A man who opens and dumps automatic ballast cars.
- Sand siding, n.**—A gauntlet track covered with sand, used in place of a derail. The sand exerts great resistance and soon stops a train.
- Sap tie, n.**—A tie which shows more than a prescribed amount of sap-wood in cross-section.
- Sawed tie, n.**—A tie having both faces and sides sawed.
- Scale track, n.**—A track leading to a scale for weighing cars.
- Scissor bill, n.**—(1) The name given by the hoboes to a local laborer working on an extra gang. (2) An officious person.
- Scout, n.**—A short local passenger train.
- Score mark, n.**—A mark made by the ax as an aid in hewing out a cross tie.
- Scraper, n.**—"Fresno scraper." A large slip for two or more teams.
- Semaphore signal, n.**—A device consisting of a movable arm attached to a mast, the indications being given by the position of the arm.

PRACTICAL TRACK WORK

- Separating yard, n.**—A yard adjoining a receiving yard, in which cars are separated according to district, commodity, or other required order.
- Set, v. t.**—"Set a spike." To place a spike vertically on a tie and tap lightly with the hammer, so that the spike will be in the proper position for driving.
- Shakes, n.**—Separations of the wood fiber of a tie, due to the action of the wind.
- Shank, n.**—(1) The body of a bolt. (2) The body of a spike.
- Sharp curve, n.**—Same as "heavy curve."
- Sharp flange, n.**—A wheel flange which has been worn thin, and is likely to cause a derailment.
- Sheet, v. t.**—To place and brace boards against an earthen bank to prevent caving in.
- Sheet piling, n.**—Planks driven to form a solid wall to support a bank while excavating.
- Sheeting, n.**—Same as "lagging."
- Shim, n.**—"Expansion shim." A piece of iron inserted temporarily between the ends of rails in track laying, to make allowance for the expansion of the rails.
- Shim, n.**—"Track shims." Wooden blocks of varying thickness, for insertion between the base of rails and the ties; used to raise low places in a track in the winter time, when the ties are frozen in the ground.
- Shim, v. t.**—(1) To place surface shims under a track. (2) To place expansion shims between the ends of the rails when laying track.
- Shim spike, n.**—Same as "frost spike."
- Shoe, n.**—A device used to prevent sliding friction between the wheels of a car and the rails; used when ballast unloaded in center of track is being spread by means of track ties placed in front of and against the wheels of a car, and the car shoved ahead.
- Shoo fly, v. t.**—To build around an incompleted fill, cut, bridge, or tunnel.
- Shoo fly, n.**—A track built around an incompleted fill, cut, bridge, or tunnel.
- Short punch angle bar, n.**—An angle bar with the minimum standard distance between holes, where several different standards are used.

PRACTICAL TRACK WORK

Shoulder, n.—The top part of the railroad embankment, from the end of the ties to the edge of the slope.

Shoulder, v. t.—To “shoulder up track.” (1) To build and shape up the embankment outside the end of the track ties; (2) to build a shoulder.

Shunt, v. t.—To switch cars.

Shuttle-engine, n.—(1) An engine used in a hump yard to carry the brakeman to the top of the hump. (2) An engine which is run back and forth to try out the routes in a new interlocking plant.

Side plow, n.—A ballast plow which shoves the ballast all off on one side of the train.

Siding or side-track, n.—A long track, away from a yard, connected with the main or running track at one or both ends and used for the storage or irregular movement of cars or trains.

Siding, n.—See (1) Catch siding. (2) Passing siding. (3) Sand siding.

Side track, v. t.—To run a train in on a side track.

Sign, n.—A visible signal.

Sign, n.—See (1) Bridge sign. (2) Crossing sign. (3) Curve sign. (4) Flanger sign. (5) Junction sign.

Signal, n.—See (1) Advance block signal. (2) Block signal. (3) Distant block signal. (4) Fixed signal. (5) Home block signal. (6) Semaphore signal. (7) Tell tale signal. (8) Whip guard signal.

Simple curve, n.—A change in direction by means of a single radius.

Single slip switch, n.—A slip switch with only one curved track connection, thus affording only one route between the tracks which cross.

Skeleton track, n.—A track which has no filling between the ties.

Skid, v. t.—To move material over skids.

Skids, n.—Beams along which material is slid in unloading, loading or piling up material.

Skid rails, n.—Rails designed especially for use as skids, provided with hooks which fit the stake pockets of a flat car.

Skinner, n.—A teamster in a grading gang.

Slab tie, n.—A tie made from slabs.

PRACTICAL TRACK WORK

- Slabbed tie, n.**—A tie sawed on top and bottom only.
- Slag, n.**—The waste product, in a more or less vitrified form, of furnaces for the reduction of ore; usually the product of a blast furnace. Used for ballast.
- Slew, v. i.**—To slide sideways out of position.
- Slewed track, n.**—Track which has slid out of line.
- Slide plate, n.**—A metal plate under a switch point, a movable frog point, or the spring rail of a frog, over which those devices slide in their lateral movements.
- Slip, n.**—A dirt scraper used in grading.
- Slip switch, n.**—A crossing of two railway tracks, and combined with it a curved track or tracks and switch points providing a route from one track to the other.
- Slope, n.**—The inclined face of a cut or embankment.
- Slope stake, n.**—A stake set to mark the top or bottom of a slope.
- Sloper, n.**—A laborer who finishes off the slope of an embankment or cut.
- Smoke, n.**—Discarded core sand from an iron foundry which is exceedingly fine, dry, and dirty.
- Smooth, v. t.**—To “smooth up track.” To raise the low places only, and rapidly put the track in fair shape.
- Snipe, n.**—A section hand.
- Snipe up, v. t.**—To go over a track, raising only the worst parts.
- Snow fence, n.**—A fence constructed to prevent snow drifting onto the right-of-way.
- Soldier, v. t.**—To kill time or to shirk.
- Soldier, n.**—One who shirks.
- Solid center frog, n.**—A frog in which point and wing rails are cast in one piece, and require neither frog bolts nor frog clamps.
- Spacing, n.**—The distance between centers of ties on a track.
- Spear spike, v. t.**—To omit part of the spikes on the inside of a track.
- Special frog, n.**—A frog made to fit into a special track layout, where no regular frog will fit.

PRACTICAL TRACK WORK

Special tracks, n.—In a typical yard there will be several tracks devoted to special purposes, varying with the local conditions. These will include caboose tracks, scale tracks, coaling tracks, ash-pit tracks, bad-order tracks, repair tracks, icing tracks, feed tracks, stock tracks, transfer tracks, sand tracks, depressed tracks, etc.

Speeder, n.—Same as "armstrong."

Spike, n.—Used as a collective noun to denote plural.

Spike-killing.—The destruction of a tie on account of frequent driving and pulling of spikes.

Spike puller, n.—(1) A short claw-like tool designed to clutch a spike which is between a rail and a guard rail, and which cannot be reached by an ordinary claw bar. (2) A man who pulls spikes.

Spike-punch, n.—A blunt pointed instrument for driving down spike stubs so that they will be flush with or below the tie face.

Spike-slot, n.—A notch in an angle bar into which the spike is driven.

Spike throat, n.—The body of a spike just beneath the head, which rests against the rail base.

Spike-stub, n.—A spike with the head broken off.

Splices, n.—Angle bars or fish plates.

Split tie, n.—A tie made by splitting from a tree of such size that two or more ties can be made from a section.

Spiral curve, n.—Same as "easement curve." A curve in which the degree of curvature is low at the points and gradually increases until the maximum degree is reached.

Spoon, n.—A shovel.

Spot, v. t.—To place cars. To move cars to a desired position.

Spot, n.—The black line on the spot board.

Spot, n.—Cars "on spot." Cars in the correct or desired position.

Spot-board, n.—A broad straight-edged board painted white, with a wide black line running across it transversely. Used in raising track to a definite height or grade.

Spot board blocks, n.—Blocks (used in raising track with the spot board) whose height is the same as the distance from the bottom of the spot board to the black line or "spot" on the board.

PRACTICAL TRACK WORK

- Spreader, n.**—(1) Same as “bull dozer.” (2) A center plow fastened to the under side of a car. Used for leveling off ballast which has been dumped in the middle of the track.
- Spring rail frog, n.**—A frog with a movable wing which rests against the frog point and takes part of the wheel load when a train passes on the main track. When taking the side track the movable wing is sprung out by the wheel flanges.
- Spur, v. t.**—To “spur out a car.” To place a car on a short piece of track, all connection with other tracks to be broken after the car is in the desired position.
- Spur track, n.**—A stub track, usually leading to and serving an industry, or warehouse, freight house, etc.
- Square joints, n.**—Track joints which are directly opposite each other in the track.
- Stake, n.**—A specified amount of money which a hobo plans to save up before quitting the job.
- Stake, n.**—See (1) Ballast stake. (2) Center stake. (3) Finishing stake. (4) Grade stake. (5) Slope stake.
- Station board, n.**—A sign board about a mile from a station announcing the distance to the station.
- Station-grounds, n.**—Property to be used for station purposes.
- Steel, n.**—Track rails.
- Steel-car, n.**—(1) A small truck used to carry the rails when laying track. (2) The car containing the rails, in a track-laying machine.
- Steel roller, n.**—The man who rolls the rails into the trams on a track-laying machine.
- Stem, n.**—The “main stem.” The main line.
- Step angle bar, n.**—Same as “offset angle bar” or “compromise angle bar.”
- Step fish plate, n.**—A fish plate designed to make a smooth joint of two rails of different size.
- Step joint, n.**—A joint between two rails of different size.
- Stock-rail, n.**—(1) The bent rail in a switch, against which the track switch rail rests when closed. (2) Either rail in a switch against which a switch rail may be thrown.
- Stone train, n.**—A train carrying crushed stone for ballast or concrete.

PRACTICAL TRACK WORK

- Storage yard, n.**—A yard in which cars are held awaiting disposition.
- Stormy-end, n.**—The end of the rail which comes out of the track-laying machine first.
- Strapper, n.**—The man who hangs the angle bars on the head rails in laying track.
- Straps, n.**—Angle bars or fish plates.
- Strap, n.**—"Safety strap." A light strip of iron spiked to head block ties. The strap is bent so as to be beneath the connecting rod and prevents the latter from dropping down and being disconnected in case the nut works off the crank on the switch stand.
- Straw, n.**—(1) An assistant foreman. (2) An overseer subordinate to the assistant foreman.
- Straw, v. i.**—To work as an assistant foreman.
- Straw-boss, n.**—Same as "straw."
- Straw man, n.**—A fraudulent name carried on the pay roll, for which there is no laborer in the crew.
- Streak-of-rust, n.**—A railway line.
- Stretch, v. t.**—"To stretch steel." (1) To provide for expansion in a tight track, by bucking the rails ahead towards a point where there is more expansion. (2) To set up rails.
- Strict heart tie, n.**—A tie having no sapwood.
- Stringers, n.**—The timbers laying longitudinally under, and supporting the track on a bridge.
- Stripping, n.**—Soil removed from the top of a gravel pit or quarry.
- Stripping, n.**—"Stripping out track." Removing the ballast from between the ties.
- Stub switch, n.**—A switch in which the stub ends of rails are moved transversely to shift the route of trains.
- Stub track, n.**—A short track connected with another at one end only.
- Stuff, n.**—Money.
- Subgrade, n.**—The tops of embankments and bottoms of cuts, ready to receive ballast.
- Summit or hump yard, n.**—A yard in which the movement of cars is produced by pushing them over a summit, beyond which they run by gravity. The movement from the base to the summit may be facilitated by an assisting grade.

PRACTICAL TRACK WORK

Sun-kink, n.—A sharp crook in the track; caused by the heat of the sun expanding the rails until sufficient force is generated to throw the rails out of line.

Supported joint, n.—A rail joint which has a tie directly beneath the point of junction of the rails.

Surface, n.—The condition of the track as to vertical evenness or smoothness over short distances.

Surface, v. t.—To raise track to proper grade, or to a more or less smooth condition.

Surface, n.—"Skeleton surface." A temporary surface where no filling has been thrown between the ties.

Surface-bent, adj.—"Surface-bent rail." A rail which has been bent horizontally, and has taken a permanent set.

Suspended joint, n.—A rail joint having no tie directly below the junction of the rails.

Swing, n.—A piece of track designed to be tangent, which has moved to one side for a considerable distance. A "kink" is a short "swing."

Swing-train, n.—A train which conveys track material from the material yard to the front.

Switch, n.—A switch is a device for shifting the route at the entrance of a turnout. (Camp.)

Switch, n.—See (1) Channel switch. (2) Double slip switch. (3) Intermediate switch. (4) Single slip switch. (5) Slip switch. (6) Stub switch. (7) Three throw switch. (8) Three way switch.

Switch, v. t.—To distribute cars in a desired order, by using switching tracks.

Switch-point, n.—"Reinforced switch point." A switch point to the side of which is bolted a flat iron bar stiffener.

Switch rod, n.—A transverse bar or rod connecting the two point rails of a switch.

Switch stand, n.—See (1) Automatic switch stand. (2) Ground switch stand. (3) High switch stand. (4) Intermediate switch stand. (5) Jack knife switch stand. (6) Low switch stand. (7) Safety switch stand. (8) Three throw stand.

PRACTICAL TRACK WORK

Switching district, n.—That portion of a railway at a large terminal into which cars are moved, and from which they are distributed to the various sidetracks and spurs to freight houses and manufacturing establishments served from this district, by yard or switching engines.

Tallow-pot, n.—A locomotive fireman.

Tamp, v. i.—(1) To pack down with light blows in grading. (2) To compact earth or ballast under track ties.

Tamp.—(1) "Shovel tamping." Tamping track with shovels only. (2) "Bar tamping." Tamping with tamping bars. (3) "Pick tamping." Tamping stone ballast with tamping picks.

Tangent, n.—Straight track.

Taper rail, n.—A rail tapered down from a heavy to a lighter section, to be used in place of a compromise joint between two rails of different size.

Tapped tie, n.—A tie made from a tree, the resin or turpentine of which has been extracted before felling.

Target, n.—The day signal used on a switch stand.

Team-track, n.—A track from which cars are loaded or unloaded into wagons.

Tell-tale, n.—A whip guard signal.

Terminal, n.—The facilities provided by a railway at a terminal or at intermediate points on its line for the purpose of handling its business.

Terminal, n.—Freight terminal. The arrangement of terminal facilities for the handling of freight business.

Terminal, n.—Passenger terminal. The arrangement of terminal facilities for the handling of passenger business.

Terminal, n.—Rail and water terminal. A terminal where freight is interchanged between railway cars and vessels.

Terrier, n.—An experienced itinerant track laborer.

Third rail, n.—A rail placed between two rails at standard gage, to provide for narrow gage operation by using in connection with one of the standard gage rails.

Three-level crossing, n.—A crossing in which the roads are at three different heights or elevations.

Three-rail track, n.—A track with three rails, to accommodate both standard and narrow gage equipment.

Three-throw stand.—A switch stand for a three-way switch.

PRACTICAL TRACK WORK

Three-way switch, n.—A switch placed where two side tracks diverge from a main track at a common point.

Three-tie joint, n.—A joint in which the angle bars rest on three ties, the central tie being directly beneath the meeting of the rails.

Throat, n.—The open portion of the frog where the rails are closest together. (Camp.)

Throat-cut, n.—"Throat-cut spike." A spike into which a notch has been worn where it is in contact with the rail base.

Throw, n.—The distance the switch points move laterally when the switch is lined from one route to the other.

Tickler, n.—A warning signal for a bridge, consisting of a number of evenly spaced cords suspended over a track, the lower ends of the cords being at such a height that a man standing on top of a car will be struck by the cords.

Tickler pole, n.—A pole which supports a tickler signal on a projecting horizontal cross arm.

Tie, n.—See (1) Cross tie. (2) Cull tie. (3) Doty tie. (4) Heart tie. (5) Hewed tie. (6) Half round tie. (7) Pecky tie. (8) Pole tie. (9) Quartered tie. (10) Sap tie. (11) Sawed tie. (12) Slab tie. (13) Slabbed tie. (14) Split tie. (15) Strict heart tie. (16) Tapped tie. (17) Wane tie. (18) Pickled tie. (19) Treated tie. (20) Rail cut tie.

Tie buckers, n.—Men who carry ties out ahead of a track machine.

Tie face, n.—(1) The upper or lower plane surface of a tie (technical). (2) The upper surface of a tie.

Tie-line, n.—A rope used to show the proper lateral position for ties which are being distributed for a track.

Tie-liner, n.—A laborer who places ties in proper line.

Tie plate, n.—A plate placed between the tie and the rail to hold the rails to gage and to increase the bearing surface in order to prevent the rail from cutting into the tie.

Tie-plate gage, n.—A device which is placed on top and with one end even with the end of the tie, with holes arranged so that in this position they show the proper location for tie plates.

Tie-plater, n.—The laborer who places tie plates on the ties.

Tie plug, n.—A short piece of wood used to fill a hole left in a tie where a spike has been pulled.

PRACTICAL TRACK WORK

Tie-pole, n.—A pole which has marks on it to show the proper distances center to center for track ties, and which is used in spacing ties.

Tie-spacer, n.—A laborer who places ties at their proper distance center to center ready for laying rails.

Tie-trammer, n.—A laborer who rolls the ties from the tie car into the trams on a track machine.

Tight gage, n.—Track in which the rails are closer than the standard track gage of the road.

Tight track, n.—Track with too small an allowance for expansion.

Time, n.—"To give a man his time." To discharge a man.

Toe, n.—"Toe of frog." The end of the frog nearest the switch point.

Toe, n.—"Toe of slope." The intersection of a slope with the ground surface in embankments, and the plane of roadbed in cuts.

Toe-casting, n.—A casting used between the toe rails of a spring rail frog.

Toe-in, v. t.—To "toe-in" a frog against another rail; to place the toe of the frog against the end of a rail in the track.

Top-of-slope, n.—The intersection of a slope with the ground surface in cuts, and the plane of the roadbed on embankments.

Track, n.—Ties, rails and fastenings with all parts in their proper relative positions.

Track, n.—See (1) Body track. (2) Cinder track. (3) Corduroy track. (4) Crossover track. (5) Dead track. (6) Dirt track. (7) Distribution track. (8) Drill track. (9) Gauntlet track. (10) House track. (11) Industry track. (12) Ladder track. (13) Lead track. (14) Loading track. (15) Mud track. (16) Open track. (17) Passing track. (18) Pit track. (19) Receiving track. (20) Relief track. (21) Running track. (22) Run-around-track. (23) Scale track. (24) Siding or side track. (25) Skeleton track. (26) Slew track. (27) Special track. (28) Spur track. (29) Stub track. (30) Team track. (31) Three-rail track. (32) Tight track. (33) Transfer track. (34) Unloading track. (35) Wye track.

Track-bolt, n.—A bolt used in a track joint.

PRACTICAL TRACK WORK

Track circuit, n.—An electric circuit carried through the rails of a track.

Track-chisel, n.—A chisel used for cutting rails.

Track-gage, n.—A tool for measuring the perpendicular distance between rails, and for making this distance uniform.

Track map, n.—A map used primarily for showing existing physical conditions, including tracks, bridges, buildings, water service and mains, leases, station facilities and all of the physical and operating features.

Track-walker, n.—A laborer who walks over the track to discover and repair or report breakages.

Traffic, n.—"Against traffic." In a direction opposite to the direction trains run.

Traffic, n.—"With traffic." In the same direction as the direction trains run.

Trailing movement, n.—A movement over a switch from frog to switch points.

Trailing point, n.—A switch or frog which points in the same direction as the movement of trains.

Train, n.—See (1) Gravel train. (2) Stone train. (3) Swing train. (4) Work train.

Trams, n.—Live rollers for conveying ties and rails to the front of a track-laying machine.

Transfer slip, n.—A protected landing place for car floats, with an adjustable apron for connecting the tracks of the pier and the car float.

Transfer tracks, n.—(1) Tracks used in conjunction by two railroads for the interchange of cars. (2) Tracks laid close together to facilitate the transfer of freight from one car to another.

Treated tie, n.—A track tie which has been injected with a substance to increase its life.

Trimmed car, n.—A car loaded with rails and enough angle bars to build the whole into track.

Trunking, n.—A continuous wooden box for the protection of wires carrying electric current.

Trunk-line, n.—An ocean-to-ocean railway.

Turnout, n.—An arrangement by which a car may pass from one track to another. (Camp.)

PRACTICAL TRACK WORK

- Two-level crossing, n.**—A track crossing in which the roads are at two different heights or elevations.
- Unloading track, n.**—A track from which cars are unloaded.
- Vertical curve, n.**—A curve used to connect intersecting grade lines.
- Walker, n.**—Same as “general foreman” or “walking boss.”
- Walking-boss, n.**—Same as “walker” or “general foreman.”
- Wane tie, n.**—A squared tie showing parts of the original surface of the tree on one or more corners.
- Waste, n.**—Material in excess of that required to make an embankment of given cross section.
- Web, n.**—“Web of rail.” The part of the rail between the ball and the base.
- Weed-cutter, n.**—A sharp spade-like tool with a long handle, for rooting up weeds.
- Wheeler, n.**—A dirt scraper mounted on wheels.
- Whip, v. i.**—“To whip a spike.” To draw a spike, when driving it, to a different vertical position from that in which it was set.
- Whip guard signal, n.**—A device for warning freight trainmen that they are approaching an overhead bridge. The signal consists of a series of heavy cords hung several inches apart and at a height such that the ends of the cords will strike a trainman who is standing on top of a moving freight car.
- Wide gage, n.**—(1) Uniform gage wider than standard used on curves. (2) Gage of track where the rails have spread.
- Wing, n.**—The outside of a frog back of the point.
- Wing rail, n.**—The outside rail of a frog back of the point.
- Work train, n.**—A train engaged in construction or maintenance work.
- Work ways, v. i.**—A command to turn a rail ball up.
- Work ways, adv.**—The position of a rail which corresponds to its position when in track. Right side up.
- Wye track, n.**—Same as “Y-track.”
- Yard, n.**—A system of tracks arranged in series, within defined limits, for separating and making up trains, storing cars, and other purposes.

PRACTICAL TRACK WORK

Yard, n.—See (1) Classification yard. (2) Cluster or general yard. (3) Departure or forwarding yard. (4) Distribution yard. (5) Freight yard. (6) Gravity yard. (7) Material yard. (8) Passenger yard. (9) Poleing yard. (10) Receiving yard. (11) Separating yard. (12) Storage yard. (13) Summit or hump yard.

Y-track, n.—A triangular arrangement of tracks used in place of a turntable for turning engines, cars or trains; or for transferring a train from one to another of two intersecting tracks.

PRACTICAL TRACK WORK

TABLE 1.

TEMPERATURE EXPANSION FOR LAYING RAILS.*

The allowance that should be made for expansion for 33-ft. rails is shown in the following table.

The temperature should be taken on the rail, and the openings between the rail ends should be as follows:

Temperature (Fahrenheit)	Allowance
—20° to 0°.....	$\frac{5}{16}$ in.
0° to 25°.....	$\frac{1}{4}$ in.
25° to 50°.....	$\frac{3}{16}$ in.
50° to 75°.....	$\frac{1}{8}$ in.
75° to 100°.....	$\frac{1}{16}$ in.

Over 100 degrees rails should be laid close without bumping.

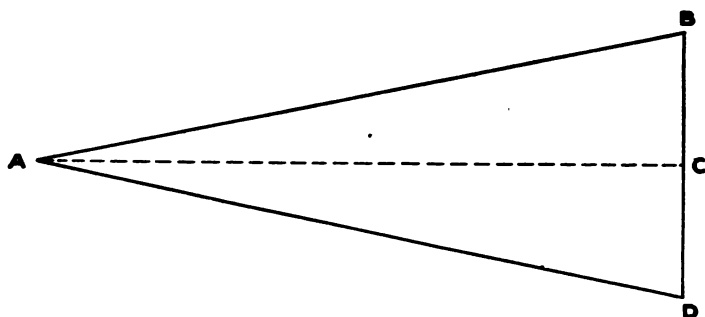


Fig. 48, Frog Board.

TABLE 2.

FROG-BOARD DIMENSIONS.

Frog No.	Length A C		Width B D Inches	Frog No.	Length A C		Width B D Inches
	Ft.	In.			Ft.	In.	
4	4	0	12	9	6	0	8
5	5	0	12	10	5	0	6
6	5	0	10	11	5	6	6
7	5	3	9	12	6	0	6
8	6	0	9	15	6	3	5

*American Railway Engineering Association.

PRACTICAL TRACK WORK

TABLE 3.

MIDDLE ORDINATES IN INCHES, FOR CURVING
RAILS.

Degree of Curve	Length of Rail.				
	33 Ft.	30 Ft.	26 Ft.	20 Ft.	16 Ft.
3°	55/64	11/16	17/32	5/16	13/64
3° 30'	1	27/32	5/8	3/8	15/64
4°	1 9/64	61/64	23/32	27/64	9/32
4° 30'	1 9/32	1 1/16	13/16	15/32	5/16
5°	1 27/64	1 3/16	57/64	17/32	11/32
5° 30'	1 37/64	1 19/64	63/64	37/64	3/18
6°	1 45/64	1 13/32	1 1/16	5/8	13/32
6° 30'	1 27/32	1 17/32	1 11/64	11/16	7/16
7°	1 63/64	1 21/32	1 1/4	47/64	15/32
7° 30'	2 9/64	1 3/4	1 21/64	25/32	1/2
8°	2 9/32	1 7/8	1 27/64	27/32	17/32
8° 30'	2 27/64	2	1 33/64	57/64	37/64
9°	2 9/16	2 3/32	1 19/32	15/16	39/64
9° 30'	2 45/64	2 15/64	1 11/16	1	41/64
10°	2 27/32	2 11/32	1 25/32	1 3/64	11/16
11°	3 1/8	2 19/32	1 61/64	1 5/32	3/4
12°	3 13/32	2 13/16	2 9/64	1 17/64	53/64
13°	3 45/64	3 3/64	2 9/32	1 23/64	29/32
14°	3 63/64	3 5/16	2 31/64	1 15/32	61/64
15°	4 17/64	3 35/64	2 43/64	1 37/64	1 1/64
16°	4 35/64	3 3/4	2 53/64	1 43/64	1 3/32
17°	4 27/32	4	3 1/32	1 25/32	1 5/32
18°	5 7/64	4 7/32	3 3/16	1 7/8	1 15/64
19°	5 13/32	4 29/64	3 23/64	1 63/64	1 19/64
20°	5 63/64	4 45/64	3 35/64	2 3/32	1 3/8

TABLE 4

DIRECT DISTANCES BETWEEN LADDER FROG
POINTS, MEASURED ALONG LADDER.

No. of Frog	Distances Between Track Centers, Ft.						
	12 ft. in.	12½ ft. in.	13 ft. in.	13½ ft. in.	14 ft. in.	14½ ft. in.	15 ft. in.
6	72 6	75 6	78 6½	81 6¾	84 7	87 7¼	90 7½
7	84 5	87 11¾	91 5¾	94 11¾	98 6	102 0¼	105 6½
8	96 4½	100 4¾	104 5	108 5	112 5¼	116 5½	120 5¾
10	120 3½	125 3¾	133 4	135 4½	140 4¼	145 4¾	150 4¾
11	132 3	137 9	143 3¾	148 10	154 3¾	159 10	165 4¾
12	144 3	150 3	157 3	162 3¾	168 3½	174 3½	180 3¾
14	168 2½	175 2¾	182 3	189 3	196 3	203 3	210 3¼

PRACTICAL TRACK WORK

TABLE 5.
WIDENING GAGE ON CURVES.

From The Manual of the A. R. E. Association.

Curves eight degrees and under should be standard gage. Gage should be widened one-eighth inch for each two degrees or fraction thereof over eight degrees, to a maximum of 4 ft. 9¼ in. for tracks of standard gage. Gage, including widening due to wear, should never exceed 4 ft. 9½ in.

The installation of frogs upon the inside of curves is to be avoided wherever practicable, but where same is unavoidable, the above rule should be modified in order to make the gage of the track at the frog standard.

The following table is made up from the above rule.

Degree	Increase Gage by	Correct Gage	Correct Distance Between Rail and Guard Rail
Up to 8 degrees	0 in.	4 ft. 8½ in.	1¾ in.
8 degrees			
9 degrees	⅛ in.	4 ft. 8⅝ in.	1⅞ in.
10 degrees			
11 degrees	¼ in.	4 ft. 8¾ in.	2 in.
12 degrees			
13 degrees	⅜ in.	4 ft. 8⅞ in.	2⅛ in.
14 degrees			
15 degrees	½ in.	4 ft. 9 in.	2¼ in.
16 degrees			
17 degrees	⅝ in.	4 ft. 9⅛ in.	2⅜ in.
18 degrees			
19 degrees	¾ in.	4 ft. 9¼ in.	2½ in.
20 degrees			
20 degrees	⅞ in.	4 ft. 9⅜ in.	2⅝ in.
21 degrees			
22 degrees			
and above	1 in.	4 ft. 9½ in.	2¾ in.

TABLE 6.
SETS OF SWITCH TIES FOR VARIOUS TURNOUTS.

		Split Switches.								Total Number
Frog No.	Space in Track	No. of Tie of Each Length								
		15	8	9	10	11	12	13	14	
14	140'	2	12	10	14	12	10	8	6	74
12	120'	1	0	13	11	9	6	7	7	54
10	100'	2	9	14	8	7	7	4	4	55
8	75'	2	9	10	9	6	6	5	2	49
7	70'	2	9	8	6	6	5	4	2	42
6	60'	2	8	7	5	4	3	4	2	35
5	50'	2	6	6	3	3	2	4	2	28

TABLE 7.
THEORETICAL SWITCH LEADS.

Frogs and Switch Points.										Theoretical Leads.			
N—Frog Number	W—Length, Point to Toe		K—Length, Point to Heel		Total Length		Spread at Toe		Spread at Heel		S—Length of Switch Rail		Distance Point of Switch Rail to Theoretical Point of Frog
	Ft.	In.	Ft.	In.	Ft.	In.	Ft.	In.	Ft.	In.	Ft.	In.	
4	3	2	5	4	8	6	0.79	1.32	1.11	0	112.26	52	56
5	3	7	6	5	10	0	0.71	1.28	1.11	0	183.22	31	40
6	4	0	7	0	11	0	0.66	1.16	1.11	0	273.95	21	01
7	4	5	8	1	12	6	0.63	1.15	1.09	16	364.88	15	47
8	4	9	8	9	13	6	0.59	1.09	1.11	16	488.71	11	44
9	6	0	10	0	16	0	0.67	1.11	1.05	16	616.27	9	18
9½	6	0	10	0	16	0	0.63	1.05	1.05	16	699.97	8	11
10	6	0	10	6	16	6	0.60	1.05	1.01	22	790.25	7	15
11	6	0	11	6	17	6	0.54	1.05	0.99	33	940.21	6	05
12	6	5	12	1	18	6	0.53	1.01	0.99	33	1136.34	5	02
15	7	8	14	10	22	6	0.51	0.99	0.93	33	1744.38	3	17
16	8	0	16	0	24	0	0.50	1.00	0.98	33	2005.98	2	51
18	8	10	17	8	26	6	0.49	0.98	0.97	33	2587.66	2	12
20	9	8	19	4	29	0	0.48	0.97	0.97	33	3262.98	1	45
24	11	4	23	2	34	6	0.47	0.97	0.97	33	4932.77	1	09
													42
													175.09

PRACTICAL TRACK WORK

TABLE 8.
PRACTICAL LEADS FOR SWITCHES.

No. of Frog	Theoretical Lead ft. in.	Distance Point to Toe of Frog ft. in.	Switch Rail ft. in.	Net Length of Lead (theoretical) ft. in.	Practical Length of Rail to Use ft.	No. and Lengths of Rail to Use.
4	37 0	3 2	11 0	22 10	20	One 20 ft. Rail.
5	42 9	3 7	11 0	28 2	28	One 28 ft. Rail.
6	48 1	4 0	11 0	33 1	33	One 33 ft. Rail.
7	62 0	4 5	16 6	41 1	45	One 30 ft. and one 15 ft. Rail.
8	67 6	4 9	16 6	46 3	45	One 30 ft. and one 15 ft. Rail.
9	72 3	6 0	16 6	49 9	45	One 30 ft. and one 15 ft. Rail.
9½	74 11	6 0	16 6	54 5	49½	One 33 ft.; one 16½ ft.
10	77 6	6 0	16 6	55 0	49½	One 33 ft.; one 16½ ft.
11	92 0	6 0	22 0	64 0	60 (or 66)	Two 30 ft. (or two 33 ft.)
12	97 3	6 5	33 0	57 10	49½	One 33 ft.; one 16½ ft.
15	133 0	7 8	33 0	92 4	90 (or 99)	Three 30 ft. (or three 33 ft.)
16	136 0	8 0	33 0	95 0	90 (or 99)	Three 30 ft. (or three 33 ft.)
18	146 5	8 10	33 0	104 7	99	Three 33 ft.
20	156 4	9 8	33 0	113 8	99	Three 33 ft.
24	175 1	11 4	33 0	130 9	120 (or 115½)	Four 30 ft. (or three 33 ft. and one 16½ ft.)

Note—This table is based on the frog lengths and switch-rail lengths recommended by the American Railway Engineering Association.

TABLE 9.
SPACING OF CROSS TIES (SQUARE JOINTS)
Note—Joint ties assumed to be 9 in. from end of rail.

Length of Rail or Panel ft.	Spacing 12 ties per rail ft. in.	13 ties per rail ft. in.	14 ties ft. in.	15 ties ft. in.	16 ties ft. in.	17 ties ft. in.	18 ties ft. in.	19 ties ft. in.	20 ties ft. in.	Spacing 21 ties per rail ft. in.
28	2 5	2 2½	2 0½	1 10¾	1 9¼	1 8½	1 8	1 7		
29		2 1¼	2 1¼	1 11½	1 10	1 9¼	1 8½	1 7¾		
30		2 ¼	2 0¼	1 10¾	1 10¾	1 9¼	1 8¾	1 7¾		
31			2 1¼	1 11½	1 11½	1 10¾	1 9½	1 8¾	1 7¾	
32			2 2	2 0½	2 0½	1 11½	1 10¾	1 9	1 7¾	
33					2 1¼	2 1¼	1 10¾	1 9	1 7¾	1 6¾

PRACTICAL TRACK WORK

TABLE 10.
ORDINATES FOR LINING SWITCH LEADS.

1. Frog No.	2. Frog Angle	3. Distance Straight Track P.F. to P.S. ft. in.	4. Radius of Out- side Rail	5. Degree of Curve	6. Middle Ordinate in.	7. Quarter Ordinate in.	8. Change Middle Ordinate per Deg. Curve in Main Track in.	9. Change in Quarter Ordinate per Deg. Curve in Main Track in.
5	11° 25'	52 6	220.1	26° 33'	9 $\frac{3}{4}$	7 $\frac{1}{8}$	$\frac{3}{8}$	$\frac{3}{32}$
6	9° 32'	58 11	317.9	18° 14'	9 $\frac{1}{8}$	6 $\frac{7}{8}$	$\frac{1}{2}$	$\frac{3}{8}$
7	8° 10'	65 1	437.5	13° 12'	8 $\frac{1}{8}$	6 $\frac{3}{8}$	$\frac{3}{4}$	$\frac{1}{2}$
8	7° 09'	70 11	577.5	9° 58'	8 $\frac{1}{8}$	6 $\frac{1}{8}$	$\frac{1}{8}$	$\frac{5}{8}$
9	6° 22'	76 6	738.2	7° 48'	7 $\frac{3}{4}$	5 $\frac{1}{8}$	1	$\frac{3}{4}$
10	5° 44'	81 9	924.0	6° 13'	7 $\frac{1}{4}$	5 $\frac{1}{8}$	1 $\frac{1}{4}$	$\frac{7}{8}$
11	5° 12'	87 1	1143.7	5° 01'	6 $\frac{1}{8}$	5 $\frac{1}{8}$	1 $\frac{3}{8}$	1 $\frac{1}{2}$
12	4° 46'	92 0	1388.0	4° 08'	6 $\frac{1}{8}$	4 $\frac{1}{8}$	1 $\frac{1}{8}$	1 $\frac{1}{8}$

Note—In Columns 6 and 7, ordinates are distances measured to gage side of rail from a string stretched from toe of frog to heel of switch point.

TABLE 11.
NUMBER OF TIES PER MILE WHEN EXPRESSED IN
NUMBER PER 100 FEET.

No. of Ties in 100 Ft.	No. of Ties in 1 Mile	No. of Ties in 100 Ft.	No. of Ties in 1 Mile
40	2112	53	2798
41	2164	54	2851
42	2218	55	2904
43	2270	56	2957
44	2323	57	3009
45	2376	58	3062
46	2429	59	3115
47	2482	60	3168
48	2534	61	3220
49	2587	62	3274
50	2640	63	3326
51	2693	64	3379
52	2745	65	3332

PRACTICAL TRACK WORK

TABLE 12.

ELEVATION OF OUTER RAIL IN INCHES.*

Degree of Curve	Velocity in Miles per Hour.														Degree of Curve
	10	15	20	25	30	35	40	45	50	55	60	65	70		
1	0	$\frac{1}{8}$	$\frac{1}{4}$	$\frac{3}{8}$	$\frac{5}{8}$	$\frac{3}{4}$	$1\frac{1}{8}$	$1\frac{3}{8}$	$1\frac{5}{8}$	2	$2\frac{3}{8}$	$2\frac{3}{4}$	$3\frac{1}{4}$	1	
2	$\frac{1}{8}$	$\frac{3}{8}$	$\frac{1}{2}$	$\frac{7}{8}$	$1\frac{1}{8}$	$1\frac{5}{8}$	$2\frac{1}{8}$	$2\frac{5}{8}$	$3\frac{1}{4}$	4	$4\frac{3}{4}$	$5\frac{1}{2}$	$6\frac{1}{2}$	2	
3	$\frac{1}{4}$	$\frac{1}{2}$	$\frac{3}{4}$	$1\frac{1}{4}$	$1\frac{3}{4}$	$2\frac{3}{8}$	$3\frac{1}{8}$	4	$4\frac{7}{8}$	6	$7\frac{1}{8}$	$8\frac{3}{8}$	$9\frac{3}{4}$	3	
4	$\frac{1}{4}$	$\frac{5}{8}$	1	$1\frac{5}{8}$	$2\frac{3}{8}$	$3\frac{1}{4}$	$4\frac{1}{4}$	$5\frac{3}{8}$	$6\frac{3}{8}$	8	$9\frac{1}{2}$	4	
5	$\frac{3}{8}$	$\frac{3}{4}$	$1\frac{1}{4}$	2	3	4	$5\frac{1}{4}$	$6\frac{5}{8}$	$8\frac{1}{4}$	5	
6	$\frac{3}{8}$	1	$1\frac{5}{8}$	$2\frac{1}{2}$	$3\frac{1}{2}$	$4\frac{7}{8}$	$6\frac{1}{4}$	8	6	
7	$\frac{1}{2}$	$1\frac{1}{8}$	$1\frac{7}{8}$	$2\frac{7}{8}$	$4\frac{1}{8}$	$5\frac{5}{8}$	$7\frac{3}{8}$	7	
8	$\frac{1}{2}$	$1\frac{1}{4}$	$2\frac{1}{8}$	$3\frac{1}{4}$	$4\frac{3}{4}$	$6\frac{1}{2}$	$8\frac{3}{8}$	8	
9	$\frac{5}{8}$	$1\frac{3}{8}$	$2\frac{3}{8}$	$3\frac{3}{4}$	$5\frac{3}{8}$	$7\frac{1}{4}$	9	
10	$\frac{3}{4}$	$1\frac{1}{2}$	$2\frac{5}{8}$	$4\frac{1}{8}$	$5\frac{7}{8}$	$8\frac{1}{8}$	10	
11	$\frac{3}{4}$	$1\frac{3}{4}$	$2\frac{7}{8}$	$4\frac{1}{2}$	$6\frac{1}{2}$	$8\frac{7}{8}$	11	
12	$\frac{7}{8}$	$1\frac{7}{8}$	$3\frac{1}{8}$	$4\frac{7}{8}$	$7\frac{1}{8}$	12	
13	$\frac{7}{8}$	2	$3\frac{3}{8}$	$5\frac{3}{8}$	$7\frac{3}{4}$	13	
14	1	$2\frac{1}{8}$	$3\frac{5}{8}$	$5\frac{3}{4}$	$8\frac{3}{8}$	14	
15	1	$2\frac{1}{4}$	$3\frac{7}{8}$	$6\frac{1}{4}$	$8\frac{7}{8}$	15	
16	$1\frac{1}{8}$	$2\frac{1}{2}$	$4\frac{1}{4}$	$6\frac{5}{8}$	16	
17	$1\frac{1}{4}$	$2\frac{5}{8}$	$4\frac{1}{2}$	7	17	
18	$1\frac{1}{4}$	$2\frac{3}{4}$	$4\frac{3}{4}$	$7\frac{1}{2}$	18	
19	$1\frac{3}{8}$	$2\frac{7}{8}$	5	$7\frac{3}{4}$	19	
20	$1\frac{3}{8}$	3	$5\frac{1}{4}$	$8\frac{1}{8}$	20	

In all cases gage is considered 4 ft. $8\frac{1}{2}$ in.

Since the elevation required is a function of and depends upon the train speed, this speed is the first element to be determined.

In general, as a matter of safety, the preference should be given to fast passenger traffic.

Ordinarily an elevation of 8 in. should not be exceeded. Speed of trains should be regulated to conform to the maximum elevation used.

The elevation of curves should be zero at the point of spiral and should increase to full elevation at the end of the spiral or beginning of the simple curve.

The inner rail should be maintained at grade.

*American Railway Engineering Association.

PRACTICAL TRACK WORK

TABLE 13.
LADDER LAYOUT TABLE.

Frog No.	Distance from Straight Track to Gage Line of Frog Rail of Ladder at				
	100 Ft. Ft. In.	200 Ft. Ft. In.	300 Ft. Ft. In.	400 Ft. Ft. In.	500 Ft. Ft. In.
6	16—9 $\frac{3}{8}$	33—6 $\frac{3}{4}$	50—4 $\frac{1}{4}$	67—1 $\frac{5}{8}$	83—11
7	14—4 $\frac{1}{4}$	28—8 $\frac{5}{8}$	43—1	57—5 $\frac{1}{4}$	71—9 $\frac{1}{2}$
8	12—6 $\frac{5}{8}$	25—1 $\frac{1}{8}$	37—7 $\frac{3}{4}$	50—2 $\frac{3}{8}$	62—9
9	11—1 $\frac{3}{4}$	22—3 $\frac{1}{2}$	33—5 $\frac{1}{8}$	44—6 $\frac{7}{8}$	55—8 $\frac{5}{8}$
10	10—0 $\frac{3}{8}$	20—0 $\frac{5}{8}$	30—1	40—1 $\frac{1}{4}$	50—1 $\frac{5}{8}$
11	9—1 $\frac{3}{8}$	18—2 $\frac{5}{8}$	27—4	36—5 $\frac{1}{4}$	45—6 $\frac{5}{8}$
12	8—4 $\frac{1}{8}$	16—8 $\frac{3}{8}$	25—0 $\frac{1}{2}$	33—4 $\frac{3}{4}$	41—8 $\frac{7}{8}$

TABLE 14.
DEGREE OF TURNOUT CURVE WHEN FROG IS ON THE INSIDE OF THE CURVE.

Frog No.	Turnout Curve from Straight Track deg.	Degree of Curve in Main Track.								
		1	2	3	4	5	6	7	8	9
6	17	deg.	deg.	deg.	deg.	deg.	deg.	deg.	deg.	deg.
7	12 $\frac{1}{2}$	18	19	20	21	22	23	24	25	26
8	9 $\frac{1}{2}$	13 $\frac{1}{2}$	14 $\frac{1}{2}$	15 $\frac{1}{2}$	16 $\frac{1}{2}$	17 $\frac{1}{2}$	18 $\frac{1}{2}$	19 $\frac{1}{2}$	20 $\frac{1}{2}$	21 $\frac{1}{2}$
9	7 $\frac{1}{2}$	10 $\frac{1}{2}$	11 $\frac{1}{2}$	12 $\frac{1}{2}$	13 $\frac{1}{2}$	14 $\frac{1}{2}$	15 $\frac{1}{2}$	16 $\frac{1}{2}$	17 $\frac{1}{2}$	18 $\frac{1}{2}$
10	6	8 $\frac{1}{2}$	9 $\frac{1}{2}$	10 $\frac{1}{2}$	11 $\frac{1}{2}$	12 $\frac{1}{2}$	13 $\frac{1}{2}$	14 $\frac{1}{2}$	15 $\frac{1}{2}$	16 $\frac{1}{2}$
11	5	7	8	9	10	11	12	13	14	15
12	4	6	7	8	9	10	11	12	13	14
15	2 $\frac{1}{2}$	5	6	7	8	9	10	11	12	13
		3 $\frac{1}{2}$	4 $\frac{1}{2}$	5 $\frac{1}{2}$	6 $\frac{1}{2}$	7 $\frac{1}{2}$	8 $\frac{1}{2}$	9 $\frac{1}{2}$	10 $\frac{1}{2}$	11 $\frac{1}{2}$

TABLE 15.
DEGREE OF TURNOUT CURVE WHEN FROG IS ON THE OUTSIDE OF CURVE.

Frog No.	Turnout Curve from Straight Track deg.	Degree of Curve in Main Track.								
		1	2	3	4	5	6	7	8	9
4	38 $\frac{1}{2}$	deg.	deg.	deg.	deg.	deg.	deg.	deg.	deg.	deg.
5	24 $\frac{1}{2}$	37 $\frac{1}{2}$	36 $\frac{1}{2}$	35 $\frac{1}{2}$	34 $\frac{1}{2}$	33 $\frac{1}{2}$	32 $\frac{1}{2}$	31 $\frac{1}{2}$	30 $\frac{1}{2}$	29 $\frac{1}{2}$
6	17	23 $\frac{1}{2}$	22 $\frac{1}{2}$	21 $\frac{1}{2}$	20 $\frac{1}{2}$	19 $\frac{1}{2}$	18 $\frac{1}{2}$	17 $\frac{1}{2}$	16 $\frac{1}{2}$	15 $\frac{1}{2}$
7	12 $\frac{1}{2}$	16	15	14	13	12	11	10	9	8
8	9 $\frac{1}{2}$	11 $\frac{1}{2}$	10 $\frac{1}{2}$	9 $\frac{1}{2}$	8 $\frac{1}{2}$	7 $\frac{1}{2}$	6 $\frac{1}{2}$	5 $\frac{1}{2}$	4 $\frac{1}{2}$	3 $\frac{1}{2}$
9	7 $\frac{1}{2}$	8 $\frac{1}{2}$	7 $\frac{1}{2}$	6 $\frac{1}{2}$	5 $\frac{1}{2}$	4 $\frac{1}{2}$	3 $\frac{1}{2}$	2 $\frac{1}{2}$	1 $\frac{1}{2}$	
10	6	6 $\frac{1}{2}$	5 $\frac{1}{2}$	4 $\frac{1}{2}$	3 $\frac{1}{2}$	2 $\frac{1}{2}$	1 $\frac{1}{2}$			
		5	4	3	2	1				

PRACTICAL TRACK WORK

TABLE 16.
NUMBER OF TRACK BOLTS PER KEG.

Kind	No. per 200 lb. Keg	Wt. Per Keg
$\frac{3}{4}$ in. x $3\frac{1}{2}$ in.	255	200 lbs.
$\frac{3}{4}$ in. x 4 in.	237	200 lbs.
$\frac{7}{8}$ in. x 4 in.	168	200 lbs.
$\frac{7}{8}$ in. x $4\frac{1}{4}$ in.	162	200 lbs.
$\frac{7}{8}$ in. x $4\frac{3}{4}$ in.	141	200 lbs.
1 in. x $4\frac{1}{4}$ in.	119	200 lbs.
1 in. x $4\frac{1}{2}$ in.	114	200 lbs.
1 in. x $4\frac{3}{4}$ in.	109	200 lbs.
1 in. x 5 in.	106	200 lbs.
1 in. x $5\frac{1}{4}$ in.	103	200 lbs.
1 in. x $5\frac{1}{2}$ in.	100	200 lbs.
1 in. x $5\frac{3}{4}$ in.	98	200 lbs.
1 in. x 6 in.	94	200 lbs.
1 in. x $6\frac{1}{4}$ in.	91	200 lbs.
1 in. x $6\frac{1}{2}$ in.	87	200 lbs.

Sizes of Bolts to Go With Plain Bars of the Following Sections:

45 to 67 lb.	70 & 75 lb.	80 & 85 lb.	90 & 100 lb.
$3\frac{1}{2}$ x $\frac{3}{4}$ in.	4 x $\frac{3}{4}$ in.	$4\frac{1}{4}$ x $\frac{7}{8}$ in.	$4\frac{3}{4}$ x $\frac{7}{8}$ in.

Sizes of Bolts to Go With Patent Joints.

Continuous	$\frac{3}{4}$ x $3\frac{3}{4}$ in.	$\frac{7}{8}$ x 4 in.	$\frac{7}{8}$ x $4\frac{1}{4}$ in.	$\frac{7}{8}$ x $4\frac{1}{2}$ in.
Bonzana	1 x $4\frac{1}{4}$ in.	1 x $4\frac{1}{4}$ in.	1 x $4\frac{1}{2}$ in.	1 x $4\frac{1}{2}$ in.
Wolhaupter	1 x $4\frac{1}{4}$ in.	1 x $4\frac{1}{4}$ in.	1 x $4\frac{1}{2}$ in.	1 x $4\frac{1}{2}$ in.
100%	1 x $4\frac{3}{4}$ in.	1 x 5 in.	1 x $5\frac{1}{4}$ in.	1 x $5\frac{1}{2}$ in.
Weber	1 x $5\frac{3}{4}$ in.	1 x 6 in.	1 x $6\frac{1}{4}$ in.	1 x $6\frac{1}{2}$ in.

TABLE 17.
NUMBER OF TRACK SPIKES PER KEG.

Size Measured Under Head In.	Average No. per Keg of 200 Lbs.	Rail Used Weight per Yd. Lbs.
$5\frac{1}{2}$ x $\frac{5}{8}$	300	75 to 100
$5\frac{1}{2}$ x $\frac{1}{8}$	375	45 to 75
5 x $\frac{1}{8}$	400	40 to 56
5 x $\frac{1}{2}$	450	35 to 40
$4\frac{1}{2}$ x $\frac{1}{2}$	530	30 to 35
4 x $\frac{1}{2}$	600	25 to 35
$4\frac{1}{2}$ x $\frac{1}{8}$	680	20 to 30
4 x $\frac{1}{8}$	720	20 to 30
$3\frac{1}{2}$ x $\frac{1}{8}$	900	16 to 25
4 x $\frac{3}{8}$	1000	16 to 25
$3\frac{1}{2}$ x $\frac{3}{8}$	1190	16 to 20
3 x $\frac{3}{8}$	1240	16 to 20
$2\frac{1}{2}$ x $\frac{3}{8}$	1342	8 to 16

PRACTICAL TRACK WORK

TABLE 18.

SPACING OF CROSSTIES (BROKEN JOINTS).

Note—Joint ties assumed to be 9 in. from end of rail.

Length of Rail or Panel ft.	Spacing 12 ties per rail ft. in.	Spacing 14 ties per rail ft. in.	Spacing 16 ties per rail ft. in.	Spacing 18 ties per rail ft. in.	Spacing 20 ties per rail ft. in.	Spacing 22 ties per rail ft. in.
28	2 6	2 1	1 9½			
29		2 2	1 10¼	1 7½		
30		2 3	1 11	1 8¼	1 6	
31		2 4	2 0	1 9	1 6¾	
32		2 5	2 1	1 9¾	1 7½	1 5½
33		2 6	2 1¾	1 10½	1 8	1 6

TABLE 19.

DIMENSIONS OF A. S. C. E. SECTION RAILS.

Weight per Yd.	Height	Base	Head
100 lbs.	5¾ in.	5¾ in.	2¾ in.
90 lbs.	5⅝ in.	5⅝ in.	2⅝ in.
85 lbs.	5⅞ in.	5⅞ in.	2⅞ in.
80 lbs.	5 in.	5 in.	2½ in.
72 lbs.	4¾ in.	4¾ in.	2⅜ in.
70 lbs.	4⅝ in.	4⅝ in.	2⅞ in.
65 lbs.	4⅞ in.	4⅞ in.	2⅜ in.
60 lbs.	4¾ in.	4¾ in.	2⅜ in.
56 lbs.	4¼ in.	4⅝ in.	2¼ in.
52 lbs.			
50 lbs.	3⅞ in.	3⅞ in.	2⅞ in.
45 lbs.	3⅞ in.	3⅞ in.	2 in.
40 lbs.	3½ in.	3½ in.	1⅞ in.
35 lbs.	3⅞ in.	3⅞ in.	1¾ in.

TABLE 20.

CUBIC YARDS OF BALLAST REQUIRED FOR VARIOUS
DEPTHS BELOW TOP OF TIE.

Top Width	Cubic Yds. per 100 Ft.				Cubic Yds. per Mile			
	Depth Below Top of Tie				Depth Below Top of Tie			
Single Track	9 in.	12 in.	15 in.	18 in.	9 in.	12 in.	15 in.	18 in.
10	22.26	33.14	44.48	56.28	1177	1739	2370	2980
11	25.03	36.84	49.11	61.83	1342	1947	2600	3270
12	27.80	40.54	53.74	67.38	1468	2143	2840	3650
Double Track								
22	48.00	69.94	96.14	115.35	2540	3700	5080	6100
23	50.76	73.64	100.77	120.90	2680	3900	5320	6390
24	52.72	77.00	103.99	124.13	2780	4060	5490	6550

TABLE 21.
NUMBER OF JOINTS, ANGLE BARS AND TIES PER MILE OF SINGLE TRACK.

Length of Rail	No. of Rail Lengths Per Mile	No. of Pairs Angle Bars Per Mile	Number of Ties Spaced to Rail Length.																	
			10	11	12	13	14	15	16	17	18	19	20	21						
24 feet	220	440	2200	2420	2640	2860	3080	3300						
25 feet	211.5	422	2115	2326	2538	2750	2961	3172						
26 feet	203	406	2233	2436	2640	2842	3045	3268						
27 feet	195.5	391	2150	2346	2541	2737	2932	3128						
28 feet	188.5	377	2262	2450	2640	2827	3016	3204						
29 feet	182.4	365	2189	2371	2554	2736	2918	3108	3283						
30 feet	176	352	2164	2356	2534	2640	2851	3009	3168						
31 feet	170.3	341	2214	2384	2555	2725	2895	3065	3235						
32 feet	165	330	2145	2310	2475	2640	2805	2970	3135	3300						
33 feet	160	320	2080	2240	2400	2560	2720	2880	3040	3200	3360						

TABLE 22.
DISTANCES ALONG MAIN TRACK BETWEEN CROSSOVER FROG POINTS.

Frog No.	Distances Between Track Centers, Ft.						
	12 ft. in.	12½ ft. in.	13 ft. in.	13½	14	14½	15
6	15 0	17 11¾	20 11½	23 11¼	26 11	29 10¾	32 10½
7	17 7¾	21 15½	24 7¾	28 1¼	31 7	35 ¾	38 6½
8	20 3½	24 3¼	28 3½	32 3	36 2¾	40 2½	44 2¾
10	25 6¾	30 6¼	35 6½	40 6	45 5¾	50 5½	55 5½
11	28 1¾	33 7½	39 1½	44 7¾	50 1½	55 7	61 7½
12	30 9¾	36 8¾	42 8¾	48 8½	54 8½	60 8¾	66 8¼
14	35 11¾	42 11¼	49 11¼	56 11½	63 11	70 10¾	77 10¾
16	41 1¾	49 15½	57 15½	65 1½	73 1¾	81 1¼	89 1½
20	51 6¼	61 6½	71 6	81 6	91 5½	101 5½	111 5¾

INDEX.

A

	PAGE
Adzes	31
Adzing	95
Agencies, exclusive labor.....	12
Agencies, labor	11
Angle bars per mile of track.....	208
Angle bars, piling in material yard.....	57
Anti creepers.....	69
Arrangement of material yard.....	56
Assistant Foreman.....	66

B

Back bolters.....	66
Ballast, quantities of.....	207
Boarding camps.....	58
Boarding camps, Company.....	18
Bolters, back.....	66
Bolts, number per keg.....	206
Bolts, piling in material yard.....	57
Boxes, tool.....	91
Building second track.....	85

C

Camps, boarding.....	58
Care in operation of motor cars.....	39
Centers, when to tamp.....	156
Checking material.....	147
Choice of laborers.....	17
Claw bars.....	29
Combination of maintenance and construction forces.....	20
Company boarding camps.....	18
Company labor bureaus.....	17
Connection, Temporary.....	99
Constructing a ladder track.....	132
Constructing track on a new line.....	55
Construction and maintenance, combination of forces.....	20
Cost of laying track.....	78
Cost of surfacing track.....	157
Correct distribution of material.....	27
Crossovers	104, 134
Crossover distances between frog points.....	208
Crossover frogs, locating.....	147
Curve elevation on double track.....	52

PRACTICAL TRACK WORK

	PAGE
Curved track turnouts, degrees of.....	205
Curves, handy method for staking out.....	160
Curves, superelevation	51, 204
Curves, widening gage on.....	200
Curving Rails	46, 49
Curving rails, middle ordinates for.....	199
Curving rails with sledges.....	50
Cutting rails.....	46, 47

D

Degree of turnout in curved track.....	205
Demand for labor.....	11
Derrick, rail	86
Derrick used for laying track.....	83
Disposal of spikers.....	65
Distances between crossover frog points.....	208
Distribution of track materials.....	26, 85
Dry Cells.....	42
Double track curve elevation.....	52
Double tracking.....	85

E

Elevation for curves.....	204
Elevating curves on double track.....	52
Exclusive agencies for labor.....	12
Expansion for laying rails.....	47, 198
Expansion shims	68
Exposure of motor cars.....	40

F

Fees, labor.....	12
Fiddle	33
Fiddler	62
Filling motor car tanks.....	42
Flagging	99
Foreman	68, 92
Foreword	9
Frequent surfacing necessary.....	152
Frog board dimensions.....	198
Frogs, locating crossover.....	147
Front and rear of hand car.....	35

G

Gage man.....	64
Gages	31
Gage spikers	46
Gage widening on curves.....	53, 200
Gaging	98
Gang organization.....	60, 152

PRACTICAL TRACK WORK

	PAGE
Gang, size of.....	100, 104
Glossary of track terms.....	162
Good tools.....	29
Graded rates of wages for laborers.....	19
Grinding axles, hand car.....	36
Grindstone	31

H

Hack saws	49
Haddix rail handling machine.....	102
Hand cars.....	35
Hand car bolts and screws.....	37
Hangers, strap.....	64
Handling laborers.....	23
Harris track layer.....	80
Head line spiker.....	64
Heeler	63
High spikers.....	65
Hook gage.....	33
Hurley track layer.....	72

I

Individual laborer, the.....	22
Inspecting similar layouts.....	146
Instructions for operating motor cars.....	39
Inspection of motor cars.....	41
Instruction to track men.....	20
Interpreters	13

J

Jack men.....	153
Joints per mile.....	208
Jointing up track.....	100

K

Keeping motor cars clean.....	41
Keeping tools in repair.....	31
Kind of laborers.....	104

L

Labor	11, 12, 13, 14
Labor bureaus, Company.....	117
Laborers	16, 17, 18
Laborers, handling.....	23
Laborers, kind of.....	104
Laborer, The Individual.....	22
Labor supply and demand.....	11
Lack of men.....	91
Ladder frog points, distances between.....	199
Ladder layout table.....	205

PRACTICAL TRACK WORK

	PAGE
Ladder tracks.....	104
Ladder track, constructing a.....	132
Laying track, organization for.....	90
Laying track with a rail car.....	69
Laying track with engine, flat cars and tie teams.....	71
Laying track with machine.....	72, 75, 80, 82
Laying turnouts in main line.....	109
Layouts, inspecting similar.....	146
Leads for switches.....	201, 202
Level	31
Level man.....	153
Locating crossover frogs.....	147
Loose expansion.....	47

M

Machine—see Harris, Hurley, Drummond, and Roberts track layers	
Madden rail handling machine.....	102
Maintenance and construction, combination of forces.....	20
Material, checking.....	147
Materials and tools, track.....	26
Material trains	59
Material yard	55, 56
Maximum supervision.....	24
Measuring rails.....	67
Men, lack of.....	91
Method of putting in a slip switch.....	139
Method of relaying rails.....	96
Methods of relaying track.....	100, 101
Methods for laying No. 10 or No. 11 turnout in main line.....	118, 119, 120, 121, 122, 123, 124
Methods, new.....	25
Methods for putting in switch ties.....	105
Methods of track laying.....	60
Middle ordinates in inches for curving rails.....	199
Misrepresentation to laborers.....	13
Motor cars	38
Motor car brakes.....	43
Motor car gasoline tanks.....	43
Motor car operation, details of.....	43

N

New line, constructing track on a.....	55
New methods.....	25
New track, surfacing.....	148
Number of track bolts per keg.....	206
Number of ties per mile for different spacings.....	203
Number of track spikes per keg.....	206

PRACTICAL TRACK WORK

O

	PAGE
Obtaining laborers.....	16
Obtaining laborers, suggested method.....	16
Oiling hand cars.....	37
Operator, motor car.....	38
Organization of gang for laying track.....	60, 90
Organization of track gangs.....	21
Ordinates for curving rails.....	199
Ordinates for lining switch leads.....	203

P

Passing tracks.....	58
Peddler	64
Placing rails.....	89
Plane method for curve Elevation.....	52
Plates for slip switch.....	141
Plates, tie.....	53
Power appliances.....	44
Practical switch leads.....	202
Putting a stock in rails.....	51
Putting a double slip switch in one side at a time.....	141
Pulling spikes.....	95
Putting in switch ties.....	105
Putting in a No. 10 or No. 11 turnout.....	117

Q

Quality of tools.....	29
Quantity of Ballast.....	207
Quantity of track materials, unload correct.....	26

R

Rail benders.....	32, 50
Rail braces.....	53
Rail car, laying track with.....	69
Rail car and teams for laying track.....	70
Rail derrick	86
Rail drill	31, 32
Rail forks	32
Rail handlers	63
Rail handling machine, Haddix.....	102
Rail handling machine, Madden.....	102
Rail sections	207
Rail tongs	32
Rails, piling in material yard.....	57
Rails, setting up.....	90
Rails, unloading by hand.....	86
Rails, unloading from flat cars.....	86
Rails, unloading from stock cars.....	88
Rates of wages, graded.....	19

PRACTICAL TRACK WORK

	PAGE
Records	156
Relaying rails, methods of	92-101
Repairing tools.....	31
Responsibility of foreman.....	69
Roberts track layer.....	75

S

Saw tooth method for curve elevation.....	52
Sections of rails, dimensions.....	207
Second track, building.....	85
Second track, distribution of material.....	27
Sets of switch ties.....	200
Setting up rails.....	90
Setting up a slip switch.....	139
Several slip switches in the same track.....	146
Setting up slip switch complete outside of track.....	145
Shortage of men.....	68, 91
Size of gang.....	100, 104
Skilled laborers.....	25
Slip switches.....	136
Slip switch, methods of putting in	139-146
Slip switch, putting in one side at a time.....	141
Slip switch, setting up complete outside of track.....	145
Slip switches, several in the same track.....	146
Spacing for track ties.....	202, 207
Spike maul handles.....	32
Spikers, disposal of.....	65
Spikers, gage	46
Spikers, head line.....	64
Spikers, high	65
Spikes, number per keg.....	206
Spikes, piling in material yard.....	57
Spikes, pulling	95
Spiking	46, 146
Spot board.....	31, 153
Spot board men.....	152
Spurring out cars.....	131
Staking out curves, handy method for.....	160
Step method for curve elevation.....	52
Stock rail, bending.....	51
Strap hangers.....	64
Sub-grades	148
Suitable motor cars.....	38
Superelevation on curves.....	51
Supervision	99
Supervision, maximum.....	24
Supply, labor.....	11
Surfacing new track.....	148
Surfacing track, cost of.....	157

PRACTICAL TRACK WORK

	PAGE
Surfacing, using judgment in.....	153
Switches, temporary.....	124
Switches, slip.....	136
Switch, A typical.....	108
Switch leads, practical.....	202
Switch leads, theoretical.....	201
Switch material.....	28
Switch stand, setting for temporary turnout.....	128
Switch ties, putting in.....	105
Switch ties, sets of.....	200

T

Tables	198-208
Taking care of tools.....	34
Tampers	154
Teams for hauling ties.....	70
Temperature expansion for laying rails.....	198
Temporary connection	99
Temporary switches.....	124
Terms, glossary of track.....	162
Testing track for level.....	155
Theoretical switch leads.....	201
Tight expansion.....	47
Tie Fiddler	62
Tie Plates	53
Tie pole	33
Tie spacer	62
Ties, piling in material yard.....	57
Ties, spacing	202, 203, 207, 208
Too much elevation.....	51
Tool boxes	34, 91
Tool man	66, 99
Tools, careful use of.....	30
Tools, good	29
Tools, taking care of.....	34
Tools, track	26
Track bolts, number per keg.....	206
Track chisel	31
Track, constructing a ladder.....	132
Track construction on a new line.....	55
Track gangs, organization of.....	21
Tracks, ladder	104
Track layer, Harris.....	80
Track layer, Hurley.....	72
Track layer, Roberts.....	75
Track layer, Drummond	82
Track laying, methods of.....	60
Track material, distributing accurately.....	85
Track men skilled laborers.....	25

PRACTICAL TRACK WORK

	PAGE
Track materials and tools.....	26
Track, surfacing new.....	148
Track, relaying	92
Track spikes, number per keg.....	206
Track surfacing, cost of.....	157
Track terms, glossary.....	162
Track, testing for level.....	155
Track wrenches	33
Tracks, passing	58
Trains, material	59
Transient laborers.....	14
Turnouts	104
Turnouts, putting in No. 10 or No. 11 in main line.....	118, 119, 120, 121, 122, 123, 124
Turnouts, laying in main line....	109, 110, 111, 112, 113, 114, 115, 116
Turnout, putting in a No. 10 or No. 11.....	109-117
Turnout without frog or points.....	129
Typical switch.....	108

U

Unload correct quantity of materials.....	26
Unloading rails by hand.....	86
Unloading rails from stock cars, use of V-Frames.....	88
Unloading rails from flat cars.....	86
Use of cars for recreation.....	42
Using judgment in surfacing.....	153

V

V-Frames for unloading rails from stock cars.....	88
---	----

W

Wages of laborers.....	15, 19
Wages for laborers, graded rates.....	19
What a slip switch is.....	136
Wheels binding, hand cars.....	35
When to tamp centers.....	156
Whipping spikes.....	46
Widening gage on curves.....	53, 200

Y

Yard, material.....	55
Year around work.....	15

**RETURN TO the circulation desk of any
University of California Library**

or to the

NORTHERN REGIONAL LIBRARY FACILITY

Bldg. 400, Richmond Field Station

University of California

Richmond, CA 94804-4698

ALL BOOKS MAY BE RECALLED AFTER 7 DAYS

- 2-month loans may be renewed by calling
(510) 642-6753
- 1-year loans may be recharged by bringing
books to NRLF
- Renewals and recharges may be made
4 days prior to due date

DUE AS STAMPED BELOW

JUL 10 2005

DD20 12M 1-05

u2
res me

YB 10883

TF240 330372

V32 Van Aiken

UNIVERSITY OF CALIFORNIA LIBRARY

